

Taking care with each other with Illness and COVID-19

It is important to us all that when we meet in-person, that we also do what we can to protect each other from illness, especially those who are vulnerable to complications from COVID-19. Our office collective has adopted the following post-pandemic policy.

Before an in-person appointment:

- **If you have a respiratory or other communicable illness or are feeling unwell**, and still wish to meet, we request that we meet via telehealth. If we are unsure if we are sick, or unsure if it is okay to meet in person, we ask that we reach out to discuss the situation with each other.
- **If you have had a known or suspected exposure to COVID in the last 7 days**, we ask that we inform each other, and discuss our needs. If we do decide to meet in-person, we would ask that you wear a mask in the waiting room.
- **If you have tested positive for COVID or suspect having had COVID within the last 14 days**, we ask that we inform each other as soon as possible, so we can discuss what makes sense.
- We strongly encourage communication between us whenever in doubt, knowing that we may have different needs around risk and exposure.

After an in-person appointment:

- If you come down with COVID within a few days of an in-person appointment, please let your provider know.

Thank you! – Laura Kuzzy, Amelia McGinley, Leigh Rosenberg, Rachel Slater, Sara Valentino, and Tracy Williams

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