

This is a living document, to be updated as news breaks and resources appear. Link to <https://bit.ly/CentralllinoisMutualAid> for easy access.

We welcome (and desperately desire) crowdsourced information. To submit information to the editors, please email us at: [centralillinoismutualaid@gmail.com](mailto:centralillinoismutualaid@gmail.com)

Visit the [Champaign-Urbana COVID-19 Mutual Aid](#) group on Facebook!

## Table of Contents

### [News](#)

#### [News Sources](#)

### [About COVID-19](#)

#### [What We Know](#)

#### [What You Can Do to Protect Yourself and Others](#)

### [Regional Impact](#)

#### [Reported COVID-19 Cases](#)

#### [Government Response](#)

#### [Corporate Response](#)

### [Resources](#)

#### [Requests for Volunteers](#)

##### [Champaign County](#)

#### [COVID-19 Mutual Aid Resources](#)

#### [General Aid](#)

##### [Champaign County](#)

##### [Macon County](#)

##### [Peoria County](#)

#### [Food and Supplies](#)

##### [Champaign County](#)

##### [Champaign Unit 4 Food Service Meals During Emergency Closure - signup form](#)

##### [Christian County](#)

##### [Macon County](#)

##### [Sangamon County](#)

#### [Financial Concerns](#)

##### [Regionwide](#)

##### [Champaign County](#)

#### [K-12 Students](#)

##### [Regionwide](#)

##### [Champaign County](#)

[Macon County](#)  
[College Students](#)  
[Community Care](#)  
[Champaign County](#)

[Advocacy](#)

## News

### News Sources

[Champaign-Urbana Public Health District COVID-19 Coronavirus Information](#)  
[University of Illinois COVID-19 Updates](#)  
[Macon County Public Health Department COVID-19 Information](#)  
[Madison County Health Department FB Page for COVID-19 Updates](#)  
[McLean County Health Department COVID-19 Information](#)  
[Peoria City/County Health Department COVID-19 Information \(Facebook\)](#)  
[Sangamon County Department of Public Health FB Page for COVID-19 Updates](#)

If you have a story about how COVID-19 is impacting you, [contact the Public i](#). We also want to put together a list of those employers who refuse to provide hazard pay, paid sick leave, or the proper materials like gloves and masks that their workers need to work safely during this time. Let us know of any employers doing this. Shame on those who put profits over people!

## About COVID-19

### What We Know

As of March 18th CUPHD is saying “If you have to gather, do not have more than 10 people. All churches and houses of worship should stop in person services to save their elders.” (Email from Public Health Director)

#### [Background Information \[CU-Public Health Seminar\]](#)

The precautions are being taken because there is no known immunity, vaccine or cure for COVID-19. This is to avoid the overburdening of our healthcare system so that folks don't die from things like heart attacks or other regularly hospitalized things.

Do not go to your healthcare provider asking for a test unless you have a fever & flu-like symptoms. The medical system is testing only for the flu. If the test comes up negative, then the sample may be sent to Springfield to test for COVID-19.

[Live Data Feed on COVID-19 Cases](#)

## What You Can Do to Protect Yourself and Others

[OSF Healthcare Online COVID-19 Screening](#) or text OSF to 67634

**This is NOT a substitute for testing.**

[Flatten the Curve](#)

[Be Wary of COVID-19 Scams](#) (University of Illinois)

**The CDC will not call you to ask you survey questions about your children. Look for news about communications before complying with a questionable phone call.**

## Regional Impact

### Reported COVID-19 Cases

[CUPHD Facebook Live](#)

Summary to 3:13 (courtesy of Danielle Chynoweth):

“One confirmed case of a 50 yr old woman who is recovering at home. Test access is limited - 50 tests are out and we expect some additional positives within a week. Stay home if you can. Do not gather more than 25 people. Stay 3 feet away from healthy people and 6 feet away from sick people. If you have symptoms CALL YOUR DOCTOR OR CONVENIENT CARE FIRST BEFORE COMING IN! Screen over the phone. It might be safest for you to stay home. One person can spread to hundreds of people.”

Confirmed patient did not travel to a CDC “high-risk” country but was in contact with a recent traveler to Italy, and is in isolation until two tests come back negative. They are in the process of determining people and locations that may have been exposed.

[First COVID-19 Confirmation in Central IL](#)

COVID-19 confirmed in [Woodford County](#), Clair County & Cumberland County

## Government Response

[City of Champaign Enacted Emergency Powers on March 13th for 28 Days](#)

[Federal Judge Blocks Cuts to SNAP Citing COVID-19](#)

[USDA Announces Plan to Feed Children During School Closures](#)

[US Student Loan Interest Payment Freeze Reported](#)

[Champaign County Sheriff Announces End to Evictions](#)  
[COVID-19 and Unemployment Benefits](#)

Housing Authority is halting evictions and benefits terminations (from EOC call)

Cunningham Township is halting nearly all case closures

MTD providing free bus fare

## Corporate Response

[2 Months Free Xfinity Internet for Low Income Households](#)

[Ameren Illinois Forgoes Shutoffs & Late Fees Through May 1](#)

- “We will not disconnect and will not charge late fees, but you will still receive a bill.”

[Illinois American Water Places a Moratorium on Service Shutoffs](#)

- “We will continue to evaluate this moratorium as more information becomes available. Additionally, Illinois American Water will begin the restoration of service to previously shut-off customers. The restoration may take some time, but we will work as quickly and safely as possible. If your service has been turned off, prior to March 12, 2020, we will restart your service.”

## Resources

### Requests for Volunteers

#### Champaign County

[Sign Up with the Champaign PTA to Provide Mutual Aid](#)

- Volunteers for food shopping, “drive-thru,” and delivery

[Helpers for Elderly and Those with Weakened Immune Systems](#)

- Folks signed up for grocery pick up, transportation, times of availabilities & preferred means of communication

[Carle Hospital Requests Retired Nurses to Contact Faith Roberts](#) at [faith.roberts@carle.com](mailto:faith.roberts@carle.com)

Neighbors Helping Neighbors Champaign-Urbana ([Google form](#)) ([Facebook](#))

## COVID-19 Mutual Aid Resources

[COVID-19 Mutual Aid & Advocacy Resources](#)

[Coronavirus Resource Kit](#)

[COVID-19 Resources](#)

[COVID-19 Freelance Artist Resources](#)

[Mutual Aid 101 Toolkit](#)

[How to Build a Mutual Aid Network in Your Neighborhood](#)

[Pod Mapping for Mutual Aid](#)

## General Aid

### Champaign County

Neighbors Helping Neighbors Champaign-Urbana ([Google form](#)) ([Facebook](#))  
[Urbana-Champaign COVID-19 Response Information](#)

### Macon County

[Central Illinois DSA](#)

Point of contact listed their profiles [here](#) & [here](#)

[Offering free rides to DPS Grab and Go locations for food pickup](#)

[Greater Decatur Black Chamber of Commerce](#)

Point of contact listed their profile [here](#)

### Peoria County

[Mass Care in Peoria County](#)

[Dream Center Peoria](#) (homeless shelter and an out-of-school program for displaced students)

## Food and Supplies

[Find Your Local Foodbank](#)

[Eastern Illinois Foodbank](#)

[McAlister's Statewide provides free bag lunches to kids from 11am to 1pm](#)

### Champaign County

[Champaign Unit 4 Food Service Meals During Emergency Closure](#) - signup form

[Facebook post](#)

“During the state mandated school closure, Champaign Unit 4 is working to create a food distribution plan for those 18 and younger and any individual participating in the Young Adult Program. They do not have to be a Unit 4 student to utilize this service.”

[Champaign El Toro: Kids menu meal for free to kids during school closings, 11am-2pm Mon-Fri](#)

[Champaign Maize: Free lunch meals to all kids through school closings, No purchase necessary](#)

[Champaign McAlisters: Free Bag Lunch to Kids from 11am to 1pm, No Purchase Necessary](#)

[Food Pantries](#)

## Christian County

[Bob Ridings in Pana: Free Sack Lunches for Kids](#)

## Macon County

[Decatur Public Schools Grab & Go Meals Starting March 17, 2020 at Hope, Eisenhower MacArthur & SDMS](#)

[Central IL DSA offering free rides to DPS Grab and Go locations for food pickup](#)

[Forsyth McAlister's Deli: Free bag lunch for kids between 11am & 1pm. No purchase necessary](#)

## Sangamon County

[McAlister's Deli from 11am to 1pm Offering Free Bag Lunch to Kids. No Purchase Necessary](#)

[Springfield Public Schools - District 186: Bagged breakfast & Lunch Pickup Starting March 17](#)

## Financial Concerns

### Regionwide

[Bartender Emergency Assistance Program](#)

### Champaign County

[Cunningham Township Supervisor's Office](#)

- General Assistance: \$300/mo for City of Urbana residents making <\$600/mo (1 person) or <\$1000/mo (married couple). Max. 3 months of support for families with children.
- Rental Assistance: Up to \$600 once every two years for rent/deposit to move in (if homeless) or prevent eviction (if have 5 day notice).

[Champaign-Urbana Tenant Union](#)

- C-U Tenant Union provides information about tenants' and landlords' rights and responsibilities and help for tenants living in Champaign County, Illinois who experience landlord problems or have questions.

## K-12 Students

### Regionwide

[At Least One School Administrator for each School in IL Stationed to Supervise Homeless or Parentless Students](#)

[List of education companies offering free subscriptions during school closings](#)

[Illinois Early Intervention Clearinghouse](#)

## Champaign County

### [Champaign School District COVID-19 Information](#)

- Champaign School District Food Service Pick Ups Planned to Start But No Date Available

### [Urbana School District COVID-19 Information](#)

- Urbana School District Food Service Pick Ups To Start March 23, 2020

### [Social Distancing with Kids \(Chambanamoms.com\)](#)

## Macon County

### [Decatur Public Schools Grab & Go Meals Starting March 17, 2020 at Hope, Eisenhower MacArthur & SDMS](#)

## College Students

### [University of Illinois COVID-19 Updates](#)

### [COVID-19 Resources for Students](#)

## Community Care

[COVID-19 Mental Health Resources](#) - primarily Champaign-Urbana, but also contains general information and resources useful to many

[Taking Care of Your Behavioral Health During an Infectious Disease Outbreak](#) (.pdf handout)

[Online COVID-19 mental health support via Melanie Sivley Counseling](#)

[Talking to Kids About COVID-19](#)

[Online AA Meetings During COVID-19](#)

[In the Rooms COVID-19 Online Recovery Resources](#)

## Champaign County

### [Online Public Library Resources](#)

## Advocacy

[Homes Guarantee - COVID-19 and Housing/Homelessness petition for federal action](#)

[Petition Governor Pritzker to Suspend Rent/Mortgage/Utility Payments](#)

[Demands from Grassroots Organizers Concerning COVID-19](#)