



## Texas Academy of Nutrition and Dietetics Bluebonnet Award

**Purpose:** The Texas Academy of Nutrition and Dietetics Bluebonnet Award honors an individual who is not a dietitian, but who has made a significant contribution to the promotion, recognition or progress of nutrition and dietetics in Texas. The nominee will have demonstrated goodwill through notable state service, promoted registered dietitian nutritionists and nutrition and dietetics technicians, registered, as contributors to the optimal health and nutritional status of the public and aided in the advancement of the profession and the Academy. The nominee may be active in public policy, public service, research, media or other areas that impact nutrition and dietetics.

**Requirements:** The nominee’s work must impact the nutrition status of the Texas population, or the nutrition and dietetics profession.

**Recognition:** Award recipients will be recognized at the Texas Academy Annual Conference and Exhibition.

**Selection will be made by the Texas Academy of Nutrition and Dietetics Nominating Committee. The application will be scored on the rubric below.**

Click the link to access the [Bluebonnet Award](#) application.

<b>Texas Academy of Nutrition and Dietetics Bluebonnet Award Scoring Criteria</b>		
<b>Category</b>	<b>Description</b>	<b>Possible Points</b>
<b>Impact on Texans’ health through food and nutrition.</b>	Involvement in public policy. (2 points for each example.)	30
	Examples of the use of media to promote nutrition. (2 points for each example.)	
	Examples of nutrition & dietetics research or other work that directly or indirectly impacts the health of Texans. (2 points for each example.)	
<b>Contribution to Nutrition and Dietetics</b>	Examples of significant contributions to the promotion, recognition or progress of nutrition and dietetics in Texas or the image of the RDN or DTR. Explain who was impacted by the activity and the benefit or effect of the activity. These include involvement with the Texas Academy, nutrition organizations, research and other activities. (2 points for each example.)	20

<b>Personal Statement</b>	<ul style="list-style-type: none"> <li>● Describe how your work has helped to optimize Texans’ health through food and nutrition or impacted the field of nutrition and dietetics.</li> <li>● Give examples of how your work has supported inclusion, diversity, equity and access for the population of Texas or in the dietetics profession.</li> </ul>	10 (5 points for each criterion.)
<b>Letters of Recommendation: 2 required. One should be written by the nominator.</b>	<ul style="list-style-type: none"> <li>● Must provide specific examples of how the nominee has made a significant contribution to the promotion, recognition or progress of nutrition and dietetics in Texas. (2 points for each example.)</li> </ul>	20 (10 points each letter.)
<b>Total Possible Points</b>		<b>80</b>

Applications will not be accepted after the deadline published on [eatrighttexas.org/awards](http://eatrighttexas.org/awards).

**Completing the Online Application:**

- Go to the [Bluebonnet Award Form](#) and complete the application.
- The form includes a section to upload your resume, letters of recommendation and personal statement.
  - Note the letters of recommendation should provide specific examples of how the nominee has made a significant contribution to the promotion, recognition or progress of nutrition and dietetics in Texas. One letter should be from the nominator.
- See tips on asking for and [writing stellar recommendation letters](#) here.

If you do not have a google drive, or have other questions, contact us at: [info.texas.and@gmail.com](mailto:info.texas.and@gmail.com)

**Application will be disqualified if:**

- Nominee does not meet criteria or has previously received this award.
- Application is incomplete..