

Bachelor of Addiction Counseling, Minor in Faith-Based Recovery Services

HBI University

Course Duration: 4 years

Credit Hours: 135 (including minor)



Program Description

The Bachelor of Addiction Counseling, Minor in Faith-Based Recovery Services at HBIU University is designed for students who wish to combine professional counseling techniques with faith-based principles to address addiction recovery. This program equips students with a comprehensive understanding of addiction therapy, counseling methodologies, and recovery interventions, all grounded in Christian values and spiritual healing. Students will learn how to apply a holistic approach to addiction recovery, integrating psychological counseling and therapeutic interventions with biblical teachings to support individuals in overcoming substance abuse and other forms of addiction.

Throughout the program, students will gain expertise in addiction counseling techniques, group therapy, relapse prevention strategies, and spiritual care practices. The curriculum emphasizes the importance of holistic healing, focusing not only on the psychological aspects of addiction but also on the emotional and spiritual needs of individuals. Students will learn how to provide compassionate, faith-driven support through counseling and group therapy, helping individuals navigate recovery in a supportive environment that incorporates Christian faith principles. The program prepares graduates to offer healing interventions that nurture both the mind and the spirit, leading individuals toward a lasting recovery.

The Minor in Faith-Based Recovery Services prepares students to work in church-based addiction recovery programs, rehabilitation centers, and non-profit organizations that provide support to individuals struggling with addiction. This minor focuses on how to integrate faith-based principles into addiction recovery services, equipping students to lead and support recovery programs that emphasize spiritual healing, faith-based counseling, and Christian community support. Students will also explore how to collaborate with other recovery professionals to create comprehensive treatment plans that address the physical, emotional, and spiritual dimensions of addiction.

Upon graduation, students will be well-equipped to serve in various roles within addiction recovery programs, church ministries, and faith-based rehabilitation centers, where they can offer guidance, counseling, and support rooted in both therapeutic best practices and Christian values.

Admissions Requirements

- High school diploma or equivalent
- Minimum GPA of 2.5
- Personal statement outlining career goals and interest in chaplaincy and counseling
- Two letters of recommendation
- Resume (if applicable)
- SAT/ACT scores (if applicable)

General Education Courses (30 Credit Hours)

Course Code	Course Name	Credit Hours
GEN 101	English Composition I	3
GEN 102	English Composition II	3
GEN 103	College Algebra	3
GEN 104	Introduction to Psychology	3
GEN 105	Introduction to Theology	3
GEN 106	Public Speaking and Communication	3
GEN 107	Research Methods in Social Sciences	3
GEN 108	Ethics and Moral Reasoning	3
GEN 109	Leadership and Team Development	3
GEN 110	Cross-Cultural Communication in Counseling	3

Core Addiction Counseling Courses (45 Credit Hours)

Course Code	Course Name	Credit Hours
ADC 201	Introduction to Addiction Counseling	3
ADC 202	Substance Use and Abuse	3
ADC 203	Counseling Techniques and Theories	3
ADC 204	Group Therapy and Peer Support	3
ADC 205	Family Therapy and Addiction	3
ADC 206	Ethics in Addiction Counseling	3
ADC 207	Trauma and Addiction Recovery	3
ADC 208	Relapse Prevention Strategies	3
ADC 209	Crisis Intervention in Addiction Recovery	3
ADC 210	Mental Health and Addiction	3
ADC 211	Addiction and Spiritual Healing	3
ADC 212	Cognitive Behavioral Therapy (CBT) in Addiction Recovery	3
ADC 213	Counseling for Co-Occurring Disorders	3
ADC 214	Health and Wellness in Addiction Recovery	3
ADC 215	Addiction Counseling Internship	3

Elective Courses (15 Credit Hours)

Course Code	Course Name	Credit Hours
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ADC 301	Introduction to Faith-Based Recovery Programs	3
ADC 302	Ethics of Pastoral Counseling in Addiction Recovery	3
ADC 303	Christian Counseling for Addicts	3
ADC 304	Addiction and the Family: Counseling Approaches	3
ADC 305	Health Education in Recovery	3

Minor in Faith-Based Recovery Services (15 Credit Hours)

Course Code	Course Name	Credit Hours
FBR 401	Principles of Faith-Based Recovery	3
FBR 402	Integrating Faith in Addiction Treatment	3
FBR 403	Christian Counseling in Addiction Recovery	3
FBR 404	Spiritual Counseling for Addicts	3
FBR 405	Faith-Based Support Groups and Outreach	3

Capstone Project (15 Credit Hours)

The capstone project serves as a culminating experience, allowing students to apply addiction counseling theories, therapeutic interventions, and faith-based recovery principles to a practical project.

Students will:

- Develop a faith-based addiction recovery program or a counseling intervention plan.
- Analyze the effectiveness of counseling methods in addiction recovery, particularly from a faith perspective.
- Design a holistic recovery plan addressing both the spiritual and psychological needs of individuals.
- Present findings and strategies through a formal report and presentation.

This experience ensures students graduate with practical expertise in addiction counseling, faith-based recovery services, and holistic healing strategies.

Program Outcomes

Graduates of this program will:

- Gain expertise in addiction counseling, recovery strategies, and mental health treatment.
- Develop skills in crisis intervention, relapse prevention, and counseling techniques.
- Apply biblical principles in addiction recovery, spiritual healing, and counseling.
- Conduct research on addiction treatment methodologies, counseling effectiveness, and faith-based recovery programs.
- Implement holistic addiction recovery plans and support systems in faith-based and clinical settings.

Career Outcomes and Potential Pay Scale

Career Path	Average Salary (Annual)
Addiction Counselor	\$50,000 - \$90,000
Faith-Based Recovery Specialist	\$55,000 - \$95,000
Mental Health Counselor	\$55,000 - \$100,000
Crisis Intervention Specialist	\$60,000 - \$110,000
Substance Abuse Treatment Manager	\$65,000 - \$115,000