

Life After Divorce for women: How You Can Start Again?

A woman's psychology is attachment-oriented, and a man's psychology is sexual-oriented. That is why, majorly the number of thoughts that arise from within the mind of a man is sexual, and within a woman's mind is emotional, like shopping or kids, etc. However, these aspects within men and women cannot be generalized, as it depends a lot on the level of femininity and masculinity within men and women. The energy systems within both are different as well, a woman's energy system is spread all over the place, and a man's energy system is focused, it aims in a certain direction. These are some metaphysical and psychological differences between men and women.

Immediate life after divorce for a woman is usually very hard, one of the reasons behind it is the nature of her mind. In the start, her mind can be consumed by fear and insecurity because she would be moving out of the relationship permanently. She would be worried and thus insecure about her future, as well as the future of the children, after all the future is an unknown territory, and a human being fears to enter the unknown territory. Anyhow a woman looks out for security everywhere, this is one of the reasons due to why a woman is attracted towards a man's wealth because wealth provides security. Nature has ingrained men and women with such kind of qualities because nature wants to survive through women, nature does not want human beings to go extinct. That is why a man is a natural provider and a woman is a natural receiver, he provides security and a woman seeks security for the sake of giving birth to future generations and keeping the human species intact.

As said, a woman's psychology is attachment-oriented, which is why she would feel the pain of abrupt detachment the most. Her energy system is such as well, that it causes her a lot of pain in the start. When she was with her husband, her energy system was spread all over the place in the house of her husband, and as soon as she left her husband's house, nearly half of her energies were torn apart and left behind in her husband's house permanently, that is why she would feel a lot of pain for some time due to the separation from her own energies. This majorly happens due to iron contained within the walls, furniture, etc. of the residence, as iron contains a magnetic pull in it, and this magnetic pull is responsible for pulling her energies and containing it within the residence.

One of the aspects of healing is automated, with time a person heals naturally. Times fades away old memories and thus after some time, those thoughts that trouble a person after separation will be suppressed and replaced by new information and new thoughts. In the case of women, recovering from divorce is easy when compared to men because, in the majority of situations, the custody of the children goes to the woman and her emotions can be fulfilled through her children. As said, her psychology is attachment oriented and she is attached to her children, hence her children become a source of motivation and thus recovering from divorce becomes easy for her. One more aspect that heals a woman easily is her energy system. After two years of separation approximately, her energies will be spread all over the place in her new residence and thus she will be disconnected from her old energies residing in her old house up to a certain extent.

One thing that a woman needs to do after separation for the sake of recovering from divorce is to opt for co-parenting. In lots of situations, women deliberately separate the children from their fathers out of hatred and anger towards their ex-husbands. In this process, they prolong their pain because holding on to Anger, Hatred, Ego, etc. is like holding on to the fire. If one holds on to fire, naturally they will burn themselves which in turn will intensify their pain. Hence choosing co-parenting for the sake of healing everybody would be a great idea.