

On Saturday, Oct. 10, there will be an opportunity to unwind in nature and marvel at some of its wonders. This will be a privately organized trip and is not part of the conference.

We will drive to Sequoia National Park to hike the popular Congress Trail. The trail first takes us to the General Sherman Tree and then into the heart of the Giant Forest, where hundreds of giant sequoias—including many magnificent “monarchs”—stand. Few trails in the park offer so many impressive clusters of giant sequoias within such a short distance.

Proper footwear is required—no dress shoes, please. Bring plenty of water, sun protection, snacks, and a few lighthearted conversation topics.

The hike will take place only if weather and Park conditions permit. All participants are responsible for their own safety. This is a very easy hike on a paved trail, so the risks are minimal.

Distance: 2.9 miles

Elevation Gain: 485 ft

References 😊:

<https://www.alltrails.com/trail/us/california/congress-trail?u=m&sh=casz1f>

<https://www.nps.gov/seki/planyourvisit/gfdayhikesum.htm>

The trailhead is just off Generals Highway. For those who prefer not to hike, driving there and spending time around the Giant Forest is also an option.

