

Name _____

7th Grade ODE Pack List

Mark all items with your name with a permanent marker.

(8th) denotes gear that is also on the 8th grade ODE equipment list.

Wearing Morning of Departure:

- _____ Shoes that can get wet/sandals
- _____ quick drying shorts (not cotton)
- _____ light wind pants (rain pants can double for these)
- _____ fleece or wool sweater (8th)
- _____ quick drying t-shirt

In Your Daypack (with you morning of departure):

- _____ chapstick (min. spf 15)
- _____ hat with brim
- _____ journal & field guide (provided)/pens or pencils (in zip lock)
- _____ 2 wide-mouth water bottles (Nalgene style)
- _____ sun block (at least spf 30+)
- _____ sunglasses (inexpensive) with keeper strap
- _____ rain gear top and bottom (may be wearing bottoms already)
- _____ bandana
- _____ disposable camera (optional)
- _____ lunch (no glass or cans)
- _____ carabiner (to attach bag to boat – can be key chain style)

****line daypack with trash bag to waterproof.***

Name _____

Pack in Duffle Bag

You will not have access to this bag during the day.

Pack sets of like items in a sturdy ziplock.

Cold Weather Gear:

- _____ synthetic long underwear(8th)
_____ top _____ bottom
- _____ wool/fleece hat (8th)
- _____ wool/fleece gloves (8th)
- _____ 1 pr. wool/fleece socks (8th)
- _____ puffy coat

Spare Clothing:

- _____ shorts
- _____ camp pants
- _____ underwear (2 pr.)
- _____ spare t-shirts (synthetic best)
- _____ long sleeve shirt (synthetic)
- _____ old shoes (light hikers, running, etc)

Camping:

- _____ lightweight sleeping pad (8th)
- _____ synthetic sleeping bag (mummy style, good to 30°) (8th)
- _____ flashlight/headlamp with spare batteries (8th)
- _____ 50 feet nylon utility cord (8th) - great for drying clothes!
- _____ Lightweight mug for hot and cold beverages (8th)
- _____ OPTIONAL: **Small** camping chair - MUST fit in the dry bag

Personal Items:

- _____ biodegradable soap (small)
- _____ toothbrush/toothpaste
- _____ small bottle hand lotion
- _____ personal hygiene products
- _____ spare sunglasses (inexpensive)
- _____ a positive, can-do attitude! (not optional)

Important:

Personal medications, both over the **counter** and **prescription**, must be run through the school's nurse's office and carried by the student's trip leader. Please contact Robin Strecker (x3201) in the school nurse's office one week before the trip.

No devices such as cell phones, ipads, and/or chrombooks will not be allowed on the trip!