



McGill Sailing Alumni Regatta

Sunday, August 30th, 2026

SAILING INSTRUCTIONS

1. RULES

1.1. The regatta will be governed by the Racing Rules of Sailing (RRS) 2025-2028, the latest Procedural Rules for Intercollegiate Sailing Competition (except as any of these are modified by these sailing instructions), and by these Sailing Instructions.

1.2. APPENDIX T-1 PENALTIES AT THE TIME OF THE INCIDENT

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

2. ENTRY AND ELIGIBILITY

2.1. The Organizing Authority is the McGill University Sailing Team

2.2. The regatta will use z420 dinghies.

3. NOTICE TO COMPETITORS

3.1. Notices to competitors will be posted on the Official Regatta Notice Board or given orally.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore will be displayed at the Pointe-Claire Yacht Club.

4.2. When flag "AP" is displayed ashore, '1 minute' is replaced by 'not less than 30 minutes' in race signal "AP".

5. SCHEDULE OF RACES

Report Time	9:30
Competitors' Meeting	10:00
First Warning	11:00
Last Gun	No later than 16:00

5.1. There is no maximum number of races.

6. CLASS FLAGS

6.1. The class flag for all races will be announced at the skipper's meeting.

7. RACE AREA

7.1. The race area will be just west of the PCYC harbour unless otherwise stated.

8. THE COURSES

8.1. The course will be a W4 with a gate. If no gate is present, the leeward mark is to be rounded to port. See appendix A.1 for a photo of the course.

9. Marks

9.1. The marks will be red spheres, unless otherwise stated during the skipper's meeting.

10. THE START

10.1. Individual recalls will be signalled in accordance with PR 18(b)(ii). The Race Committee will attempt to hail the boat(s) sail number(s); however, it is the responsibility of each boat to make a proper start. Failure to hear a hail is insufficient cause for granting redress.

10.2 Multiple whistles and the hail of the words "general recall" will signal a general recall. No visual signal will be given.

11. SHORTENED COURSE

11.1. Should the Race Committee decide to shorten the course after the start, it will do so in accordance with RRS 32.

12. CHANGE OF THE POSITION OF THE NEXT MARK

12.1. To change the position of the next mark (or move the finishing line), the race committee will lay a new mark and remove the original mark as soon as practicable. The change will be signalled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signalling to maintain the course configuration. When in a subsequent change, a new mark is replaced, it will be replaced by an original mark. The new mark will be an orange sphere.

12.2. Boats shall pass between the mark set boat signalling the change of course and nearby mark, leaving the mark to port and the mark set boat to starboard. This changes to RRS 28.1.

13. THE FINISH

13.1. The finish line shall be between the flag on the race committee boat and a red sphere mark.

13.2. Boats shall only cross the finish line when they are finishing a race.

14. TIME LIMIT

14.1. The time limit will be 30 minutes. Boats failing to finish within 10 minutes after the first boat finishes or within the time limit, whichever is later, will be scored Did Not Finish. This changes RRS 35.

15. PROTESTS

15.1. Protests shall be communicated to the Race Committee representative on shore, within 30 minutes of the last boat reaching the rotation site after the set in which the incident occurred.

15.2. The protest committee may be composed of three race officials that are both non-interested parties and knowledgeable of the *Racing Rules of Sailing 2025 - 2028*.

15.3. In addition to complying with RRS 61, sailors shall inform the Race Committee of their intention to file a protest as soon as practicable after they cross the finish line or withdraw from the race.

15.4. The protest committee will hear protests in approximately the order of receipt beginning as soon as possible after racing.

16. SCORING

16.1. The Low Point scoring system, however, none of a boat's scores shall be excluded.

17. SAFETY

17.1. A boat that retires from a race is asked to notify the Race Committee as soon as possible.

18. REPLACEMENT OF CREW OR EQUIPMENT

18.1. Substitution of competitors will not be allowed without prior approval of the race committee.

18.2. Substitution of any equipment on the supplied boats will not be permitted without approval of the race committee.

19. DISCLAIMER OF LIABILITY

19.1. Competitors participate in this regatta entirely at their own risk. (See RRS 4, Decision to Race). The organising authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to the regatta.

19.2. Competitors are responsible for the proper use of any equipment, including boats, sails, and related gear, provided for the Regatta. Participants will be held financially responsible for any damage to the equipment caused by my negligence or misconduct.

20. Contact

MUST Vice President, Adrianna Ruffolo- mcgillsailing@gmail.com

Appendix

A.1. - W4 Course

