

Rouse Dance Department

Dance Team Prep

Instructors:

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Dance Class Website: <https://sites.google.com/leanderisd.org/rousedancedept/home>

Google Classroom Codes: b5zvg2d

Welcome to the Rouse Dance Department!! We are looking forward to getting to know and working closely with each and every one of you. Because you are enrolled in dance class you are a part of the Rouse Dance Department at this school. By signing up for this class you are agreeing to be a part of the dance department events throughout the year. You will have several performance opportunities throughout the year. You will be expected to attend rehearsals and performances as part of your grade for this class.

Objective:

Semester I Dance Team Prep is designed to prepare the dancer for dance team auditions. Dancers will develop a personal, physical, kinesthetic, social and historical understanding about dance team. The course will include training and conditioning focusing on flexibility, endurance, strength, and overall dance technique. Dance Team Auditions are held in December at the end of the semester. Semester II becomes the Royal Rookie Class.

Semester II Rookie class is designed to prepare the new rookies for life on the Royal Dance Team. Training and conditioning will become more intense while focusing on overall dance technique.

Dance Grading Policy:

Daily Performance Habits	50%
Dance Skills Test/Performances	50%

*Grades are based on effort put into the class. Grades do not correlate with whether a student will make the dance team or not.

Make-up Work Policy:

- Make-up work policy will follow the student handbook. (One day for each absence to make up the assigned work)
- Appointments must be made with Mrs. McKee due to practice and performance schedules with the Royals Dance Team.

Late Work Policy:

- Students will have 1 week after the due date to get an assignment turned in or made up. Appointments must be made with Directors especially for performance based assignments.

In Person Dance Class Rules

1. The following items must remain in your dance locker during class:
 - a. cell phones, purses/bags, food/drink
 - b. No food or drink allowed unless approved by teacher.
2. Be on time.
 - a. You must be in the dance room by the time the tardy bell rings.
 - b. You must be in your roll call lines 10 minutes after the bell rings.
3. Be Prepared.
 - a. ALWAYS have clothes to dress out in.
4. Be Respectful.
 - a. Never lean on the ballet barres
 - b. No gum while dancing.
 - c. Keep unkind words to yourself.
5. Participate.
 - a. Have fun and always give 100% effort!

Beginning of Class:

Be on time. Get Dressed. Be ready in roll call lines 10 minutes after tardy bell.

End of Class

Get Dressed. Wait in dance room to be dismissed. Never leave dance room without permission.

Locker Room Etiquette:

1. Keep your space clean!
2. You will be provided a locker and lock.
3. Do not leave stuff in front of other lockers
4. Do not bring open food/drink containers into the locker room
5. If you don't want it stolen, lock it in your locker!
6. Don't make your locker a wardrobe closet.
7. Do not share your locker combination with others.
8. Watch your language in the locker room, you are still in class.

9. You are not allowed to hang out in the locker room. The only time you are allowed into the locker room is beginning and end of class.

Dance Class Attire:

Appropriate attire for an activity class is needed in order to establish safety for the student and the freedom to move. The following are options for class:

- Leotard or tank top
- Leggings or shorts
- Jazz shoes, foot undeez, or tennis shoes
- Cover up: T-shirt and jogging pants/warm-up pants
- Hair in ponytail
- No jewelry

Dance Department Performance Opportunities:

[24-25 Dance Department Performance Dates](#)