## New complimentary and confidential help for nonprofit organizations that serve Oswego County!

By popular request, the Shineman Foundation is offering office hours with nonprofit consultants in 2025. In addition to existing programs, workshops, coaching, and capacity assessments, **Heidi Holtz and Elizabeth Quilter will offer virtual and in-person office hours.** Nonprofit staff and/or board members are welcome to participate. This is a pilot project. We will assess it after this year to determine if we will offer it again.

Office hours reflect consultant availability to offer confidential quick advice, answer questions, or provide referrals. You may drop in (walk-in at Shineman office for Elizabeth, zoom-in to Heidi's virtual office) – but to ensure that you secure the time you need, we recommend scheduling ahead of time.

Generally, Heidi is virtual on the first Tuesday, from 4:30-6:30 and Elizabeth is in person on the third Thursday from 11-1. Some months may differ.

## TO BOOK IN ADVANCE:

To request an in-person slot with Elizabeth Quilter on the dates and time below email her at: <a href="mailto:elizabeth@efquilter.com">elizabeth@efquilter.com</a>

To schedule a Zoom slot with Heidi Holtz on the dates and times below email her at <a href="heidi@stillworkconsulting.com">heidi@stillworkconsulting.com</a>

## FOR DROP-IN:

The in-person office hours with Elizabeth Quilter will be held in a private space in the Shineman offices located at 121 East First Street Oswego, New York, 13126.

The Zoom link for Heidi Holtz's office hours is Virtual Office Hour Link for Heidi Holtz

DATE	TIME	LOCATION	CONSULTANT	NOTES
1/16	11-1	Shineman	Elizabeth	
		Office	Quilter	
2/4	4:30 - 6:30	Zoom	Heidi Holtz	
2/20	11-1	Shineman	Elizabeth	
		Office	Quilter	
3/4	4:30 - 6:30	Zoom	Heidi Holtz	
4/1	4:30 - 6:30	Zoom	Heidi Holtz	
4/17	11-1	Shineman	Elizabeth	
		Office	Quilter	
5/6	4:30 – 6:30	Zoom	Heidi Holtz	

5/15	11-1	Shineman Office	Elizabeth Quilter	
6/3	4:30 - 6:30	Zoom	Heidi Holtz	
7/17	11-1	Shineman Office	Elizabeth Quilter	
8/5	4:30 - 6:30	Zoom	Heidi Holtz	
8/21	11-1	Shineman Office	Elizabeth Quilter	
9/2	4:30 - 6:30	Zoom	Heidi Holtz	
10/7	4:30 - 6:30	Zoom	Heidi Holtz	
10/16	11-1	Shineman Office	Elizabeth Quilter	
11/4	4:30 - 6:30	Zoom	Heidi Holtz	
12/2	4:30 - 6:30	Zoom	Heidi Holtz	