

Five Things on a Friday – Eid al-Adha

Eid al-Adha is a Muslim celebration that lasts from Wednesday 28 June through to Sunday 2 July this year. Read below to find out more about the celebration!

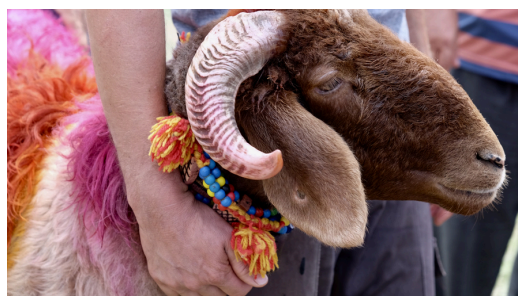
What is it?



Eid al-Adha (also known as the Feast of Sacrifice) is the second and the larger of the two main holidays celebrated in Islam. The holiday begins on the 10th day of the Islamic Lunar Calendar, Dhu-al-Hijjah, and is on the final day of Hajj which is the annual pilgrimage to Mecca. It is held to commemorate Prophet Ibrahim (Abraham) and honour his devotion to Allah.

[Click here to find out more about the celebration.](#)

The Story of Eid al-Adha



According to Islamic tradition, Allah commanded Ibrahim in a dream to sacrifice his son as a test of his faith. Despite the emotional turmoil this request caused him, Ibrahim was determined to obey Allah's command. He informed his son of the command and the two set out to carry it out.

As they travelled to the location of the sacrifice, Satan attempted to dissuade Ibrahim from following Allah's command, but he resisted and threw stones at Satan. Upon arriving at the site, Ibrahim blindfolded himself to avoid seeing his son's face during

the sacrifice, as he did not want his love for his son to weaken his resolve to obey Allah.

Just as Ibrahim was about to make the sacrifice, Allah intervened and revealed to him that the sacrifice had already been fulfilled, and he had passed the test, giving him a ram to sacrifice instead.

Celebrations



The celebration of Eid al-Adha begins with a special prayer, 'Salat al-Eid', followed by a sermon called a khutbah.

Muslims, with means to do so, traditionally honour Ibrahim's devotion to God by sacrificing a sheep, goat, cow or camel in their homes or other designated sacrifice spots that are then divided into threes to be shared equally among family, friends and to those in need. Families who have not conducted a sacrifice will often purchase halal meat for their meal and donate money to charity instead.

The rest of the day is devoted to visiting the houses of friends and family and exchanging greetings and gifts.

[There are many ways Eid al-Adha is celebrated, click here to find out.](#)

Greetings



"Eid Mubarak" ('Eed' 'Mu-ba-rack') is the traditional phrase used to greet each other during the Eid al-Adha celebrations. "Mubarak" translates as "blessed," while "Eid" means feast, festival or celebration, so "Eid Mubarak" means "blessed celebration" or "blessed feast".

Recipe



Why not celebrate Eid Al-Adha with a delicious bowl of creamy Sheer Khurma? Sheer Khurma (which means “milk dates”), is a sweet creamy dish that consists of vermicelli, milk, dates, nuts, sugar and ghee. Eaten hot or cold, this is definitely one to try!

[Click here to watch how to make it.](#)

[To find more recipes suggestions for Eid Al-Adha, click here.](#)

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