



Lakeshore Swim Club

Facility Safety Protocol

Bishop Marrocco/Thomas Merton Catholic Secondary School Pool
1515 Bloor St W, Toronto, ON M6P 1A3

- All swimmers and their families must be familiar with the LSC COVID Safety Plan accessible on the LSC website.
- Screening will be conducted by LSC staff or a LSC volunteer ensuring that athletes have completed the LSC online self-screening form (<https://forms.gle/Swc4jDxRpHvkcGcp6>)
- Parents shall arrive not more than 15 minutes before practice.
- Only swimmers are permitted inside the facility. Parents may not enter the facility.
- Athletes are to arrive showered and product free, and pool ready. **Change rooms must not be used for changing.**
- Athletes may use the bathrooms in the change rooms
- Athletes **shall wait in a socially-distanced line** in the change rooms for the coach to welcome them on deck
- Swim bags will be left at the designated area of the deck 2m apart.
- Once bags are deposited, and swimmers are ready they can proceed to their pre-designated lanes.
- Group bubbles will remain the same and swimmers will not be allowed to move from group to group. Group bubbles for this facility will not exceed 24 swimmers.
- Agreed upon lane ratios must be maintained at all times – 6 athletes per single lane at the present time
- Each session will have a certified registered coach leading the group. The coach is NLS certified and approved by the facility to “self-guard” the group during all practices.
- Coaches will have access to a first aid kit.
- Athletes and parents shall practice physical distancing in the parking areas.
- Detailed attendance records will be maintained by the coach, and submitted to the facility upon request.
- During training, athletes must maintain all social distancing protocols.
- Athletes will have a scheduled 5-minute window to check-out and depart the facility – there will be no access to any other areas of the facility and socializing will not be permitted.
- Athletes must wear a face covering upon arrival, on deck prior to entering the pool, and immediately upon exiting the pool after workout, and as they depart the facility.