

Nick Springer on the Move

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Nick Springer was born to move. In the book, the author uses over 20 ways to describe the way Nick moves throughout the story. Now, it's your turn to brainstorm a moment when you were moving in a way that made you feel confident, strong, or proud like Nick. Use some of these action verbs from the book to write your own story about YOU on the MOVE!

Movement Vocabulary		
zigzag	rolled	sped
march	bounced	hurled
trudged	pumped	soared
crawl	swooped	rolled
leaned	crash	swiveled
glided	threw	spun
pushed	snatched	smashed
lifted	bounced	rammed



Step 1: Select a moment when you moved in a way that made you feel strong and proud. Try to capture the moment vividly in your mind and how it felt.

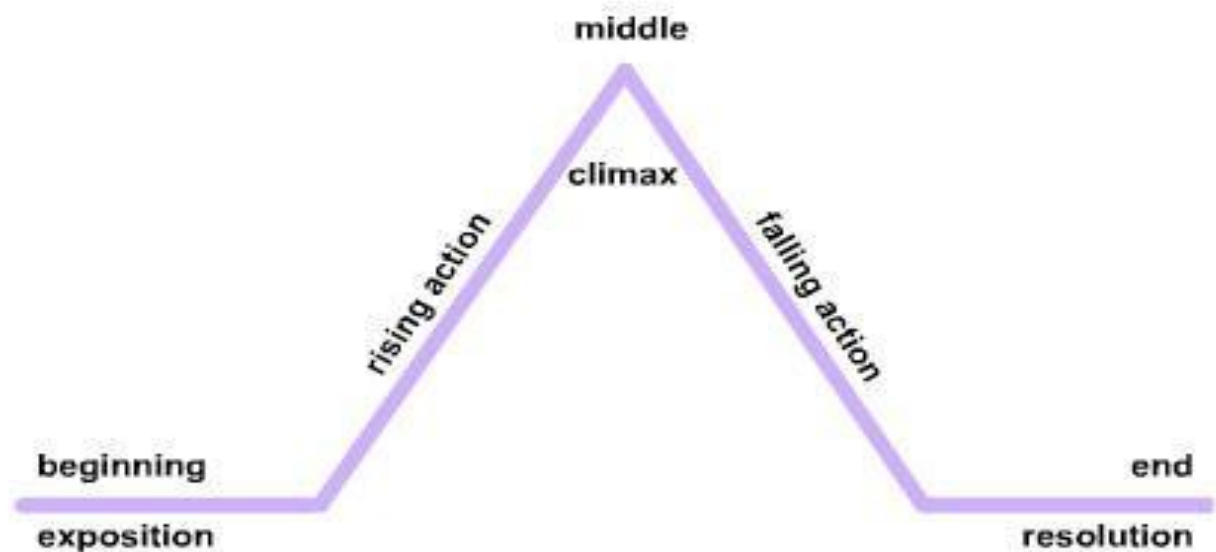
Sketch and/or write a few notes about that moment.

Step 2: Review the movement vocabulary list above and select as many verbs as you can that relate to and capture your “on the move” movement.

Write your “on the move” verbs here. Feel free to add some verbs of your own to create your moment.



Step 3: Use this plot line to plan out your “on the move” moment. Think and record what verbs create the rising moments. They should represent the challenges that you faced and the decisions that you had to make. Next, carefully select the verb or verbs that capture the intensity of the climax. Then, plan out the verbs for the falling action. They create that resolution and the “I did it” feeling. (Retrieved from ReadWriteThink.org)



Step 4: Using the plotline write out your “On the Move” moment. Use those verbs and add strong descriptive adverbs to capture how that moment felt. Here are some powerful adverbs to help you along your way.

Adverbs for Rising Action	Adverbs for Falling Action
abruptly boldly doggedly determinedly ferociously rapidly unwillingly viciously	amazingly beautifully coolly freely knowingly powerfully proudly victoriously

The EXTRA PUSH or STEP: Add images to your “On the Move” moment. Create a video, iMovie, or another multimedia presentation and share it with us at Jen Stratton and Team Possible (jenstrattonandteampossible@gmail.com). Your story is important to us!