

Transcript - ["Amanda Tuite"] Hi! My name is Amanda Tuite. This is my sign name. I'm really excited to be a part of this group. I truly have a love for art, crafts, parties, decorating...that's me to a T. I really enjoy people, relationships, baking, painting and many other things. One thing I look back on is my journey to wellness. It has been an interesting ride. Why is this? Going through a time when I really needed a therapist, I found myself resisting because I have never trusted counselors to really understand me and my message. How would this work? Would I need to use an interpreter? Also, many interpreters in their line of work interact closely with each other. It makes me feel awkward. It's a small community. I could potentially sit down with a counselor one on one, but the counselor doesn't know sign language. I would feel that gap in the ability to communicate and understand each other. That language barrier alone is too big of an issue. How am I able to really connect with the counselor? That becomes an issue. Having that trusting relationship is key to having good mental health therapy. I haven't found that yet.