SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Academic	
UNIT OVERVIEW	
During this lesson, students will: ● XXX	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	XXX
COMPETENCIES	**LEARNING TARGETS**
Competency: I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.	● I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan. ● I can complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options. ● I can understand the relationship of academics to the world of work and to life at home and in the community.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Career-	
UNIT OVERVIEW	
During this lesson, students will: ● XXX	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	XXX
COMPETENCIES	**LEARNING TARGETS**
Competency: I can learn about the different choices I have and resources available to help me when considering options for my future.	● I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions. ● I can understand the steps and skills necessary to obtain employment. ● I can understand the relationship between personal qualities, education, training, and the world of work. ● I can describe concepts related to entrepreneurship and business practices and how they connect to my career goals.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Counselor Introduction	Time Period: September

UNIT OVERVIEW

During this lesson, students will:

- Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.2.5 A,C,D,E
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can identify resource people in the school and community, and know how to seek their help.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Listening Skills	Time Period: September

UNIT OVERVIEW

During this lesson, students will:
- Identify Active-Listening skills
- Demonstrate skills needed to follow directions

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.A, C, 16.2.5.A, B, C, D, E 16.3.5.C

COMPETENCIES	LEARNING TARGETS
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I know that communication involves speaking, listening and nonverbal behavior.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Red Ribbon Week	Time Period: October

UNIT OVERVIEW

During this lesson, students will:

- Describe ways to keep their body healthy.

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.C 16.2.5.E 16.3.5.A, B
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I know about the emotional and physical dangers of substance use and abuse.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Tattling/Reporting	Time Period: October

UNIT OVERVIEW

During this lesson, students will:

- Compare the difference between tattling & reporting, and identify when to problem solve, and when to contact a trusted adult.

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.C 16.2.5.A, C, D, E 16.3.5.A A:A2.3 A:A3.1
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can differentiate between situations requiring peer support and situations requiring adult professional help. ● I can use a decision-making and problem-solving model.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Personal Space	Time Period: November

UNIT OVERVIEW

During this lesson, students will:

- Demonstrate appropriate amounts of personal space when interacting with others.

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.A, C 16.2.5.B, C 16.3.5.B, C
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I know that communication involves speaking, listening and nonverbal behavior.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Decision Making	Time Period: Nov-Dec

UNIT OVERVIEW

During this lesson, students will:

- Identify/describe effective problem-solving skills, and identify sizes of problems.

LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.A 16.2.5.C, E 16.3.5.A, B
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can demonstrate when, where and how to seek help for solving problems and making decisions. ● I can use a decision-making and problem-solving model.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Feelings	Time Period: Nov-Dec

UNIT OVERVIEW

During this lesson, students will:

- Identify and describe different emotions in self and others.

LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.A 16.2.5.C, 16.3.5A 16.3.5.C
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can identify personal strength and assets. ● I can identify resource people in the school and community, and know how to seek their help. ● I can develop effective coping skills for dealing with problems. ● I know that communication involves speaking, listening and nonverbal behavior. ● I know about the emotional and physical dangers of substance use and abuse. ● I can demonstrate when, where and how to seek help for solving problems and making decisions. ● I can demonstrate a respect and appreciation for individual and cultural differences. ● I can differentiate between situations requiring peer support and situations requiring adult professional help. ● I can demonstrate cooperative behavior in groups. ● I can use a decision-making and problem-solving model.

	• I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Bullying	Time Period: Jan-Feb
UNIT OVERVIEW	
During this lesson, students will: • Describe bullying, identify differences of verbal and physical bullying, and list the 4-Step Stop Method.	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork Dispositions • Honesty, Integrity, and Responsibility • Adaptability and Flexibility • Continual Learning and A Growth Mindset • Resilience and Grit	16.1.5.B, C 16.2.5.A 16.2.5.B, D, E 16.3.5.A, C
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	• I can identify personal strength and assets. • I can identify resource people in the school and community, and know how to seek their help. • I can develop effective coping skills for dealing with problems. • I know that communication involves speaking, listening and nonverbal behavior. • I know about the emotional and physical dangers of substance use and abuse. • I can demonstrate when, where and how to seek help for solving problems and making decisions.

	• I can demonstrate a respect and appreciation for individual and cultural differences. • I can differentiate between situations requiring peer support and situations requiring adult professional help. • I can demonstrate cooperative behavior in groups. • I can use a decision-making and problem-solving model. • I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Anger	Time Period: Jan-Feb
UNIT OVERVIEW	
During this lesson, students will: • Identify steps needed and strategies to control their anger.	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork Dispositions • Honesty, Integrity, and Responsibility • Adaptability and Flexibility • Continual Learning and A Growth Mindset • Resilience and Grit	16.1.5.A 16.2.5.D 16.3.5.A
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	• I can identify personal strength and assets. • I can identify resource people in the school and community, and know how to seek their help. • I can develop effective coping skills for dealing with problems.

	● I know that communication involves speaking, listening and nonverbal behavior. ● I know about the emotional and physical dangers of substance use and abuse. ● I can demonstrate when, where and how to seek help for solving problems and making decisions. ● I can demonstrate a respect and appreciation for individual and cultural differences. ● I can differentiate between situations requiring peer support and situations requiring adult professional help. ● I can demonstrate cooperative behavior in groups. ● I can use a decision-making and problem-solving model. ● I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Differences	Time Period: March-April
UNIT OVERVIEW	
During this lesson, students will: ● Identify and describe differences between self and others.	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills ● Communication and Empathy ● Critical Thinking and Problem Solving ● Creativity and Innovation ● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	16.1.5.B 16.2.5.A, B 16.3.5.C
COMPETENCIES	**LEARNING TARGETS**

Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	• I can identify personal strength and assets. • I can identify resource people in the school and community, and know how to seek their help. • I can develop effective coping skills for dealing with problems. • I know that communication involves speaking, listening and nonverbal behavior. • I know about the emotional and physical dangers of substance use and abuse. • I can demonstrate when, where and how to seek help for solving problems and making decisions. • I can demonstrate a respect and appreciation for individual and cultural differences. • I can differentiate between situations requiring peer support and situations requiring adult professional help. • I can demonstrate cooperative behavior in groups. • I can use a decision-making and problem-solving model. • I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Friendship	Time Period: March-April
UNIT OVERVIEW	
During this lesson, students will: • Name appropriate friendship qualities, and tell how they would use them.	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation • Collaboration and Teamwork Dispositions • Honesty, Integrity, and Responsibility • Adaptability and Flexibility	16.2.5.A, B, C, 16.3.5.B, C

• Continual Learning and A Growth Mindset • Resilience and Grit	
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	• I can identify personal strength and assets. • I can identify resource people in the school and community, and know how to seek their help. • I can develop effective coping skills for dealing with problems. • I know that communication involves speaking, listening and nonverbal behavior. • I know about the emotional and physical dangers of substance use and abuse. • I can demonstrate when, where and how to seek help for solving problems and making decisions. • I can demonstrate a respect and appreciation for individual and cultural differences. • I can differentiate between situations requiring peer support and situations requiring adult professional help. • I can demonstrate cooperative behavior in groups. • I can use a decision-making and problem-solving model. • I know how to cope with peer pressure.

SUBJECT: Guidance	**GRADE:** 1st Grade
Unit Title: Personal and Social- Strengths/Accomplishments	Time Period: May-June
UNIT OVERVIEW	
During this lesson, students will: • Identify and list strengths/accomplishments to achieve personal success.	
LRG SKILLS AND DISPOSITIONS	**PA STANDARDS**
Skills • Communication and Empathy • Critical Thinking and Problem Solving • Creativity and Innovation	16.1.5 B, D 16.2.5 B 16.3.5 C

● Collaboration and Teamwork Dispositions ● Honesty, Integrity, and Responsibility ● Adaptability and Flexibility ● Continual Learning and A Growth Mindset ● Resilience and Grit	
COMPETENCIES	**LEARNING TARGETS**
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	● I can identify personal strength and assets. ● I can identify resource people in the school and community, and know how to seek their help. ● I can develop effective coping skills for dealing with problems. ● I know that communication involves speaking, listening and nonverbal behavior. ● I know about the emotional and physical dangers of substance use and abuse. ● I can demonstrate when, where and how to seek help for solving problems and making decisions. ● I can demonstrate a respect and appreciation for individual and cultural differences. ● I can differentiate between situations requiring peer support and situations requiring adult professional help. ● I can demonstrate cooperative behavior in groups. ● I can use a decision-making and problem-solving model. ● I know how to cope with peer pressure.