

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Academic			
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>•    XXX</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>•    Communication and Empathy</li><li>•    Critical Thinking and Problem Solving</li><li>•    Creativity and Innovation</li><li>•    Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>•    Honesty, Integrity, and Responsibility</li><li>•    Adaptability and Flexibility</li><li>•    Continual Learning and A Growth Mindset</li><li>•    Resilience and Grit</li></ul>		XXX	
COMPETENCIES		LEARNING TARGETS	
Competency:   I understand the impact of having a positive attitude towards work and learning on achieving high-quality results and outcomes.		<ul style="list-style-type: none"><li>•    I can acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.</li><li>•    I can complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options.</li><li>•    I can understand the relationship of academics to the world of work and to life at home and in the community.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Career-			
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>•    XXX</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>•    Communication and Empathy</li><li>•    Critical Thinking and Problem Solving</li><li>•    Creativity and Innovation</li><li>•    Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>•    Honesty, Integrity, and Responsibility</li><li>•    Adaptability and Flexibility</li><li>•    Continual Learning and A Growth Mindset</li><li>•    Resilience and Grit</li></ul>		XXX	
COMPETENCIES		LEARNING TARGETS	
Competency:  I can learn about the different choices I have and resources available to help me when considering options for my future.		<ul style="list-style-type: none"><li>•    I can acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.</li><li>•    I can understand the steps and skills necessary to obtain employment.</li><li>•    I can understand the relationship between personal qualities, education, training, and the world of work.</li><li>•    I can describe concepts related to entrepreneurship and business practices and how they connect to my career goals.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Counselor Introduction		Time Period: September	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>Identify counseling referral slips, school-wide programs, classroom counseling topics, and small group opportunities</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>Communication and Empathy</li><li>Critical Thinking and Problem Solving</li><li>Creativity and Innovation</li><li>Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>Honesty, Integrity, and Responsibility</li><li>Adaptability and Flexibility</li><li>Continual Learning and A Growth Mindset</li><li>Resilience and Grit</li></ul>		16.2.5 A,C,D,E	
COMPETENCIES		LEARNING TARGETS	
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>I can identify resource people in the school and community, and know how to seek their help.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Listening Skills		Time Period: September	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>● Identify Active-Listening skills</li><li>● Demonstrate skills needed to follow directions</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>● Communication and Empathy</li><li>● Critical Thinking and Problem Solving</li><li>● Creativity and Innovation</li><li>● Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>● Honesty, Integrity, and Responsibility</li><li>● Adaptability and Flexibility</li><li>● Continual Learning and A Growth Mindset</li><li>● Resilience and Grit</li></ul>		16.1.5.A, C, 16.2.5.A, B, C, D, E 16.3.5.C	
COMPETENCIES		LEARNING TARGETS	
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>● I know that communication involves speaking, listening and nonverbal behavior.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Red Ribbon Week		Time Period: October	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>Describe ways to keep their body healthy.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>Communication and Empathy</li><li>Critical Thinking and Problem Solving</li><li>Creativity and Innovation</li><li>Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>Honesty, Integrity, and Responsibility</li><li>Adaptability and Flexibility</li><li>Continual Learning and A Growth Mindset</li><li>Resilience and Grit</li></ul>		16.1.5.C 16.2.5.E 16.3.5.A, B	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>I know about the emotional and physical dangers of substance use and abuse.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Tattling/Reporting		Time Period: October	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>● Compare the difference between tattling &amp; reporting, and identify when to problem solve, and when to contact a trusted adult.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>● Communication and Empathy</li><li>● Critical Thinking and Problem Solving</li><li>● Creativity and Innovation</li><li>● Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>● Honesty, Integrity, and Responsibility</li><li>● Adaptability and Flexibility</li><li>● Continual Learning and A Growth Mindset</li><li>● Resilience and Grit</li></ul>		16.1.5.C 16.2.5.A, C, D, E 16.3.5.A A:A2.3 A:A3.1	
COMPETENCIES		LEARNING TARGETS	
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>● I can differentiate between situations requiring peer support and situations requiring adult professional help.</li><li>● I can use a decision-making and problem-solving model.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Personal Space		Time Period: November	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>● Demonstrate appropriate amounts of personal space when interacting with others.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>● Communication and Empathy</li><li>● Critical Thinking and Problem Solving</li><li>● Creativity and Innovation</li><li>● Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>● Honesty, Integrity, and Responsibility</li><li>● Adaptability and Flexibility</li><li>● Continual Learning and A Growth Mindset</li><li>● Resilience and Grit</li></ul>		16.1.5.A, C 16.2.5.B, C 16.3.5.B, C	
COMPETENCIES		LEARNING TARGETS	
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>● I know that communication involves speaking, listening and nonverbal behavior.</li></ul>	

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Decision Making		Time Period: Nov-Dec	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>Identify/describe effective problem-solving skills, and identify sizes of problems.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>Communication and Empathy</li><li>Critical Thinking and Problem Solving</li><li>Creativity and Innovation</li><li>Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>Honesty, Integrity, and Responsibility</li><li>Adaptability and Flexibility</li><li>Continual Learning and A Growth Mindset</li><li>Resilience and Grit</li></ul>		16.1.5.A 16.2.5.C, E 16.3.5.A, B	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>I can demonstrate when, where and how to seek help for solving problems and making decisions.</li><li>I can use a decision-making and problem-solving model.</li></ul>	



<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Feelings		Time Period: Nov-Dec	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>Identify and describe different emotions in self and others.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>Communication and Empathy</li><li>Critical Thinking and Problem Solving</li><li>Creativity and Innovation</li><li>Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>Honesty, Integrity, and Responsibility</li><li>Adaptability and Flexibility</li><li>Continual Learning and A Growth Mindset</li><li>Resilience and Grit</li></ul>		16.1.5.A 16.2.5.C, 16.3.5A 16.3.5.C	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>I can identify personal strength and assets.</li><li>I can identify resource people in the school and community, and know how to seek their help.</li><li>I can develop effective coping skills for dealing with problems.</li><li>I know that communication involves speaking, listening and nonverbal behavior.</li><li>I know about the emotional and physical dangers of substance use and abuse.</li><li>I can demonstrate when, where and how to seek help for solving problems and making decisions.</li><li>I can demonstrate a respect and appreciation for individual and cultural differences.</li><li>I can differentiate between situations requiring peer support and situations requiring adult professional help.</li><li>I can demonstrate cooperative behavior in groups.</li><li>I can use a decision-making and problem-solving model.</li></ul>	

	<ul style="list-style-type: none"> <li>I know how to cope with peer pressure.</li> </ul>
--	--

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Bullying	Time Period: Jan-Feb
<b>UNIT OVERVIEW</b>	
During this lesson, students will: <ul style="list-style-type: none"> <li>Describe bullying, identify differences of verbal and physical bullying, and list the 4-Step Stop Method.</li> </ul>	
<b>LRG SKILLS AND DISPOSITIONS</b>	<b>PA STANDARDS</b>
Skills <ul style="list-style-type: none"> <li>Communication and Empathy</li> <li>Critical Thinking and Problem Solving</li> <li>Creativity and Innovation</li> <li>Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>Honesty, Integrity, and Responsibility</li> <li>Adaptability and Flexibility</li> <li>Continual Learning and A Growth Mindset</li> <li>Resilience and Grit</li> </ul>	16.1.5.B, C 16.2.5.A 16.2.5.B, D, E 16.3.5.A, C
<b>COMPETENCIES</b>	<b>LEARNING TARGETS</b>
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> <li>I can identify personal strength and assets.</li> <li>I can identify resource people in the school and community, and know how to seek their help.</li> <li>I can develop effective coping skills for dealing with problems.</li> <li>I know that communication involves speaking, listening and nonverbal behavior.</li> <li>I know about the emotional and physical dangers of substance use and abuse.</li> <li>I can demonstrate when, where and how to seek help for solving problems and making decisions.</li> </ul>

	<ul style="list-style-type: none"> <li>● I can demonstrate a respect and appreciation for individual and cultural differences.</li> <li>● I can differentiate between situations requiring peer support and situations requiring adult professional help.</li> <li>● I can demonstrate cooperative behavior in groups.</li> <li>● I can use a decision-making and problem-solving model.</li> <li>● I know how to cope with peer pressure.</li> </ul>
--	---

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Anger		Time Period: Jan-Feb	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>● Identify steps needed and strategies to control their anger.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>● Communication and Empathy</li><li>● Critical Thinking and Problem Solving</li><li>● Creativity and Innovation</li><li>● Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>● Honesty, Integrity, and Responsibility</li><li>● Adaptability and Flexibility</li><li>● Continual Learning and A Growth Mindset</li><li>● Resilience and Grit</li></ul>		16.1.5.A 16.2.5.D 16.3.5.A	
COMPETENCIES		LEARNING TARGETS	
Competency: I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.		<ul style="list-style-type: none"><li>● I can identify personal strength and assets.</li><li>● I can identify resource people in the school and community, and know how to seek their help.</li><li>● I can develop effective coping skills for dealing with problems.</li></ul>	

	<ul style="list-style-type: none"> <li>• I know that communication involves speaking, listening and nonverbal behavior.</li> <li>• I know about the emotional and physical dangers of substance use and abuse.</li> <li>• I can demonstrate when, where and how to seek help for solving problems and making decisions.</li> <li>• I can demonstrate a respect and appreciation for individual and cultural differences.</li> <li>• I can differentiate between situations requiring peer support and situations requiring adult professional help.</li> <li>• I can demonstrate cooperative behavior in groups.</li> <li>• I can use a decision-making and problem-solving model.</li> <li>• I know how to cope with peer pressure.</li> </ul>
--	---

<b>SUBJECT:</b> Guidance		<b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Differences		Time Period: March-April	
UNIT OVERVIEW			
During this lesson, students will: <ul style="list-style-type: none"><li>● Identify and describe differences between self and others.</li></ul>			
LRG SKILLS AND DISPOSITIONS		PA STANDARDS	
Skills <ul style="list-style-type: none"><li>● Communication and Empathy</li><li>● Critical Thinking and Problem Solving</li><li>● Creativity and Innovation</li><li>● Collaboration and Teamwork</li></ul> Dispositions <ul style="list-style-type: none"><li>● Honesty, Integrity, and Responsibility</li><li>● Adaptability and Flexibility</li><li>● Continual Learning and A Growth Mindset</li><li>● Resilience and Grit</li></ul>		16.1.5.B 16.2.5.A, B 16.3.5.C	
COMPETENCIES		LEARNING TARGETS	

<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> <li>• I can identify personal strength and assets.</li> <li>• I can identify resource people in the school and community, and know how to seek their help.</li> <li>• I can develop effective coping skills for dealing with problems.</li> <li>• I know that communication involves speaking, listening and nonverbal behavior.</li> <li>• I know about the emotional and physical dangers of substance use and abuse.</li> <li>• I can demonstrate when, where and how to seek help for solving problems and making decisions.</li> <li>• I can demonstrate a respect and appreciation for individual and cultural differences.</li> <li>• I can differentiate between situations requiring peer support and situations requiring adult professional help.</li> <li>• I can demonstrate cooperative behavior in groups.</li> <li>• I can use a decision-making and problem-solving model.</li> <li>• I know how to cope with peer pressure.</li> </ul>
--	---

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Friendship	Time Period: March-April
<b>UNIT OVERVIEW</b>	
During this lesson, students will: <ul style="list-style-type: none"> <li>• Name appropriate friendship qualities, and tell how they would use them.</li> </ul>	
<b>LRG SKILLS AND DISPOSITIONS</b>	<b>PA STANDARDS</b>
Skills <ul style="list-style-type: none"> <li>• Communication and Empathy</li> <li>• Critical Thinking and Problem Solving</li> <li>• Creativity and Innovation</li> <li>• Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>• Honesty, Integrity, and Responsibility</li> <li>• Adaptability and Flexibility</li> </ul>	16.2.5.A, B, C, 16.3.5.B, C

<ul style="list-style-type: none"> <li>Continual Learning and A Growth Mindset</li> <li>Resilience and Grit</li> </ul>	
COMPETENCIES	LEARNING TARGETS
<b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.	<ul style="list-style-type: none"> <li>I can identify personal strength and assets.</li> <li>I can identify resource people in the school and community, and know how to seek their help.</li> <li>I can develop effective coping skills for dealing with problems.</li> <li>I know that communication involves speaking, listening and nonverbal behavior.</li> <li>I know about the emotional and physical dangers of substance use and abuse.</li> <li>I can demonstrate when, where and how to seek help for solving problems and making decisions.</li> <li>I can demonstrate a respect and appreciation for individual and cultural differences.</li> <li>I can differentiate between situations requiring peer support and situations requiring adult professional help.</li> <li>I can demonstrate cooperative behavior in groups.</li> <li>I can use a decision-making and problem-solving model.</li> <li>I know how to cope with peer pressure.</li> </ul>

<b>SUBJECT:</b> Guidance <b>GRADE:</b> 1st Grade	
<b>Unit Title:</b> Personal and Social- Strengths/Accomplishments	Time Period: May-June
UNIT OVERVIEW	
During this lesson, students will: <ul style="list-style-type: none"> <li>Identify and list strengths/accomplishments to achieve personal success.</li> </ul>	
LRG SKILLS AND DISPOSITIONS	PA STANDARDS
Skills <ul style="list-style-type: none"> <li>Communication and Empathy</li> <li>Critical Thinking and Problem Solving</li> <li>Creativity and Innovation</li> </ul>	16.1.5 B, D 16.2.5 B 16.3.5 C

<ul style="list-style-type: none"> <li>● Collaboration and Teamwork</li> </ul> Dispositions <ul style="list-style-type: none"> <li>● Honesty, Integrity, and Responsibility</li> <li>● Adaptability and Flexibility</li> <li>● Continual Learning and A Growth Mindset</li> <li>● Resilience and Grit</li> </ul>	
COMPETENCIES	LEARNING TARGETS
<p><b>Competency:</b> I can acquire the knowledge, attitudes, and interpersonal skills to understand and respect myself and others.</p>	<ul style="list-style-type: none"> <li>● I can identify personal strength and assets.</li> <li>● I can identify resource people in the school and community, and know how to seek their help.</li> <li>● I can develop effective coping skills for dealing with problems.</li> <li>● I know that communication involves speaking, listening and nonverbal behavior.</li> <li>● I know about the emotional and physical dangers of substance use and abuse.</li> <li>● I can demonstrate when, where and how to seek help for solving problems and making decisions.</li> <li>● I can demonstrate a respect and appreciation for individual and cultural differences.</li> <li>● I can differentiate between situations requiring peer support and situations requiring adult professional help.</li> <li>● I can demonstrate cooperative behavior in groups.</li> <li>● I can use a decision-making and problem-solving model.</li> <li>● I know how to cope with peer pressure.</li> </ul>