



MEMBER OF THE MONTH – MAY 2020

VICKI ZETTLER



How did you hear about Pacifica Runners?

JJ Linert

How long have you been a runner?

Twice in my life, once before my twins were born (14 years ago) and I started again in July 2019.

How did you get into running?

I wanted to find something I could do that would be easy to do often, something that might fit into my busy work-life. I had lost a lot of weight over the past 2-3 years and I needed something to help keep the weight off. About 25-30 years ago I had a bad accident that took about 7 years to get over (surgeries etc) and I told myself not only am I going to learn to walk well again, I'm going to run....that's what made that first Nike race so amazing for me!

Do you have a favorite race(s)?

I did the Nike Women's half marathon 14 years ago and that was great! I haven't done a lot of races, so I don't know.

What are your favorite running trails/routes?

I like to run from my house in Sun Valley down to the beach and north!

What are your future running goals?

I had signed up for the Yosemite 1/2 which was cancelled, so my plan is to continue to jog/run 5 days a week, continue to raise my mileage as I go and wait to see what happens when things open up again. I hope to run 20-25 miles a week and am working on that.

What do you enjoy most about Pacifica Runners?

The people involved seem so kind and thoughtful. The support is great! All of the extras (runs, classes, etc.) are generous and great!

Any other cool info about yourself?

I'm married and have twin 13 year-old boys with my spouse. I work at dTech High School as a Special Ed teacher, I've been in teaching for 4 years and am hoping that this is my final career from a long list of fun and interesting work experiences. (Actually, in the back of my mind I'd love to learn to be a homeopath...so maybe I'll do that post-retirement!)