

South Bay Union School District Breakfast Menu

09/05-09/16/2022

9/05 No School	9/06 Muffin Cereal Cheese Stick Fruit Milk	9/07 Bagel/Cream Cheese/ Peanut Butter Cereal Fruit Milk	9/08 Muffin Yogurt Cereal Fruit Milk	9/09 French Toast Sticks Cereal Yogurt Fruit Milk
9/12 French Toast Sticks Cereal Yogurt Fruit Milk	9/13 Muffin Cereal Cheese Stick Fruit Milk	9/14 Bagel/Cream Cheese/ Peanut Butter Cereal Fruit Milk	9/15 Muffin Yogurt Cereal Fruit Milk	9/16 Mini-Cini's Cereal Cheese Stick Fruit Milk

National School Breakfast Program- Food-Based Offer vs. Serve. Meal components include low-fat milk, fruit, whole grains, and protein. Students must take 3 components. MENU SUBJECT TO CHANGE.

Breakfast is free for ALL students.

This institution is an Equal Opportunity Employer and Provider.



South Bay Union School District Lunch Menu

09/05-09/16/2022

9/05 No School	9/06 Mac 'n Cheese Vegetable Fruit Milk	9/07 Pizza Pocket Vegetable Fruit Milk	9/08 Chicken Burrito Vegetable Fruit Milk	9/09 Pulled Pork Sandwich Vegetable Fruit Milk
9/12 Corn Dog Vegetable Fruit Milk	9/13 Beef Goulash Vegetable Fruit Milk	9/14 Chicken Nuggets Tater Tots Vegetable Fruit Milk	9/15 Tony's Pizza Vegetable Fruit Milk	9/16 Bean and Cheese Tostada Bowl Vegetable Fruit Milk

National School Lunch Program- Food-Based Offer vs. Serve. Meal components include low-fat milk and low-fat chocolate milk, fruit, vegetable, whole grains, and protein. Students must take 3 components. MENU SUBJECT TO CHANGE.

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