

Ārati Ceremony

All steps are required.

- Bring a full ārati tray onto the altar stand. Make sure the plate has the following items: **[see *Tray Pictures* sheet for photo examples]**
 1. Incense
 2. Lamp with five ghee wicks
 3. Small conch and its stand
 4. Small pot with arghya water
 5. Small cloth [vastra]
 6. Four fragrant flowers [2 for Gaura-Nitai, 1 for Sri Guru, 1 for the assembled Vaiṣṇavas]
 7. Lighter
 8. Q-tip with scented oil and a flower [only for Narasiṃha-ārati]

Note: Cāmara & Peacock Fan are already hanging next to the altar.

- At the scheduled minute, one should stand outside of the altar and blow the conch three times. Then rinse the conch off with water from the lota.
- Open curtain while ringing bell and chanting “Sri Sri Gaura Nitai ki Jaya!”

Offering the Ārati

Full āratīs are 10 minutes.

- Offer articles to the personalities in this order:
 1. Lord Caitanya
 2. Lord Nityānanda
 3. Nṛsiṃha-deva
 4. Tulasī-devī
 5. The Parampara from right to left
 6. One’s spiritual master
 7. Śrīla Prabhupāda deity in temple room
 8. Assembled Vaiṣṇavas

[mūla mantras not included, please inquire in person]

Offer Articles in this order while standing on the straw mat, **ringing the bell**, and mentally saying the following mantras:

[upacāra names in sanskrit included]

Incense: “eṣa dhūpa”

offer seven (7) circles to the Lord’s whole body

Ghee lamp: “eṣa dhīpa”

offer four (4) circles to the lotus feet, two (2) circles to the navel, and three (3) circles to the Lord's face; then offer seven (7) circles to the Lord's whole body.

Water in a conch shell: “idaṁ arghyam”

offer three (3) circles to the Lord's head, and then offer seven (7) circles to the Lord's whole body. Then pour a small amount of the offered arghya into the visarjanīya-pātra (small throw-out pot) before proceeding to offer arghya to the next Personality.

Cloth: “idaṁ vastram”

offer seven (7) circles to the Lord’s whole body.

Flowers: “idaṁ puṣpam” for single or “etāni puṣpāni” for more than one

offer seven (7) circles to the Lord’s whole body. Place flower on the Lordship’s lotus feet.

Cāmara [yak-tail fly whisk]: “eṣā cāmara-sevā”

wave before the Lord a suitable number of times.

Peacock feather Fan [reserved for warm season only]: “eṣā vyajana-sevā”

wave before the Lord a suitable number of times.

NOTE: After maṅgala-ārati, after blowing the conch, additionally offer a **Q-tip with scented oil and a flower** to Nṛsiṃha-deva during the Nṛsiṃha-deva prayers.

Completing the Āarti

- After completing the ārti, blow the conch three times while standing off of the altar, as was done at the beginning of the ārti. Rinse conch.
- With joined palms offer praṇāma prayers softly to your spiritual master and Their Lordships.
- Remove the ārti paraphernalia from the deity room, wipe the deity room altar and/or table as necessary.
- Clean all ārti articles used.