THE MASTER WAR MODE DAY PLAN + REPORT

D=difficulty   I=Importance

(1 is hardest and 10 is easiest)   (1 is least important and 10 is most important)

Do the tasks with the highest number first

▶ *The Mastery Checklist Explained to achiev...*

☑/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✗	10	10	20	Finish step 2 content	
✗	10	10	20	Make step 2 missions	
☑	10	10	20	Power up call	
☑	10	10	20	Daily lesson	
✗	10	10	20	Read copy	
☑	10	10	20	Review copy	
☑	10	10	20	Workout + shower	
☑	10	10	20	Take magnesium in the morning	
☑	10	10	20	Send a message to prospect	
☑	10	10	20	Play chess	
☑	10	10	20	Go outside in the sun	
☑	10	10	20	Eat 1 time	
☑	10	10	20	Read 10 pages	
☑/✗	10	10	20	Pushup	
☑/✗	10	10	20	Eat fruits	
✗	10	10	20	Find jobs	
☑	10	10	20	OODA loop the day	
☑/✗	10	10	20	Plan next day	
☑/✗	10	10	20	Meditate 10 min	
☑/✗	10	10	20	Night routine + Tate video	

Start The Day With Tasks Valued 20 Then Move Down	**Total Hours Planned In The Day: /24**

📝	📅DAY NUMBER + DATE + TIME⌚
Day Number:	76
Date:	29 may 2023
Start Time:	6 am

🙌	🙏3 Things That I Am Grateful To Have In My Life🙏
1.	My parents
2.	My health
3.	TRW internet connection a nice comfortable bed clothes and food

🔮	🔮My Top 3 Priority Tasks That MUST Be Completed🔮
1.	Finish step 2 content
2.	Make step 2 missions
3.	Workout + shower

⏳ Hour-By-Hour Tracking: ⏳
[Plan+Measure=Improve]

💲 Task:	💲 Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	🔔 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?

✏️ Reflection:	✏️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

🏹 MY MORNING WAR PLAN 🏹

🧠 What Do I Plan To Accomplish This Morning? 🧠

🎯 What Is The Main Goal For This Morning? 🎯

🔑 How Will I Start My Morning With Power? 🔑

DELETE BOXES THAT ARE BEFORE YOU WAKE UP!

6 am: Task 💲	Wake up
Intention 🔔	If I'm sleepy i will start moving around Make my morning routine

	Go and make some work **Take magnesium**
Reflection 🖊	

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7 am: Task $	**Make step 2 mission**
Intention 🔔	
Reflection 🖊	**Woke up at 7:30**

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8 am: Task $	**Watch step 2 content**
Intention 🔔	
Reflection 🖊	**Watched content**

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9 am: Task $	**Make mission**
Intention 🔔	
Reflection 🖊	**Made missions**

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10 am: Task $	**Watch step 2 content**
Intention 🔔	
Reflection 🖊	**Watched content**

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11 am: Task 💲	Workout
Intention 🔔	
Reflection 🖊️	Worked out

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12 am: Task 💲	Make mission
Intention 🔔	
Reflection 🖊️	Showered and played chess Started doing a mission

🎯END-OF-THE-MORNING REPORT🎯

🧠What Did I Learn This Morning?🧠

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❌What Problems Did I Face This Morning?❌

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🔑How Will I Solve These Problems For This Afternoon?🔑

🏹MY AFTERNOON WAR PLAN🏹

🧠What Do I Plan To Accomplish This Afternoon?🧠

🎯What Is The Main Goal For This Afternoon?🎯

🔑How Will I Start My Afternoon With Power?🔑

1 pm: Task 💲	Eat
Intention 🔔	
Reflection 🖊	Finished doing mission

2 pm: Task 💲	Read 10 pages Watch daily lesson Read copy
Intention 🔔	
Reflection 🖊	Ate w

3 pm: Task 💲	Go outside
Intention 🔔	
Reflection 🖊	Watcvhed tv

4 pm: Task 💲	Stay outside
Intention 🔔	
Reflection 🖊	Want outside

5 pm: Task 💲	Review copy Message prospect like a G and go for a call
Intention 🔔	
Reflection 🖊	Read 10 pages Watched power up call

6 pm: Task 💲	Play some chess
Intention 🔔	
Reflection 🖊	Reviewed copy

7 pm: Task 💲	Time for leftover tasks
Intention 🔔	
Reflection 🖊	

8 pm: Task 💲	Plan next day
Intention 🔔	Make night routine Watch Tate video
Reflection 🖊	Watched a stage 2 video and started doing a mission

9 pm: Task 💲	1 hour without the phone so that mind is healthy
Intention 🔔	
Reflection 🖊	Made a part of a mission

10 pm: Task 💲	Go to sleep
Intention 🔔	
Reflection 🖊	

11 pm: Task 💲	
Intention 🔔	
Reflection 🖊️	

12 pm: Task 💲	
Intention 🔔	
Reflection 🖊️	

🌆End-Of-The-Day Report:🌆

🧠What Did I Learn Today?🧠

❌What Problems Did I Face In The Day?❌
I wasted time on yt

🔑How Will I Solve These Problems Tomorrow?🔑
I wont watch yt, if i want to relax i will play chess only and then read

🆕**What Do I Plan To Do Differently Tomorrow?**🆕

♻️**What Do I Plan To Do The Same Tomorrow?**♻️

📱**Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?**📧

📝**What Tasks Were Left Undone?**📝
Finding a job **Reading copy** **Make step 2 missions** **Finishing step 2**

Brain Dump: