

VISSA ISLAND CHAMPIONSHIPS
RULES AND REGULATIONS
AQUATICS
Updated 2021

1. TEAM ROSTER:

- Roster registration for each athlete must be completed in STARS by BCSS' deadline of **October 17, 2018**. Late registrations are assessed penalty fines by BCSS.
- **TEAM REGISTRATION:** The team's teacher sponsor or approved designate must check in with the Clerk of Course on the pool deck before Warm Ups. You will need to have the following for registration in order for your swimmers to participate at the Zone Championships.
 - Fee Report and Entries– this will reflect the Entries submitted by the Friday **October 12, 2018 deadline** – there will be no refunds for scratches.
 - Payment – Please make all cheques payable to **School District 63 (Saanich)**.
 - Coach / Sponsor Contact Information Form (page 8 of this meet package)
 - SCRATCHES: Coaches must inform the Clerk of the Course of any scratched swimmers. Scratches will be accepted up to 30 minutes prior to the start of the meet (Deadline 10:30am). Deck entries and changes are not permitted.
- **ZONE CHAMPIONSHIP ENTRY INSTRUCTIONS**

Zone Meet Entry Deadline: **Thursday, October 10, 2019 at Midnight**
- All zone meet entries MUST use Hytek Meet Manager software.
- If a school is unable to use Hytek, they can pay a \$50 fee and their entries will be completed by a Commissioner appointed representative. Contact your Zone Rep.
- Download a free Lite version of Hytek Team Manager from <https://hytek.active.com/downloads.html>
- Swimmers must record a time at the Zone Meet in any one event to be eligible to swim at the Provincial Championship Meet.
- Email all Meet Entries to vihighschoolswimming@gmail.com by **Thursday, October 10**.
- Late entries will not be accepted.

2. BERTHING:

BC CHAMPIONSHIP ENTRY INSTRUCTIONS

1. Complete your event entries in the new online system by **Friday, October 12, 2018**. A link will be sent by **Monday, October 8th**. This new online system will replace the need to download Hytek. Late entries cannot be accepted.
2. A psych sheet and fee report will be sent by e-mail on **Monday October 15, 2018**. Please review for any errors and advise of necessary corrections. Corrections and Scratches must be returned to vihighschoolswimming@gmail.com prior to **Tuesday October 16, Noon**. Corrections are for input errors only, and are not intended for you to change swimmers' events once you have seen the psych sheet.
3. Once the meet is seeded, scratches will be taken, but the meet will NOT be reseeded.
4. Following the Zone meet scratches are due to the VI zone rep by **November 6, 2018, Noon**, even if swimmers/relays are not in an advancing position. This includes any alternates who will move into spots. Alternates will not be allowed after the scratch deadline. Remember, schools are responsible for payment to the Aquatic Commission for swimmers who scratch after the Provincial scratch deadline.

5. Zone reps will send all results to Provincial Entry Coordinator, including scratches until the **Nov 7 Provincial scratch deadline** and include any alternates that will move into the spots. Alternates will not be allowed after the scratch deadline. (email for entries will be sent to Zone Rep only). Zone Reps are responsible for ensuring athletes are notified if they qualify for Provincials due to scratches. This will be done by email to the athlete's coach prior to **November 7**. Provincial Entry Coordinator will not respond to requests from individual coaches. All communication must go through the Zone Rep.

3. TOURNAMENT FORMAT:

- Warm-ups 8:30am – 10:45am (group and lane assignment to follow)
- Officials Meeting 10:00am
- Coaches Meeting 10:30am
- Scratch Deadline 10:30am
- Events 11:00 – 4:00pm
- Pool: 25 metres - 8 Lanes, 2 Cool Down Lanes Starting blocks and ARES Electronic Timing System, Timed Finals Meet Free Parking and Café on site.
- Special Notes:
 - No SNC / SWIM BC Sanction for this competition
 - Swim Academy athletes must compete in the A category.

Vancouver Island ZONE SWIMMING CHAMPIONSHIPS ORDER OF EVENTS

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	24	100 Freestyle	PARA
2	200 Medley Relay	Boys B	25	100 Freestyle	Girls B
3	200 Medley Relay	Girls A	26	100 Freestyle	Boys B
4	200 Medley Relay	Boys A	27	100 Freestyle	Girls A
			28	100 Freestyle	Boys A
5	50 Freestyle	PARA			
6	50 Freestyle	Girls B	29	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B	30	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls A			
9	50 Freestyle	Boys A	31	50 Butterfly	PARA
			32	50 Butterfly	Girls B
10	50 Backstroke	PARA	33	50 Butterfly	Boys B
11	50 Backstroke	Girls B	34	100 Butterfly	Girls A
12	50 Backstroke	Boys B	35	100 Butterfly	Boys A
13	100 Backstroke	Girls A			
14	100 Backstroke	Boys A	36	200 Mixed Free Relay	B
			37	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B			
16	400 Free Relay	Boys B	38	100 I.M.	PARA
17	400 Free Relay	Girls A	39	100 I.M.	Girls B
18	400 Free Relay	Boys A	40	100 I.M.	Boys B
			41	200 I.M.	Girls A
19	50 Breaststroke	PARA	42	200 I.M.	Boys A
20	50 Breaststroke	Girls B			
21	50 Breaststroke	Boys B	43	200 Free Relay	Girls B
22	100 Breaststroke	Girls A	44	200 Free Relay	Boys B
23	100 Breaststroke	Boys A	45	200 Free Relay	Girls A
			46	200 Free Relay	Boys A

4. RULES & REGULATIONS:

- Zone Meet Entry Deadline: **Friday, October 12, 2018**. Late entries cannot be accepted.
- **Officials**
 - Meet Officials Meet Manager: Laurel Laturnus
 - Meet Referee: Brian Kirkhope
 - Session Referr: Brian Bikadi
 - Clerk of Course: Gillian Fehr
 - Recorder/Scorer: To be announced
 - ARES Primary/Backup: Paul Miller and Rosamund Miller
 - Timers/Stroke and Turn Officials: Parents, your help is need to run our meet!
Please sign up online through Island Swimming, PCS or by emailing vihighschoolswimming@gmail.com
- **Warm up**
 - Warm up lane assignments and times will be sent by email and posted at the meet
 - Two warm up lanes will be available throughout the meet
 - Coaches are to instruct their swimmers on how to enter the pool (no diving except in designated sprint lanes. Coach must be managing the lane).
 - Sprint Lanes will open in Lanes 1 and 8 ten minutes before the close of each warm-up group.
- **Classification of Swimmer Categories**
 - All swimmers are limited to a total of four events including alternate entries. No time(s) recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection since this is an unsanctioned event.
 - All swimmers must be correctly classified in the appropriate category or they will be disqualified in their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.
- **A Category**
 - *New* Any swimmer with an SNC number who has competed in a Winter Swim Meet as of September 1 of the previous year is classified as an A category swimmer.
 - Swim academy athletes must participate in the A category only
 - B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category
- **B Category**
 - As of January 1 st of the championship year, a B Category swimmer trains and competes from May 1st to Sept. 1st with no restrictions
 - From Sept. 2nd to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. They may not compete in a Winter Swim Meet with an SNC number.
 - Any swimmer in the A category who is registered in a B event will be disqualified from the Meet. This includes relay teams.
 - B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex. 200 Free A Relay or 200 Free B Relay, but not both).
- **C Category (Vancouver Island only; not available at Provincials)**

- Novice swimmers who have no experience with any swim club in the past may swim as C Category.
- Coaches: Enter C swimmers in the B events, and list them as C swimmers. At Regionals, C swimmers will be seeded and race with B swimmers; results will be separated for points purposes and put into a separate category. Ribbons are awarded for the C Category.
- In order to qualify for Provincials, C swimmers must place in the top 5 in the B event.
- **Para Category**
 - A documented Para swimmer can compete in any BCSS event with no classification or SNC number.
 - The Para swimmer will be placed in order of finish by gender.
- **Championship Meet Rules**
 - 1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
 - 2. The meet will use the one start Rule, and the relay rules.
 - 3. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swim suits shall be made from textile materials and have no zippers. Tie-back suits are acceptable.
 - 4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
 - 5. No time (NT) entries will NOT be allowed for seeding purposes. C swimmers will be seeded by entry times against B swimmers, therefore entry times are mandatory to ensure that they swim against swimmers with similar times. All swimmers must be entered with an entry time.
 - 6. The meet will run cardless. There is no Marshalling. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
 - 7. Start will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. The Referee will signal the starter by an outstretched arm, following which the starter will instruct the swimmers to "take their marks" and will then cause a beep signal. The swimmers will start on the beep signal.
 - 8. Swimmer's age must be included on their entry.
 - 9. "A" category swimmers may not compete in B events.
 - 10. "B" category swimmers may compete in "A" Category events (both individual and relay).
- **Relay Rules**
 - 11. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet even if they did not swim on that or any relay at the zone meet.
 - 12. Mixed relay events must include 2 boys and 2 girls from the same school. Single gender schools are not permitted to combine for the purposes of creating a mixed relay.
 - 13. No more than 2 teams for each school will be allowed to compete at Zones in each relay event.

- **Other Rules**
 - 14. All participants are to respect the facility rules, including proper disposal of garbage. Teams are expected to keep their respective areas clean, including at the conclusion of the meet. Parents are not permitted on deck unless volunteering. ALL photographers must have permission from Meet Management to be on deck. Flash photography is not be permitted at the start of each race. No glass containers on deck. Coaches and Volunteers please bring your own refillable water bottle. Water filling stations are available throughout the facility.

- **SWIMMER SUPERVISION**

- Each team must be accompanied at all times by a teacher sponsor. If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, etc). This requirement may also be fulfilled by the principal of a school sending a letter with another team, designating a teacher/sponsor/chaperone from within the same school district as being responsible.
- No teacher sponsor/coach/designated chaperone: No letter = No swimming !

- **Advancing to Provincial Championships**

- November 16 & 17, 2018, Richmond, BC - Watermania
- The top 5 entries in each individual event qualify for the Provincial Championships.
- The top 5 relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.

- **AWARDS AND SCORING**

- **RIBBONS:** Individual events awarded to 8th place Relay events awarded to 3rd place
- Ribbons will be made available to school coaches or a designate at the end of the meet within 30 minutes if possible. Please pick up your school's ribbons before leaving the pool.

- Points System for Scoring the Zone Championship Meet Individual events

1st	2nd	3rd	4th	5th	6th	7th	8th
10	8	6	5	4	3	2	1

- Relay events

1st	2nd	3rd	4th	5th	6th	7th	8th
20	16	12	10	8	6	4	2

- **PARA** scoring is a reverse format and based on the number of swimmers in each event.

- Example:
 1. 8 swimmers (20-18-16-15-14-13-12-11)
 2. 4 swimmers (14-13-12-11)
 3. 1 swimmer (11)

- **TROPHIES:** Several perpetual trophies have been lost. Please check your school trophy case and bring any swimming trophies to the meet Registration desk.

- **PERPETUALS:**

- Overall Winner
 1. Total points "A"+ "B"+ "C"
 2. Most "A"+ "B" Individual points

3. Top "A" Team - Individual Events
 4. Top "B" Team - Individual Events
 5. Top "C" Team - Individual Events
- **PLAQUES:**
 - Team
 1. Team Excellence (Most points per team member)
 2. Most Relay Points
 3. Most "A" relay points
 4. Most "B" relay points
 - **BOB SMIRL AQUATIC AWARD (\$300.00) - Vancouver Island region**
 - Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.
 - The Bob Smirl Aquatic Award will be made to a graduating student for outstanding contributions to the sport of swimming, who exhibits qualities of Leadership, Sportsmanship and Athletic Ability.
 - Nominations detailing the student's merits should be sent to vihighschoolswimming@gmail.com. The Nominations deadline is **Friday, October 12, 2018.**
 - The Award Committee will announce the recipient during the meet.
 - **PROVINCIAL BURSARIES**
 - Six bursaries in the amount of \$250 each will be awarded this year at Provincials.
 - Three will be presented to both female and male swimmers.
 - Eligible swimmers must be a Canadian citizen competing in speed swimming at the Provincial Championships and be in Grade 12.
 - Winners will be selected by a random draw at the AGM.
 - Sponsor Teachers/coaches: Forward the name of ONE male swimmer and ONE female swimmer from your team to the Aquatics Commissioner by Friday, November 9, 2018. No entries will be permitted at the AGM. Quote Provincial Bursary and your school name in the email subject line and send to jgirard@sd38.bc.ca
 - Winners will be announced on Saturday morning, November 17 prior to the start of Finals

COACH/ SPONSOR CONTACT INFORMATION

Complete and bring with your school's meet fees. **\$30** per swimmer entered.
 Cheques made payable to **School District 63** (Saanich).

SCHOOL		CODE	
SCHOOL PHONE		SCHOOL FAX	
NAME COACH/SPONSOR			

5. TOURNAMENT FEES:

- Entry fees: \$30 per swimmer, maximum of 4 events, including relays & alternates.
Cheques made payable to **School District 63 (Saanich)**.