

## Schedule

Saturday 6/21	11:00am	Check in @ One Line
	11:30am	Depart for Camp! (Pack a lunch)
	5:00pm	Arrive at Camp!
6/22-6/25	All day	SUMMER CAMP
Thursday 6/26	11:00am	Depart for One Line
	1:00pm	Stop for lunch (Pack \$20)
	5:00pm	Arrive at One Line

## Packing List

1 Luggage (roller bag or duffel bag), 1 personal bag (backpack/drawstring), and Sleeping bag / Sheets

- Sleeping bag or blankets and linens (twin beds); pillow
- Casual clothing for 5 days: modest shorts, t-shirts, jeans, sweats, socks, underwear; pajamas (See below for 2024 SBR Dress Code .)
- Old clothes for “messy” games (slip and slide T shirt); extra pair of long socks for games
- Jeans and closed-toe shoes are required for horseback riding.
- Sweatshirts/jacket for cool weather
- Modest swimsuit (Girls: modest one piece or modest tankini—See SBR Dress Code below for details.) Swim shorts are encouraged for girls.
- **Gym shoes** (and an extra pair for rafting that can get wet!!)
- Towels for showering and swimming
- **Water bottle** and drawstring or backpack
- Rain gear / jacket
- Toiletry articles: soap, shampoo, toothpaste, toothbrush, wash cloth, cup, brush
- **Bible, Notebook, pen**
- Flashlight, **sunscreen**, bug spray,
- Packed Lunch for the ride to camp (disposable containers)
- 20\$ for Lunch on the way home
  
- Optional: personal sports equipment (fishing pole, baseball mitt, etc.) is allowed.
- DO NOT bring knives or weapons, electronic games of any kind, fireworks, tobacco, firearms, alcohol/drugs, or animals. SBR staff reserves the right to search and seize campers’ items that are not allowed or are misused at camp.
- Cell phones are not allowed. Any devices brought will be collected, stored in a secure area, and returned to campers at the end of the camp session.

Emergency message for camper, call silver birch staff: (715)-484-2742  
If you need anything, call or text Caleb Frank (630)-357-6461

## SBR Dress Code

### ***Both Males and Females***

- No attire with reference to any type of alcoholic beverage, illegal substance, lewd, vulgar, indecent or sexually suggestive subjects may be worn.
- No wording on the back of pants or shorts.
- Shorts must be modest length. No short shorts, split-sided jogging shorts, or spandex shorts will be permitted.
- Clothing must not be so tight that it reveals undergarments.
- There must be no skin showing between the top of pants and the bottom of shirts while standing.

### ***Females***

- Halter tops, camisoles, spaghetti straps, tube tops, strapless and/or backless tops, tops with plunging necklines (no cleavage), and tight-fitting tops are not allowed.
- Tank tops are permitted as long as they cover all parts and completely cover undergarments.
- Leggings (Spandex/Lycra/yoga style) may only be worn under tops of appropriate length.
- Items of clothing which expose bare midriffs, bare chests, undergarments, or that are transparent (see through) are prohibited.

### ***Males***

- Shirts must be worn at all times except in the lake, shower or cabin

**If you choose to dress inappropriately, you will be asked to change. Please plan ahead and pack accordingly.**

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### **Swimming & Water Activities**

**Males:** Swim trunks only. (No Speedos)

**Females:** Modest (no plunging necklines, low-cut backs, and/or high-cut leg openings) one-piece suits are recommended, however, two-piece tankinis are allowed as long as they are modestly cut and cover the midriff. Swim shorts over the swimsuits are highly encouraged.

**Swimsuits that do not adequately cover the body are to be covered by a colored T-shirt.**