

## Campus Food Rescue Peer Education Script

### Step 1: Describe the Problem

- “Food waste is a huge problem. Did you know that currently over 60 billion pounds of mineral rich food go to landfills each year in the U.S. alone and U.S. schools waste 530,000 tons of food each year? Most of this food ends up in a landfill.”
- “When food waste rots in a landfill it releases greenhouse gasses like methane that trap the sun’s heat in our atmosphere and contribute to global warming. Also, many people don’t have enough food to eat or don’t know where their next meal will come from. That is why it’s so important to try and waste as little food as possible!”

### Step 2: Provide a Solution

- “Much of the food that we throw away is still perfectly good to eat and can be donated to someone who wants or even needs it.”

### Step 3: Describe the Solution

- “Food recovery and donation is a great way to keep edible food out of the landfills and get it to those who need it the most. When you have food from your lunch that you are too full to eat or don’t want, you can choose to donate that food instead of throwing it away.”

### Step 4: Take Action!

- “Starting \_\_\_\_\_ (*date*) our school is going to start a food rescue program and here’s how you can help!”
- **For Food Donation Program:**
  - “After eating your lunch, separate and add any uneaten whole foods to the food donation box that will be placed \_\_\_\_\_ (*campus location*) Items that can be donated are whole fruits, packaged unopened items like bags of carrots, chips, crackers and granola bars and unopened milk and juice cartons.”
  - “After lunch the food donations will be picked up by \_\_\_\_\_ (*organization to receive food*) and distributed to people who are in need of healthy foods.”
- **For Share Box Program:**
  - “After eating your lunch, separate and add any uneaten whole foods to the food share box that will be placed \_\_\_\_\_ (*campus location*) Items that can be donated are whole fruits, packaged unopened items like bags of carrots, chips, crackers and granola bars and unopened milk and juice cartons.”
  - “If you are still hungry or would like an extra snack, you can take from this box as well.”

### Step 5: Conclusion:

- “By taking these small steps you can make a big difference in helping the environment! Thank you for helping our school become less wasteful and keeping healthy foods out of our landfills!”