

Land, Air, and Sea Camp
ITINERARY 2013
(revised 7-29-13)



Monday, August 12

- 8:00am--Meet at the cul de sac at [520 S Abingdon St.](#) We will check your child in, ensure we have all pertinent paperwork, pack equipment, and load into vehicles. See you bright and early!
- 9:00am--Leave for [Shenandoah River State Park](#), 350 Daughter of Stars Dr Bentonville, VA 22610; 540-622-6840
- The rest of Monday will be spent on setting up camp, getting oriented with the campground, team games, and outdoor skills

Tuesday, August 13

- Hiking and exploring waterfalls (and slide!) on the [White Oak Canyon, Cedar Run Loop Trail](#) in Shenandoah National Park.
- Air Vehicle challenge (see explanation in Camper Letter)
- Plants that will be viewed on the Old Rag hike

Wednesday, August 14

- Hike Old Rag
- Land Vehicle Challenge (see explanation in Camper Letter)
- Learning about the wetland ecosystem that we will see while canoeing

Thursday, August 15

- Canoeing
- Sea Vehicle Challenge (see explanation in Camper Letter)
- Nature crafts
- Closing campfire

Friday, August 16

- Clean up and pack up
- Test vehicles
- Activities and crafts at Shenandoah River State Park
- Pick up from the cul de sac at [520 S Abingdon St.](#) Expected arrival at 4pm.

Rainy Day

In case of a rainy day, we have several crafts, team building activities, and possible field trips planned for your child. There are covered shelters in Shenandoah River State Park and we will be sure to implement safe practices in cases of lightning and thunder.