

# Trauma Tapping Boxed Training



From The Peaceful Heart Network

These are your materials we suggest to support you in conducting a training 30-90 minutes or more in Trauma Tapping, Havening and Emotional First Aid.

## Materials included

Vest "Trauma Tapper"	1
Powerpoint for training	1
Poster A2 "Trauma Can Heal"	1
Science and research	1
Book Trauma Tapping Technique	2
Stickers "Trauma Can Heal"	10
Instruction sheet A4 "Trauma Can Heal"	10
90 Minute instruction manual	1
Bracelets "Fingertips Heal Trauma"	10
Balloons "Find Calm and Pass it on"	10
Postcards "Find Calm and Pass it on"	10
Pens "Trauma Can Heal"	10
USB with originals (USB-C/A tilt to open)	1
<ul style="list-style-type: none"><li>• Book - Trauma Tapping Technique - English (pdf)</li><li>• Book - Trauma Tapping Technique - French (pdf)</li><li>• Instruction 90 minute workshop (pdf)</li><li>• Postcard "Find Calm..." (pdf)</li><li>• Poster "Trauma Can Heal..." (pdf)</li><li>• Video - Winky breathing</li><li>• Video - Winky tapping</li><li>• Video - Winky Havening</li><li>• Video - Winky everyday use</li><li>• Video - Self-Haven song</li><li>• Video - Chesterfield County Jail Tap Rap</li><li>• Video - Trauma Tapping with a partner</li><li>• Video - Silent version tapping</li><li>• Video - Bucket of Resilience</li></ul>	

Let us know what is useful, and if anything might be changed or added. Best

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