Trauma Tapping Boxed Training

From The Peaceful Heart Network

These are your materials we suggest to support you in conducting a training 30-90 minutes or more in Trauma Tapping, Havening and Emotional First Aid.

Materials included

Vest “Trauma Tapper”	1
Powerpoint for training	1
Poster A2 “Trauma Can Heal”	1
Science and research	1
Book Trauma Tapping Technique	2
Stickers “Trauma Can Heal”	10
Instruction sheet A4 “Trauma Can Heal”	10
90 Minute instruction manual	1
Bracelets “Fingertips Heal Trauma”	10
Balloons “Find Calm and Pass it on”	10
Postcards “Find Calm and Pass it on”	10
Pens “Trauma Can Heal”	10
USB with originals (USB-C/A tilt to open)	1

- Book - Trauma Tapping Technique - English (pdf)
- Book - Trauma Tapping Technique - French (pdf)
- Instruction 90 minute workshop (pdf)
- Postcard “Find Calm..:” (pdf)
- Poster “Trauma Can Heal…” (pdf)
- Video - Winky breathing
- Video - Winky tapping
- Video - Winky Havening
- Video - Winky everyday use
- Video - Self-Haven song
- Video - Chesterfield County Jail Tap Rap
- Video - Trauma Tapping with a partner
- Video - Silent version tapping
- Video - Bucket of Resilience

Let us know what is useful, and if anything might be changed or added. Best
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