



March Discussions: Toolkit

Introduction

Healthcare Workers for Palestine - Maine and Maine Coalition for Palestine are organizing discussion groups to engage the community in reading the New York War Crimes Vol. III...No. 15 The Healthcare Edition published on January 24, 2025. The paper was a collaboration between the Writers Against the War on Gaza and Healthcare Workers for Palestine. The goal is to share articles featuring voices and perspectives from on the ground in Gaza and, through intimate discussions, expand the public's awareness of the genocide against Palestinians.

Location

Please refer to the linked [sheet](#) for locations that are distribution points for the paper. Some of these are coffee shops and restaurants. If you are interested in doing a discussion group in a coffee shop or restaurant, you could consider reaching out to one of these places.

If you would prefer a guaranteed space that you can post about online and invite more people to, try booking a room at your local library. Many libraries have rooms for groups of people that can be booked for free.

Social Media

If you are organizing a discussion group in a library or a location that you book in advance, the [Maine Coalition for Palestine](#) and [Healthcare Workers for Palestine - Maine](#) would be happy to assist with publicizing your event. We can add a flier to our Instagram and Facebook pages and we will add your event to the coalition [events calendar](#).

Use [this post series](#) to publicize your event. You can edit the first slide to include the date/time/location for your specific discussion group or you can let the social media team know the details of your event and they will edit the slide. When the slide is ready with your action details, download the slides and send them to the social media team for posting online.

Flyering

If you are organizing a discussion group in a library or a location that you book in advance you can also put [these fliers](#) up at the location and around the town.

OT Article Discussion Outline

Interview with an Occupational Therapist – “The catastrophe is so much bigger than what you see”

10 Minutes: As people filter in, they are handed a paper and asked to acquaint themselves with the paper: look at headlines and photos. Once we begin, we will introduce ourselves with names, pronouns and something that stood out to us from the paper.

10 Minutes: Introductions

1 Minute: Turn to page 5 and start with Interview with an Occupational Therapist:

Before we begin reading, take note of how the page is set up.

Can someone read the caption and describe what is happening in the photo?

1-3 Minutes: Can someone explain to the group the “March of Return”?

This article is also paired with the Oath of Mental Healthcare Workers for Liberation and we will read this in unison at the end.

1 Minute: Can a Volunteer read the description of the artwork by Hamada el Kept at the bottom of the page?

5 Minutes: Round Robin – describe one visual or emotional anecdote that is depicted in this artistic representation.

2 Minutes: Lastly, before getting into the article, I'd like to note the donation flier at the bottom left of the page. You may have noticed, throughout the paper, there are QR codes for donating relief funds to Gaza. They all have a similar structure, but a different theme. In a capitalist world, dollars are power. Your donation is a direct act of resistance against the genocide in Palestine. (Print out [this part of the paper](#) in little leaflets to hand out at the library and to give to attendees to hand out on their own.)

Can a volunteer read this flier out loud?

(30 Minutes time check)

11 Minutes: Reading the article. 15 paragraphs. 6 sections. Please join me in reading this article as a group. Please read slowly and clearly as possible. Please take notes and underline parts that stand out to you for discussion afterwards.

10 Minutes: Is there a line that jumped out at you? Why?

10 Minutes: Does anyone have a relationship to rehabilitating long-term ailments? What kind of complications could result in the circumstances you know without access to rehabilitation support?

(1 hour time check)

5 Minutes: Look to Page 2. There is a note from the editors which includes Samy's quote. (Have the quote on a posterboard for everyone to look at. Read the quote out loud. Go to the third Column, just under the pull quote: "it is no surprise that the exposing of a racial ethno-state threatens the American Medical establishment... until the following questions. Questions should also be written on poster board in the room.

1. What then does it mean to be a healthcare worker in the heart of Empire laboring for a system invested both in the slow death of a racialized population at home and in the Zionist decimation of health in Palestine?
(**10 Minute discussion**- 2min write/gather thoughts, 8 min go around)

2. How can we organize a healthcare workforce in active solidarity with Palestinian Liberation and by natural extension the liberation of all people?
(**10 Minute discussion**-2 min write and gather thoughts, 8 min go around)

5 Minutes: In closing we will read the Oath in unison on page 5.