

## **Office of Healthy School (OHS) in Mississippi    What is it?**

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The Office of Healthy Schools (OHS) is a division of the MS Department of Education (MDE) dedicated to promoting health and wellness in schools across the state. Its mission is to strengthen the connection between healthy students, schools, and academic achievement by providing programming, resources, and technical assistance to help schools and communities create effective school health programs.

OHS works to ensure that schools are healthy environments that support students' physical, mental, and social-well being. It aligns with the WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD (WSCC) model developed by the CDC, which emphasizes coordinated efforts among school administrators, staff, students, parents, and the community.

### **COMPONENTS OF A COORDINATED SCHOOL HEALTH PROGRAM:**

Health Education

Physical Education

Health Services

Nutrition Services

Counseling, psychological, and social services

Healthy school environment

Health promotion for staff

Family and community involvement

<https://www.mdek.12.org>

