

UNITARIAN UNIVERSALIST CONGREGATION OF PHOENIX

GROUP CHARTER

Name of group? UU Women Aging With Grace

Leaders of the group? Bonnie Fraser

Mission of the group? To bring senior women together with the goal of supporting spiritual development. Anyone defining themselves as an older woman aspiring to follow UUCP values is welcome.

How does this mission serve the mission of UUCP? The group helps to strengthen senior women's connection to the UUCP community.

What kinds of activities are you engaged in? Brief meditation, and brief reading from Soul Matters or other inspirational material (Buddhism, 12-Step, Pema Chodron, etc). Primarily, individuals will be exploring how these ideas are useful in their own lives. We will focus on the challenges and rewards of aging. Plus occasional social lunches out at a restaurant.

What specifically are members requested to do? Listening respectfully.

How many people can participate in your group? No upper limit - if we get more than 10 women, we will break into smaller groups for personal sharing.

Are you currently seeking new members? Yes

If not, when might you be seeking new members?

How often do you meet? Once a month for a spiritual development meeting. Perhaps a second time a month for a social gathering.

Do you typically meet in the evenings, daytime, using Zoom, or other, i.e., combination of all? Daytime - midmorning - early afternoon, weekday, all year. For the summer our meetings will be on first Wednesdays, 11:00- 12:30, at UUCP. The day of the week may change in the fall.

Do you meet year round? Fall to spring? Other? Yes

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Is there a set term to participate in this group? No

If there is no set term, can someone join your group for a specific time commitment, project, or purpose?

What amount of time is one expected to typically devote to the work of this group? No commitment of attendance or out of group activity. See Covenant for expectations during group sharing. Individuals may volunteer to bring the inspiration thought for a next meeting.

Each week?

Each month?

Each year?

Please add any brief comments that you feel will further inform someone looking to participate in the group. (Optional)

What is the e-mail contact information for further inquiries about this group?
agingwithgrace@phoenixuu.org

Revised: 6/17/2026