

Monkey gets in the way

well day and night I wanna do right  
but the monkey gets in the way  
I try to walk the walk I try to talk the talk  
but the monkey gets in the way

well try as I can to get control  
he's got a hairy toed death grip on my very soul  
I'm startin' to suspect that this is never gonna stop  
he's gonna ride me around until the day I drop

I'm tryin' real hard to be the best I can  
but the monkey gets in the way  
when I try to make myself into a better man  
you know the monkey gets in the way  
it's a matter of fact no matter what I plan  
you know the monkey gets in the way

one step forward and two steps back  
he's got me walkin' spanish all around the track  
I should eat some leafy greens but I get a big mac  
you know the monkey always gets his way  
you know the monkey always gets his way