



Elementary Physical Education- March 2023

Congratulations!

Courtney Kenney at South Shore Elementary has been selected as an AACPS TOY FINALIST!
We are so proud of you!



Professional Development Opportunities



March 1st: Cultural Arts & Special Education PD-
Assistive Technology How To!
How to use Assistive Technology in your classrooms.
Unified Talent Section # 102723
Stipend -\$60 APC Renewal Credit – .15

March 21st: Flag Football PD-
Learn skill drills, activities, and strategies to enhance your Flag Football lessons.
Unified Talent Section #103639
Stipend- \$60

March 23rd: Cultural Arts Prek PD-
PreK Curriculum, Instruction, and Assessment, Woo Hoo!
Unified Talent- Section #: 103578
Stipend- \$60 APC Renewal Credit- .15

Borrowed Equipment Reminders:

Bowling Equipment-

- Please inventory/check all equipment when you receive it and prior to returning. We have had several schools either receive extra bowling balls or missing a pin or two in the sets.
- Students should not walk on the carpets/lanes. Please remind them to walk around.
- Equipment options- provide choices to use such as a smaller ball or lighter ball.
- Score Keeping- integrating math for all grade levels!

Cardio Drumming-

- Sets are stored at each high school. Please reach out to the high school teachers to arrange dates and pick up/drop off

First Tee Golf-

- Please check all equipment when you receive it and before it is given to the next school.
- If something is broken, please email me to let me know.

Movement Education Equipment

- If you need assistance setting up, lesson ideas, or packing up- please reach out!

Materials of Instruction (MOI)- Contact Info

We encourage all MOI funds to be spent prior to May 15th!

Gopher Sport- Owen De Windt, Jr.
owendewindt@gophersport.com

Office Depot- Kristen Blevins
krist.blevins@officedepot.com

School Specialty (*New Rep)- Kelsey Tamm
kelsey.tamm@schoolspecialty.com

US Games- Tyler Marshall
tmarshall@usgames.com






Fun ways to Sit/Stand

Apples/Applesauce- sitting criss cross
Carrots- standing up tall
Hawaii- laying down on the ground
Tornado- spin on your bottom
Grape/Tomato- sit and hug your knees
Spoons in the bowl- hands in lap
Flamingo- balance on one foot

Do you have any others we can add to the list?
Email me and let me know!



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<p>Washington Capitals Discounted Tickets</p> <p>Teachers can purchase discounted tickets to Caps games this season. Feel free to share this with your teachers, administrators, friends, and family!</p> 	<p>Pre-K 3/4 Physical Education</p> <p>The curriculum writing team is currently working to enhance our PreK PE curriculum and we need your ideas and feedback! If you have any successes, challenges, additions or thoughts, please feel free to email Meghan or Amy!</p>
<p>Teacher Highlights & Shout Outs!</p> <p>Share something amazing about a PE colleague! Add your shout out to this google form</p>	<p>Yearly Plans/Scope & Sequence</p> <p>Please send your yearly plan (scope & sequence) to Meghan at mbellarin@aacps.org.</p>
<p>Adapted PE Contact Information</p> <p>Looking for some support for adapted physical education or for a student with disabilities in your class? Please refer to the Adapted PE Contact List to contact Amy Falls and/or Deb Marcus.</p>	<p>Substitute List</p> <p>HPED Substitute List - consider checking this list when you have a planned absence.</p>
<p>Elementary Professional Learning Community</p> <p>Our PLC's are small groups of teachers who meet for an hour each month virtually and have great conversations about current topics in PE in AACPS and topics of their choice. It is not too late to join if you are interested, just reach out!</p> <p>David Kellett- dkellett@aacps.org Chris Hersl- chersl@aacps.org Keith Tremel- ktremel@aacps.org Eric West- sewest@aacps.org</p> 	<p>Brightspace & Virtual Instruction Days (VID)</p> <ul style="list-style-type: none"> • Lesson materials for Virtual learning • Reduced Brightspace Expectations for Elementary Teachers • Weekly Tech Tips for more information
	<p>SHAPE America</p> <p>Health & Physical Education Activity calendars Link is for English and Spanish</p> 
<p>Classroom Visits</p> <p>I love invitations to visit! If you would like me to see something you are proud of, a class that is doing well, or need support with a class, send an email and reach out!</p> <p>mbellarin@aacps.org</p>	



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Classroom Highlights- Checking out? See how some of your colleagues have their students leave the classroom and self-assess!

