

Drupcho Liturgy (Sadhana) Sequence for Travel Pecha (effective 09/2023)

The sequence below contains the “The Glorious Blissful Garland: The Root Sadhana of Yumka Dechen Gyalmo” as well as a number of inserts. Each insert begins with a p. 1.

Dechen Gyalmo Sadhana

Session I

Insert 7 Line Supplication and Longchen Nyingtik Lineage Prayers p. 1-4

The Shower of Great Bliss p. L1-L4 (replaces Tibetan-only Dechen Gyalmo Lineage Prayer)

Dechen Gyalmo Root Sadhana page 3-16

Page 16 Mantra Om Pemo Yogini Jnana Varahi Hung (recite many times)

Page 16 Mantra #2 Om Pemo Yogini Jnana Varahi Hung

Om Guhye Jnana Bodhitsitta Mahasukha Rulu Rulu Hung Jyo Hung (recite many times)

Page 17 Ali Kali and Essence of Dependent Origination, then **Insert** Lute of Gandharvas

Root Sadhana p. 17-18 Offering and Praise Sections Recite 100 Syllable Mantra 3x

Insert Nangtrak Rigsum Prayer (recite before each break)

Session II

Reading Aloud of Prayer Requests

Long Protector Prayers **Insert**

Nangtrak Rigsum Prayer **Insert**

Session III

Narak Dongtruk **Insert** begin on p. 1 (Lama Rigdzin....), then skip to p. 4 E MA HO continue to page 20

Marme Monlam **Insert**

Root Sadhana p. 18 The Stages of the Tsok and Conclusion

Kongshak Dorje Tollu Part I **Insert**

Root Sadhana p. 19-22 Kongshak Dorje Tollu Part 2 **Insert**

Root Sadhana p. 22-24

Short Ganachakra **Insert** recite 108x

Root Sadhana p. 25 Dusum Sangye to bottom of p. 26 “...drubpar dzo.”

Root Sadhana page 18-24 Short Ganachakra **Insert** recite 108x

Root Sadhana p. 25 Dusum Sangye to bottom of p. 26 “...drubpar dzo.”

Insert Nangtrak Rigsum Prayer

Session IV

Root Sadhana p. 18-24 Short Ganachakra **Insert** recite 108x

Root Sadhana p. 25 Dusum Sangye to bottom of p. 26 “...drubpar dzo.”

Root Sadhana page 18-24 Short Ganachakra **Insert** recite 108x

Kongshak Dorje Tollu Part 3 **Insert**

(Feast Song **Insert** may be recited here)

Root Sadhana p. 24

Dorje I Lu **Insert**

Root Sadhana p. 25-26 Enjoy the feast

Long Life Prayers **Insert**

Root Sadhana p. 26-33 (Skip Receiving the Siddhis on p. 30 until the last morning)

Chokchu Duzhi Prayer p. 1-3

Prayer for Peace and Stability in the World **Insert** (not always recited)

Supplication to Guru Rinpoche p. 34

Short Dedication of Merit **Insert**

Emulating the Hero Manjushri **Insert**

Please note: Rinpoche may change the daily sequence at any time.

On the final morning when Receiving the Siddhis, the Long Protector Prayers are often done after the completion of the full Sadhana. If this is the case, only the Lama Yidam Protector prayer is done at the time the usual Long Protector Prayers are recited in the daily sequence.

As well on this final morning, Marme Monlam may be recited prior to the Prayer for Auspiciousness, page 33, instead of in its usual daily sequence.