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هنا النص لترجمته هنا - 复制并粘贴文本以在此处翻译 - અહીં ભાષાંતર કરવા માટે ટેક્સ્ટને ક Copy
કરો અને પેસ્ટ કરો - यहां अनुवाद करने के लिए टेक्स्ट को कॉपी और पेस्ट करें - ਇੱਥੇ ਅਨੁਵਾਦ ਕਰਨ ਲਈ ਟੈਕਸਟ ਨੂੰ
ਕਾਪੀ ਅਤੇ ਪੇਸਟ ਕਰੋ - یہاں ترجمہ کرنے کے لئے متن کو کاپی اور پیسٹ کریں۔

<https://translate.google.com/>

October 3rd, 2025

Mark your Calendars - Upcoming Dates:

Oct. 9	Fall Spirit day
Oct. 9	5th Week Reports Distributed
Oct. 10	PA Day - no classes
Oct. 13	Thanksgiving Holiday - no classes
Oct. 16	Family/Teacher Conference Night
Oct. 16	Post-Secondary Pathways Information Session 6:45 - 7:15 PM
Oct. 27	Photo retakes
Oct. 28	Virtual School Advisory Council Meeting 7:00 pm

Hayden Athletics!

What a week! We hosted basketball, volleyball, football, and field hockey! We also hosted our Junior Boys' Volleyball tourney! Our Golf Team competed in the Halton Championships and our cross country runners had a strong preseason meet! All of that, yet Spirit Week is next week!!

October 9: 5th Week Reports

5th Week Progress Reports will be emailed to the parent/guardian for all Grade 9 students and those students in Grades 10 -12 should there be concern about their academic progress in a course. Parents/guardians with any questions or concerns, are invited to connect with their student's teacher about supports and next steps.

October 16: Family/Teacher Conference Evening:

Please mark your calendars for our Semester 1 Family/Teacher Conference Evening, from 6:00 - 8:00 PM which includes both informal (drop-in) and formal (pre-booked) appointments, and our Post-Secondary Pathways Information Session hosted by our Guidance team in the Theatre from 6:45 - 7:15 PM. This session provides an overview of pathway options and application details. Please note all information shared at the session will also be available on the [Hayden website](#), under the 'Guidance' tab on the '[Hayden Grads](#)' page.

Army Co-operative Education Opportunity

Students interested in a co-operative education experience with the Canadian Armed Forces are invited to attend on of the following virtual information sessions:



Dr. Frank J. Hayden Secondary School

3040 Tim Dobbie Drive, Burlington, ON L7M 0M3
T: 905-332-5235 F: 905-331-5192 dfh.hdsb.ca

- **7 Oct 25 (7 -8 PM)** – [High School Co-Op Information Session | Meeting-Join | Microsoft Teams](#)
- **8 Oct 25 (1 - 2 PM)** – [High School Co-Op Information Session | Meeting-Join | Microsoft Teams](#)

October 10th is World Mental Health Day - a day focused on raising awareness about mental health. Just like physical health, learning about mental health, understanding it, and taking care of it is important. When we understand how to recognize mental health concerns and the impact stigma can have on our ability to ask for help, we are in a better position to support our children.

Learn more about mental health and stigma in these short videos:

[What is Mental Health?](#)
[Understanding](#)

Reminder: March Break Trip to Italy + France!

Our March Break trip to Rome, Tuscany, and the Riviera is quickly selling out; we only have six spots left! If you are interested in more information, please complete [this Google Form](#). Don't miss out on this exciting opportunity!

Reminder: Relay for Life

This year, for the first time ever, on May 15th, Hayden will be putting on a Relay for Life event through the Canadian Cancer Society to raise money for cancer research. To run this day we are looking for as many **sponsorships** as possible, if you or anyone you know may be interested in donating anything from food, prizes, money, or anything else please fill out this [Google Form](#). Thank you!

Reminder: Business Club T-shirts are now for sale!

Anyone looking to represent or get Business Club swag can purchase directly here:
<https://haydenbusinessteam.itemorder.com/>

Library: Please check out our displays recognizing Islamic, Latin, Korean and German heritage months.

DAYS OF SIGNIFICANCE (as recognized by the HDSB)

Please see [the HDSB Religious and Creed Observances](#) and [HDSB Recognition of Heritage and History](#) calendars.

With warm regards,

Tanya MacLean, Principal macleant@hdsb.ca
Nancy Annibale, Vice Principal annibalen@hdsb.ca
Hiren Mistry, Vice Principal mistryh@hdsb.ca