

2025 Pre Season Prep Jamboree

at Montclair State University on [Dioguardi Field](#) 8 Yogi Berra Drive Little Falls, NJ.

1) **Arrival** - Please arrive at least 30 minutes prior to the start of your *first game* to check in with your coach. (Coaches will check their teams in) Players & Coaches please do NOT walk on the turf until FalconFHC staff is finished setting up.

2) **Parking & how to pay meters**- Please see the [parking map](#), Montclair State now requires metered parking or deck parking in the spring/summer even on weekends.

[Dioguardi Field](#): (All other teams) **PARKING IS ONLY AVAILABLE IN METERED PARKING IN LOT 26 or Car Parc Diem Parking Deck. PAYMENT FOR LOT 26 IS THROUGH [PAYBYPHONE APP](#) [DESIGNATION: LOC #4040]** Please park in a parking deck/metered spot or risk being ticketed.

Falcon Athletics LLC is not responsible for parking tickets. YOU MAY ABSOLUTELY NOT PARK IN THE DROP OFF AREA ROUNDABOUT IN FRONT OF DIOGUARDI OR IN FRONT OF THE SOFTBALL STADIUM, THEY WILL TICKET AND TOW.

3) **Player Waivers** - All players must have completed *Player Waiver* in order to participate. Please complete this by FRIDAY June 20st! Players will not be allowed on the field until waivers are complete. You will get an email receipt from SportsEngine upon completion of waivers.

[ADULT WAIVERS \(18 & OVER\)](#)

[Minor Waivers \(players under 18 years old\)](#)

THOSE PLAYING ON A FALCONFHC TEAM DO NOT NEED TO COMPLETE WAIVERS.

4) **Team Colors**- Team listed first wears white top & white socks, team listed second wears dark top and dark socks.

5) **What to bring**- Athletes must be properly equipped with the following: reversible pinnie OR uniform, mouthguard, shin guards, stick, water, goalies in full equipment including mouthguards, neck guards & water. Players not properly equipped will not be able to play. **We will NOT have water the day of** so please bring an adequate amount. ***Each team is responsible for bringing their own balls for warm-ups. Please do not take game balls as we only have one for each field. GAME BALLS WILL BE YELLOW AND MARKED FALCON FHC, PLEASE DO NOT TAKE THEM!***

6) **Spectators**- ALL SPECTATORS MUST STAY ALONG THE FENCING NEAR THE EDGE OF THE TRACK & OFF THE TURF FIELD AT ALL TIMES. SPECTATORS, PLAYERS, & COACHES MAY NOT SIT BEHIND OR NEAR GOAL CAGES AS IT IS DANGEROUS. There is very limited seating at Dioguardi field, spectators are encouraged to bring their own chairs. There is absolutely no smoking/vaping, or the consumption of alcohol anywhere on MSU campus, please

respect the rules. **Pets are also not allowed on MSU property.** Team tents are allowed but must be properly secured. Spikes for tents are not allowed on MSU turf fields. Appropriate sportsmanship is expected from players, coaches, & spectators at all times. Those in violation of any rules will be asked to leave.

7) **Games/Rules-** Each team will play FOUR 25 minute 7v7 games. *****The fourth game is a crossover that is TBD***** Corner masks are not required but highly suggested. We will play out corners with 3 field players and a goalie. (Four field players if there is no goalie) 25 yd hit coming in will be at midfield.

8) **Schedule-** Complete schedule can be found here: **[Pre Season Prep Jamboree Schedule](#)**

9) **Trainer-** We will have a trainer on site to treat injuries if they occur on the field.

10) **Bathrooms-** Will be located by the softball field for Diouguardi. *****PLEASE BE CAREFUL CROSSING THE STREET AS IT IS AN ACTIVE ROAD***** Near the basketball courts on Sprague.

11) **Clothing & Equipment for sale-** Falcon FHC will have a limited supply of **[Clothing as well as field hockey equipment for sale](#)**. We can accept cash/credit card for clothing/equipment.

OFFICIAL TOURNAMENT MERCH! Simax sports will also be here selling official tournament merch! <https://simaxsports.com/collections/2025-7v7-preseason-prep-summer-jamboree>

12) **BEVERAGES & SNACKS:** We will have snacks (\$2), water bottles (\$1) and gatorade for sale (\$2). **Only CASH** will be accepted for the snacks, water, and gatorade. There will not be other food or food trucks so please make sure to bring enough to last you the day.

13) **Weather Delay** - *If we have to have a weather delay the day of the tournament due to thunder/lightning, we will implement a 30 minute weather delay. Weather delays will only be communicated through Facebook & Instagram accounts, we will not be able to send emails. **ALL** players will be instructed to take their belongings and will be sent back to their cars to wait. NO ONE WILL BE ALLOWED TO STAY ON THE FIELD OR WAIT UNDER THE OUTDOOR CANOPY. If the weather is clear after the 30 minutes we will post on our social media accounts to return to the fields and resume play. We would run on a modified schedule with all games remaining 25 minutes but being pushed back in time. The modified schedule would be posted on our social media accounts. If weather delays continue to last more than an hour, we will implement an abbreviated schedule which will be TBD depending on when we are able to resume play and time constraints. Games would have to be reduced in time, this would be TBD according to how long the weather delay is. If we are not able to resume play due to severe weather pool/division winners will be determined by the games that have been played.*

14) **Cleaning Up-** When your team has played their last game please make sure to remind them to clean up after themselves. They should also double check for any missing items.

HAVE FUN!! PLEASE TAKE PICTURES THROUGHOUT THE DAY AND TAG

@FALCONFHC ON INSTAGRAM | @Falcon Athletics NJ ON FACEBOOK | @Falcon FHC on TikTok

Tournament 7v7 Rules

1. Corners will be played. (Corner masks are NOT required but HIGHLY recommended!)
2. Defensive corners will consist of 3 players and a goalkeeper. The opposing team must return to the top of the opposite circle to run back to the corner. If a team does not have a goalkeeper they may have 4 players back, no goalie privileges apply in this case.
3. Games will be played with 6 field players and a goalkeeper (7 aside). If you do not have a goalie you can add an additional field player to make 7.
4. We will not be allowing teams to warm-up on the field.
5. Treat all umpires, coaches, players, and Falcon FHC staff with respect. Umpires will make the final decisions based on rules and safety. Umpires make the final decision regarding goals and the score. Treat all umpires with respect and **do not** question ANY calls. There will be no tolerance for coaches, spectators, and/or players talking back and/or berating umpires, players, and/or Falcon FHC/tournament staff. Those in violation will be asked to leave the tournament.
6. ALL players must be properly equipped or they will not be eligible to play. Field players must wear a mouth guard and shin guards. Goalies must wear full protective equipment including mouthguard & neck guard. ***Corner masks are highly encouraged on corners.***
7. **At the conclusion of each game coaches must meet in the middle of each field, confirm & agree upon the score with the assigned umpire. ***Tournament Staff will NOT discuss scores with spectators/parents.*****
8. Each team will get 4 x 25 minute games with 2 minutes between each game.
9. For the adult open mixed division pools, a maximum of 2 male players are allowed on the field at any given time.

Team listed first in white

Team listed second in dark

POINTS for pool play & cross over (when applicable)

Win = 3 points | Tie = 1 points | Loss = 0 point

(Please be aware games will end in a tie)

(Tie breakers will be applied when breaking ties within a pool or crossover games in the following order)

Record

Head to Head

Goal Differential

Goals Allowed

Goals Scored

Head to Head Goal Differential

Flip a Coin

(Max Score Differential Per Game - 5) PLEASE DO NOT RUN UP SCORES!

RULES & ENFORCEMENT

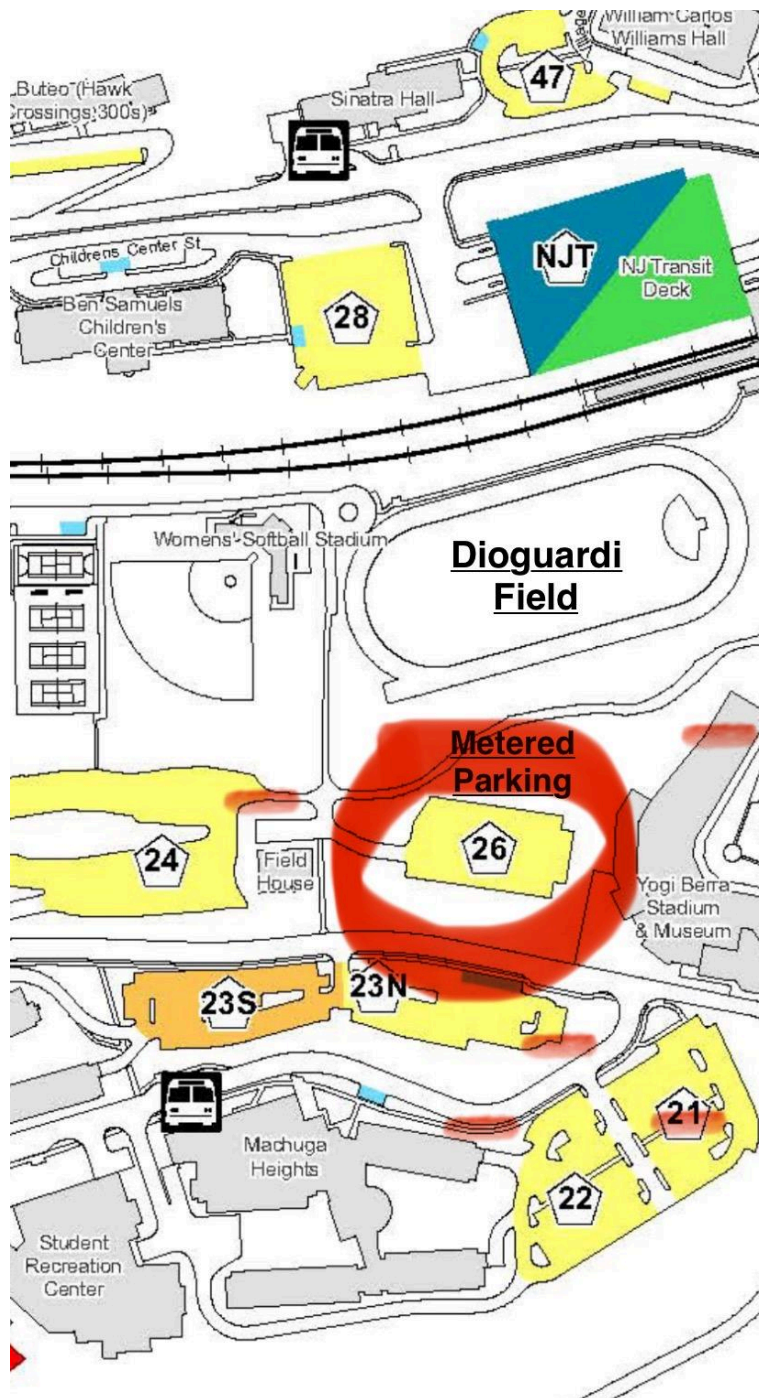
Tournament staff members will inform and remind those not in compliance with the regulations and requirements in effect at the competition or program. If continued violations occur, staff have the authority to remove any person who refuses to comply with the regulations and requirements. Again, we are VERY EXCITED to see you all and are looking forward to a fun day of hockey! As always, if you have any questions or concerns leading up to the day please feel free to email, text, or call. We are more than happy to assist you!

- THANK YOU! Falcon FHC & Team One Field Hockey

PARKING MAPS & METER INFORMATION: DIOGUARDI FIELD

(see map below)

Link to PaybyPhone App: <https://www.paybyphone.com/> *use Designation Loc #4040





NO PARKING IN THE
ROUNDAABOUT –
YOU WILL RECEIVE
A TICKET.

**PARKING AT DIOGUARDI FIELD IS
ONLY AVAILABLE IN LOT 26.** You
must use the app [Pay By Phone](#)
when you park [Designation is
Loc 4040; fee is \$1 per hour].