



**EUROPEAN
SOLIDARITY
CORPS**



VOLUNTEER DIARY

NAME:

MONTH:

- What kind of emotions and feelings have I experienced and in which situations?
- What are the positive aspects that I see in the experience of my voluntary life?
- What kind of challenges I had and how I dealt with them?
- Peculiar or funny things that have happened.
- What have I done on my own initiative?
- What have I learned about myself in my personal life and at work?
- What are my plans for the next month?
- How would I describe my relationship with my mentor and tutor, other friends and colleagues?
- Comments.

MTÜ Noortevahetuse Arengu Ühing EstYES		
Reg. nr. 80099366	Tel: +372 6013098	estyes@estyes.ee
Wiedemanni 3, Tallinn 10126, Estonia	Fax: +372 6013309	www.estyes.ee



**EUROPEAN
SOLIDARITY
CORPS**



We are all different - some of us like writing, some taking pictures, some are most comfortable with audiovisual feedback form. Therefore we give you different options to deliver me your feedback. You can answer the questions:

- in writing*
- in recording*
- making a video*
- in pictures/photos + explanation under each picture*
-*

Please choose the best option for you to deliver me the monthly diary by 3rd of each month. Store your diaries in one folder so that you could easily access it at any point of your service. The diaries will help you understand at the end of the voluntary service what you have achieved!

NB! The diary is confidential, meaning that your ESC coordinator will not share this information with other people unless you give your consent for it.

MTÜ Noortevahetuse Arengu Ühing EstYES		
Reg. nr. 80099366	Tel: +372 6013098	estyes@estyes.ee
Wiedemanni 3, Tallinn 10126, Estonia	Fax: +372 6013309	www.estyes.ee