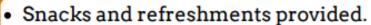
Iola-Scandinavia School District

# MENTAL HEALTH AWARENESS EVENING

# NOVEMBER 19TH AT 5:00PM-7:30PM

Iola-Scandinavia High School 540 S Jackson St, Iola WI 54945



- Childcare is available.
- Explore resource tables before and after the event.



## Presentations:

Start at 5:30pm: QPR Gatekeeper Suicide Awareness Training

 A QPR gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide. Gatekeepers can be anyone such as parents, teachers, minister, youth, doctors, and YOU! Learn QPR to save a life.

# Following QPR is 988 Suicide & Crisis Lifeline

 988 lifeline is a mental health crisis resource. People can call, text, chat to get connected to a trained counselor. What happens when you call? How is 988 different from 911? Come join us and get your questions answered.

#### Contact us:

Mai Thao 715-340-7534 thaomi@iola.k12.wi.us

### RSVP here:





Sponsored by the Waupaca County Suicide Prevention Coalition