

## 00First Aid Policy

Under duties set out in the Health and Safety (First Aid) Regulations 1981, Polish School in Rugby CIC recognises its responsibilities in providing adequate and appropriate equipment, facilities and personnel to enable suitable first aid to be given at the setting.

The designated member of staff responsible for First Aid is the Director of the school. This person has an up to date First Aid certificate. They are responsible for maintaining the correct contents of all First Aid boxes and administering basic First Aid when necessary and appropriate.

The director of the school will ensure that there is a fully trained First Aider available at all times during sessions at the setting. The Director of the school will be responsible for enabling the members of staff concerned to receive adequate first aid training.

The First Aid box will be accessible at all times and regularly checked to ensure its contents are up to date, in good condition and fulfil the criteria set out in the Health and Safety (First Aid) Regulations 1981.

The names of any other qualified first-aiders are available to view on the school website as First Aid folder under documents tab. Our box is available on request from the Director or any First Aider.

A First Aid kit will be taken on all off site visits or outings as per our Outings Policy

### **Marta Kwiatkowska Director of the school / Safeguarding Lead**



 **MEDU**  
WHERE KNOWLEDGE SAVES LIFE

*This is to certify that*

***Marta Kwiatkowska***

*Has achieved the qualifying standard in accordance with the  
Health & Safety (First Aid) Regulations 1981*

**EMERGENCY PAEDIATRIC FIRST AID**

*Date of issue: 15.01.2023*

Certificate Number **15012308II**  
Certificate valid for three years from the date of issue

Signed ***Marcin Sobiecki***  
For and on Behalf of Medu

Marta Kwiatkowska

Director of the school / Safeguarding Lead



This is to certify that  
**Marta Kwiatkowska**

has completed a course in

**First aid at work**  
and has demonstrated competence in currently accepted first aid practice and in  
accordance with the Health and Safety (First Aid) Regulations 1981  
on **15 March 2024** at **Coventry**

Valid for three years from **15 March 2024**  
This certificate is valid until **14 March 2027**

Delegate no. 7823277  
Certificate no. 2400046527

*Martin Houghton-Brown*

Martin Houghton-Brown  
Chief Executive

To check the validity of this certificate, please call 02447791400

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Ewa Okreglicka  
Director of the school / Class GCSE Teacher





FRFA  
FIRST RESPONSE FIRST AID LTD.



FAIB  
The First Aid Industry Body

This is to certify that

**Ewa Okreglicka**

has successfully completed a programme of training delivered in accordance with the currently accepted first aid practice and is awarded this certificate for the purposes of complying with the requirements of the Health & Safety (First Aid) Regulations 1981.

**Emergency First Aid at Work**

**Content**

Understand the role of the first aider, including reference to:

- the importance of preventing cross-infection
- the need for recording incidents and actions
- use of available equipment
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency
- administer first aid to a casualty who is unconscious (including recovery)
- administer cardiopulmonary resuscitation and
- use of an appropriate external defibrillator
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is engaged and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including sprain, cuts, grazes and bruises, minor burns and scalds, and eye injuries)

**Authorized Signatories**

 Lee Parker - Head of Operations  
 Kelly-Marie Harris - Chief Growth Officer

First Response First Aid Ltd  
Unit 1, 110, Linden Road,  
Widnes, Warrington, Cheshire, WA9 3SW  
TEL: 01562 372888  
info@firstresponsefirstaid.co.uk  
[www.firstresponsefirstaid.co.uk](http://www.firstresponsefirstaid.co.uk)

John Coleman  
Football Trainer / Teacher



Introduction to  
First Aid in  
Football (IFAiF)



ENGLAND FOOTBALL  
LEARNING



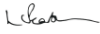
The FA  
FOR ALL

Awarded by The FA on: October 15, 2024  
Number (FAN): 68383606

We certify that

**John Coleman**

has successfully completed the "Introduction to First Aid in Football (IFAiF)" course

  
Lucy Pearson  
Head of FA Education

  
Lisa Hodgson  
Medical Education Lead

## Marta Jankowska Jones Teacher



*This is to certify that*

**Marta Jankowska-Jones**

*Has achieved the qualifying standard in accordance with the  
Health & Safety (First Aid) Regulations 1981*

**EMERGENCY PAEDIATRIC FIRST AID**

*Date of issue: 15.01.2023*

Certificate Number **1501230411**  
Certificate valid for three years from the date of issue

Signed **Marcin Sobiecki**  
For and on Behalf of Medu

## Aleksandra Morawiec Teacher



*This is to certify that*

**Aleksandra Morawiec**

*Has achieved the qualifying standard in accordance with the  
Health & Safety (First Aid) Regulations 1981*

**EMERGENCY PAEDIATRIC FIRST AID**

*Date of issue: 15.01.2023*

Certificate Number **1501230911**  
Certificate valid for three years from the date of issue

Signed **Marcin Sobiecki**  
For and on Behalf of Medu

Karolina Surowiecka, teacher



**This is to certify that**

**Karolina Surowiecka**

has passed the online module of the  
following course:

**Blended Paediatric First Aid (2024)**

on

**19th April 2024**

Note: You will receive your full Paediatric First Aid certificate once you have successfully  
completed the practical training



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**Updated 16.08.2024 by Ewa Okreglicka**

**Updated 23.10.2024 by Marta Kwiatkowska**

**Updated 30.08.2025 by Ewa Okręglicka**