BFA Fairfax Evidence Reflection Template

Choose something you've done that may provide evidence of your progress on a transferable skill or academic proficiency. This piece of evidence could be an assessment, project, lab report, assignment, or paper for an academic class. It could be a piece of art or your participation in an activity or performance. Your evidence can be from a school-based activity or something from out of school. Insert your copy of this evidence template into your portfolio website under the appropriate transferable skill category or academic content area, or both!

Today's Date: 9/20/23	
Title of Evidence (with link to google drive): Unit 4 Lab (Ceilings Video)	
Describe what the evidence is: This was one of the assignments for my third ASL class, where I got to pick a piece of medium (poem, prose, or a song) and sign it in ASL. I chose Ceilings by Lizzy McAlpine.	
Connection to Transferable Skill: (Choose one) ☑ TS 1: Clear and Effective Communication ☐ TS 2: Self Direction ☐ TS 3: Creative and Practical Problem Solving ☐ TS 4: Responsible and Involved Citizenship ☐ TS 5: Informed and Integrative Thinking	How does this piece of evidence connect to the transferable skill indicator? Signing a song, and signing in general, require that a lot of emotion and expression are put into each sign to convey the meaning and make the message clear.
Connection to Academic Content Area: (Choose one) Math Global Citizenship Language Arts Science Health/PE Arts World Language	How does this piece of evidence connect to the academic content area? This was an assignment for my ASL class which I had been taking independently since it isn't offered as an in person class at BFA.
Reflection: Respond to the following questions: (Choose at least two) Why am I proud of this work? How is this evidence connected to my goals for the future? How does this evidence demonstrate a strength of mine?	How does this evidence show I improved on a skill? This assignment took a lot of practice and I really had to focus on making sure that I was clear with my signs because some of them were really similar, and I also had to work on adding more emotion and expression to make the message of the song clearer.