

SCHOOL COUNSELING NEWS

Sheboygan Falls Middle School

What Are we up to: This School year, we kicked off our Wednesday SEL SOAR Lessons! Students will focus on Social Emotional Learning (SEL) and continue to build soft skills for success in school and beyond! The SEL Competencies focus on five different areas of learning around; Self Awareness, Self Management, Social Awareness, Relationships Skills, and Responsible Decision Making. Next week students will be taking a SEL screener during SOAR to help address our students' Social and Emotional Learning needs in order to provide programming and support to specifically address individual and universal needs in our building.



Classroom Lessons

Fifth Grade: In this month's 5th grade school counseling lesson, students explored the importance of respecting others and appreciating differences. Students learned how their unique backgrounds, perspectives, and experiences make our community stronger. The lesson promotes empathy and kindness through classroom activities and discussions.

Sixth Grade: This school year teachers and staff have noticed several rumors and gossip being spread around the sixth grade student body. In order to address this specific need, all sixth grade students participated in a

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School Counseling Lesson related to [Gossip and Rumors](#). Students learned about the difference between gossip and rumors; while also learning about the negative effects, impact, and possible consequences. The sixth grade teachers also

Parent & Community Resources:



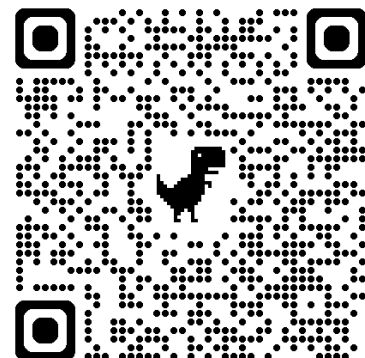
School Based Mental Health Services: Does your child need therapy due to mental health or behavioral concerns? Are you having a hard time getting them to see

a therapist due to financial hardships or other barriers to accessing services? This year, Sheboygan Falls School District is Partnering with Lakeshore Community Health Care to provide School Based Mental Health Services to our Students! Please reach out to Britne Lorge or Alyssa Renzelmann to learn more about our PATH Services.



Rainbow Kids
Peer Support
Groups:

"PROVIDING PEER
SUPPORT TO CHILDREN AND ADULTS GRIEVING A
LOSS FROM A DIFFICULT LIFE EVENT" Winter
Rainbow Kids Group (January
15-March 12)



SCHOOL DISTRICT of SHEBOYGAN FALLS
School Counseling Department
Investing in You.