
PHS/MHS COLLEGE & CAREER CENTER

SOPHOMORE YEAR CALENDAR & CHECKLIST

Career Exploration Ideas

Job Shadowing	Internships
Workplace tours	Community service
Volunteer opportunities	Informal interviews

FALL SEMESTER

- ☐ Explore the resources on campus (Library, Counselors, College & Career Center, etc.)
- ☐ Take classes that challenge and excite you – and stay on top of them academically.
- ☐ Get involved in extracurricular activities (sports, clubs, community service, etc.)
- ☐ Be sure to practice and establish strong study habits and time management techniques
 - ✧ [Build healthy routines](#)
- ☐ Consider taking the [PreACT](#) or [PSAT](#).
 - ✧ If you take PSAT as a sophomore, it will not count towards National Merit Status
- ☐ Make sure you have access to Naviance.
 1. Go to the [Naviance Login](#)
 2. Type in 'Piedmont,' hit 'Go,' and click on 'Piedmont High School'
 3. Select your user type as 'Student'
 4. Click 'Continue with Clever,' then use your school email to login using Google
- ☐ Do some exploring in Naviance
 - ✧ [Naviance Guide](#)
 - ✧ Under the 'Self-Discovery' tab → take some assessments
 - ☆ Recommended: Learning and Productivity; Career Cluster Finder; Career Interest Profiler

SPRING SEMESTER

- ☐ Do research to explore different careers and majors in more depth.
 - ✧ Take some self-exploration assessments in Naviance if you haven't already
- ☐ Athletes: familiarize yourself with [NCAA](#) and [NAIA](#) athletic recruiting requirements
- ☐ Visit the colleges you are interested in if you are able. Explore [virtual visit](#) options.
- ☐ Take advantage of volunteer and/or internship opportunities over the summer.
 - ✧ Make sure you keep your resume updated in [Naviance](#).