

SaTx Flowmies Community Guidelines

Welcome to the **SaTx Flowmies** community (est. Jan. 12th 2025), a space where flow, movement, and music unite us all! We are here to create an environment that celebrates creativity, self-expression, positivity, and inclusivity. Our goal is to maintain a supportive and uplifting community, so let's all contribute to keeping the vibes high and the space safe for everyone.

1. Embrace PLURR (Peace, Love, Unity, Respect, Responsibility)

These values are at the heart of what makes this community special. As members of **SaTx Flowmies**, we are to always put effort into embodying **PLURR**:

- **Peace:** Flow offers peace, grounding, and healing for many in our community. Let's honor that by choosing calm communication, responding with empathy, and resolving conflicts with compassion to keep this space safe and soothing for everyone.
- **Love:** Support one another on our journeys of self-expression and growth. Spread kindness, positivity, and encouragement.
- **Unity:** We are stronger together. Collaborate, engage, and uplift the community as a whole.
- **Respect:** Honor everyone's boundaries, identities, and creative expression. Celebrate diversity and individual experiences. We all have something unique to offer!
- **Responsibility:** Be accountable for how you contribute to the group, both online and offline. Support others and act with integrity, ensuring the community remains a safe, respectful, and empowering space for all.

2. Let's Keep the Flow Fun!

We're here to enjoy the freedom of movement and music. Let's stay true to who we are and support each other along the way:

- **Stay authentic:** Express yourself freely and creatively, and encourage others to do the same.
- **Celebrate diversity:** Appreciate the variety of artistic expressions, backgrounds, and experiences that make this community special.
- **Create a safe space:** Ensure that everyone feels welcome, valued, and comfortable to be their true selves.
- **Substance-Free Zone & Harm Reduction:** Events should be free from drugs and alcohol to keep the space inclusive and safe. Attendees are encouraged to practice harm reduction, look out for each other, know their limits, and always prioritize safety.
- **Collaborative Events:** When an event takes place at a bar, music venue, festival, or 420-friendly location, the event will follow the policies of the hosting venue. We simply encourage everyone to carry the same FlowStar values with them wherever we go..
- **Respect for All-Ages:** Our meetups are open to all ages. Anyone under 18 must attend with a parent or guardian, who is responsible for their supervision and safety during the event. We ask all attendees to be mindful of their language, behavior, and interactions so everyone feels comfortable and included.
- **Safety First:** The safety of all attendees is our top priority. Any behavior that puts the safety and well-being of others at risk, whether related to substance use or not, will not be tolerated.
- **Media Consent:** Photos and videos may be taken at events. Attendance grants consent unless you request otherwise; minors may not be recorded without guardian permission.

3. Conflict Resolution, Safety, and Accountability

Most conflicts can be resolved respectfully between individuals, and we encourage members to handle minor conflicts and misunderstandings privately whenever possible. We trust in the maturity and kindness of our members to navigate small issues with compassion and clarity.

For minor conflicts:

- Communicate directly and calmly.
- Listen with understanding. Give each other space to express perspectives respectfully.
- Acknowledge responsibility if necessary and work toward repair.
- Ask for help if needed. If a private conversation doesn't resolve the situation, reach out to a community leader via Instagram (**@satxflowmies**) or use the [Community Report Form](#).

Zero Tolerance for Harmful Behavior

While minor disagreements can be resolved privately, serious issues will be handled immediately. The following will result in immediate intervention or removal:

- Harassment or bullying
- Threats, intimidation, or violence
- Discrimination of any kind including targeting someone's identity or lived experience
- Behavior that puts others' safety or well-being at risk

Your safety is our top priority. Reports are taken seriously, handled confidentially, and addressed promptly. Retaliation for reporting is not tolerated. If you feel unsafe or witness unsafe behavior:

- DM (**@satxflowmies**)
- Use the [Community Report Form](#)
- Email: community@spinflowstar.com

4. Representing SaTx Flowmies with Honor

We want **SaTx Flowmies** to be a name that is associated with honor, respect, and authenticity, both in the community and beyond. Here's how we can all maintain the integrity and honor of the community:

- Be an ambassador of kindness, gratitude, unity, and positive energy.
- Reflect PLURR in your interactions with others.
- Lead by example—your behavior helps shape our culture and reputation.

5. Community Outreach: Caring Beyond the Flow

We believe in showing up for each other, both in movement and in life. Community support is encouraged when it's rooted in genuine need such as rides, shared resources, donation drives, or mutual aid that uplifts the group. Offer and ask for help with kindness and respect, honoring everyone's time, capacity, and boundaries. When we support one another with intention, we strengthen the heart of this community and grow together.

By Participating

By attending events or engaging in **SaTx Flowmies** spaces (online or in person), you acknowledge and agree to uphold these guidelines. Together, we protect the culture we've built and keep the kindness, gratitude, and flow alive.