

HOW SYSTEMS WILL TRANSFORM ONE'S LIFE
TRULY!!!

VERY SIMPLY, WHAT IS A SYSTEM AND HOW DO I IMPROVE ONE?
IN JUST FOUR PAGES!

(Link to share: [How Will Systems Transform My Life? Very Simply, What Is A System And How Do I Improve One? - In Just Four Pages!](#))

People and companies who *constantly* upgrade, as it occurs, their systems and processes for running things get incredibly good - and life grows geometrically better!

Everything in the universe operates based on systems, wherein there are causes that must occur in order to create effects/results. If you're not getting all the results you want in life, it's because you haven't put together all the pieces of the system that will get you the results! One must understand how to set up a system if one is to be able to live well and be effective in life. **You cannot create a great life without understanding this!**

See, below, [How Life Looks Before And After System Improvement Focus!](#)

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When you're ready to go deeper, consider starting here: [How To Use Systems Thinking In Business And In Life.](#)

DON'T BE SCARED OF THIS, AS ANYONE CAN LEARN AND DO IT!

[How Will Systems Transform My Life? Very Simply, What Is A System And How Do I Improve One? - In Just Four Pages!](#)

People are scared of or quite simply think that it would be too hard to learn about systems, as if it takes a rocket scientist to understand what systems are and how to work with them.

But **everything in your life is a system and/or a result of one.**

A simple system, quite straightforwardly, is simply a **sequence/series of simple doable steps** to take to cause a particular result.

There are varying names for systems: Ways of proceeding, procedures, instructions, checklists, complete guiding forms, routines, programs... All are sequenced steps that lead to getting reliable results!

A MUST IN ORDER TO ASSURE A GOOD LIFE

If the result produced is undesirable or not quite enough, then we MUST change the system!!! *The cost of not doing so will be that one's life will not be so good or happy.*

WHAT A SYSTEM LOOKS LIKE

A sequence of steps leading to a specific result. It looks like this:

Step 1 → Step 2 → Step 3 → Step 4... → Results!

THE CRITERIA FOR A VALID SYSTEM

Use this as a checklist as to whether you've set up a workable system:

- ☐ **Reliably gets the intended result**, when the steps are performed by any person.
- ☐ **No missing steps**
- ☐ **The steps are correct** (and tested to be so)
- ☐ **Sufficient detail**, with nothing essential missing. for anyone to follow and do ALL of the steps needed, without assuming the person knows how to fill any gaps or will remember anything

That's it. That's all you need to know to effectively create and follow systems to get the results you want in life.

It's **not rocket science!**

Just figure out, learn, and/or copy the necessary steps (making sure they are in proper order with one leading to the next) **that will *reliably, provably* lead to the desired results.**

All you need to know is that you need to spot an undesired result and then spot, sometimes with help, whether a step is faulty and/or if step or steps is/are missing and then to figure out what to do to correct them and/or add in each missing step.

ALL SYSTEMS ARE THE SAME IN PROCESS

All systems come in the form of steps on a path to a destination, a map, an action plan, a procedure or “way of proceeding”, and/or a program showing what to do to produce/learn/create a desired result.

We have, on this site, many systems that have already been solved for you. Simply enter into the [search engine](#) the best words that describe what you want and see what there is and see if there is anything to be learned (which will most often already be specified and/or simple to figure out with just a little bit of searching around or reading for understanding).

If you are to create the very best life, you **MUST** start to use this process of improving systems at the beginning level and then keep using it to get even better at it (in the way that we all seem to seemingly “miraculously” learn when we thought we never could or would at our current capability before the learning process!)

See [What To Do Next!](#)

Scroll down if you want to see Life Before And After Systems Improvement Focus.

LIFE BEFORE AND AFTER SYSTEMS IMPROVEMENT FOCUS!

LIFE BEFORE

Recurring problems, experienced over and over

LIFE WITH SYSTEMS IMPROVEMENT FOCUS

- 1.. Notice (anticipate) an undesired result
2. Revise system to work
3. Rapidly improving life!

LIFE FROM THAT POINT ON

Wonderfully working, *easier* life!

Free of problems

WHAT TO DO NEXT

When you're ready to learn and gain the immense benefits from having systems and seeing how easy and effective life can be, see and follow the sequence from [How To Use "Systems Thinking" In Business And In Life](#) - magnify your results dramatically!. It will carry you through all you need to learn and know, familiarize you easily, and create you being comfortable, and feeling competent. There are a few good books and articles which you might also want to read and utilize. You'll immediately be able to use and benefit from the process (even though you don't quite "see", or believe, that yet).

Also, this piece (the link below) will give you even more perspective and understanding about how valuable this will be in your life - it will "transform" it to a completely higher level, higher than you might have believed was possible!

[Beliefs, Mental Models, Methods, And Systems Everything Is A System To Produce A Result](#)

For navigation: [Systems, Contents, Links Directory](#), with a reading sequence to follow. Best books, free or hardcopies, from these sites: [The Systems Mindset](#) (for “Managing The Machinery Of Your Life), and/or, for business, [Work The System](#) (for “The Simple Mechanics Of Making More And Working Less”)

[Keith D. Garrick](#)

Of [The Life Management Alliance](#)

(A [pay-it-forward](#), never-a-cost endeavor to dramatically improve people’s lives)

How to be in the loop as things develop: Use this link to [the blog](#) and then sign up for email notification on the web version of the blog.

Please [Contact me](#) with any suggestions, additions, revisions, etc., that might help improve this piece and the process, and/or any questions or requests you might have.

(Note that most of the pieces I write are intended for more study and completion. As such, you might do the overall reading of the piece and then tickle it for followup later if you cannot complete it in one sitting. It is not likely that you can do it in one sitting. Possibly, read [How To Read And Learn From A Keith Garrick Piece](#).)