The Spiral Path
Spiritual Doctrine: Statement of Beliefs

The Spiral Path (TSP) is an unincorporated religious association that shepherds a spiritual community whose leaders, members, and participants believe that its Sacraments are sacred spiritual medicine and divine teachers created by the Divine to support humanity through these times. Our Sacraments are essential to our spiritual practice, and only through their sincere religious use can participants understand the moral, ethical, and spiritual wisdom and psychospiritual healing of their divine nature.

1. Core Values

- We believe in the sacred connection between all living beings and the Divine Source.
- We honor personal sovereignty and spiritual exploration through our Sacraments.
- We commit to integrity, compassion, and conscious stewardship in all acts of service.

2. Our Sacraments are Sacred and Divine Teachers.

We believe that psilocybin mushrooms, San Pedro cacti, and lysergic acid diethylamide (collectively "Sacraments") are sacred and divine teachers that are present Earth to help and instruct humans to live a positive, spiritual life. Each Sacrament Our Sacraments reveal the divine teachings of the universal Source of life and they are essential to our spiritual practice. Each Sacrament individually is essential to our spiritual practice, with psilocybin mushrooms connecting participants with the mycelial world of the non-light spirits, with San Pedro cacti connecting participants to the spirits of the day light, and with LSD connecting participants to the spirits of the celestial realms. Each of these Sacraments is used at different times for different purposes during a participants life that reveal Divine truth. Our Sacraments connect us to the Divine in a way that cannot be attained without them in this lifetime.

3. Commitment to Natural Transformation

We believe in the profound power of our Sacraments to support spiritual healing and transformation. We trust in the power of our Sacraments, which are bringing about profound change in the lives of many.

4. Intentional Use leads to Spiritual Wellness

Psycho-spiritual healing and growth occur through mindful, intentional practices. Microdosing with our Sacraments provides a unique opportunity for self-reflection, emotional balance, and mental clarity. Our Sacraments are designed to guide people in creating meaningful, lasting changes that elevate their quality of life.

5. Holistic Health and Balance

Our approach to wellness is holistic, valuing the body, mind, and spirit equally. Our Sacraments enhance focus, creativity, emotional healing, and connection to one's true inner self and the

Divine. Our Sacraments promote neuroplasticity and the ability to break free from ingrained, negative patterns in life. We are committed to helping others achieve balance in all aspects of life.

6. Ancient Wisdom and Spiritual Practices

We honor the ancient, sacred traditions that have used our Sacraments for spiritual practices across millennia. Our Sacraments are gifts from the Source, helping individuals connect more deeply with their spiritual journeys, align with their life purpose, and tap into higher states of consciousness.

7. Compassion and Community

We believe in fostering a compassionate community where individuals are empowered to support and uplift one another. Through sharing our Sacraments, education, and mission, we strive to create a space where healing, connection, and growth can flourish for everyone on their journey. We ask that our members stay active in the community by attending at minimum one gathering/service/integration workshop per month.

8. Respect for Nature and Sustainability

We hold deep respect for the environment and are committed to sustainable practices in all that we do. Our goal is to honor the Earth through ethical sourcing, mindful cultivation, and sustainable packaging, minimizing our impact on the planet while delivering the highest quality products.

9. Holidays.

We consider the following days to be holidays: Summer and Winter Solstice, Fall and Spring Equinox, All Full Moons, New Moons, Eclipses, and members birthdays.

10. Diversion Prevention

Our Sacrament are maintained consistent with a diversion prevention plan to ensure that no Sacraments are diverted from a religious purpose. Sacraments are sources and manufactured by partners that share the religious values of TSP. Members and participants will undergo a basic health screen to determine if they have any contraindications that would prohibit them from engaging in the ceremonial use of our Sacraments. Members are instructed that Sacraments are only for ceremonial use and should not be used outside of that context or distributed to any third party. During any ceremony involving sacrament, we will have on hand individuals trained in basic life support, at a minimum to ensure safety. Sacraments aren't sold for commercial purposes but only shared as part of sincere religious practice with contributions used to pay for the costs of the practice, including education, gatherings and preparation services.

11. Membership

Membership and participation are open to all adults over 21 years of age interested in joining our community who agree that they either agree with our doctrine or are interested in exploring if this spiritual practice is right for them. Members are required to review the doctrine and sign the liability waiver form laying out various responsibilities and rights, including committing to confidentiality and ethical behavior.

12. Compliance with the Religious Freedom Restoration Act.

TSP operates with a good faith belief that its activities related to Sacraments are legally protected under the Religious Freedom Restoration Act (RFRA) and similar protections in each state's Constitution or statutes protecting religious freedom.

This doctrine serves as the foundation of everything we create, ensuring that we stay rooted in our mission to help individuals experience the transformational benefits of psilocybin mushrooms while connecting deeply to their spiritual and healing practices.