



# Holy Cross Primary School

## PSHE & RSHE Map



Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Story Sessions: Handmade with Love</p> <p><b>Me, My Body and My Health</b> I am me Heads, Shoulders, Knees and Toes Ready Teddy?</p> <p><b>Emotional Wellbeing</b> I like, You Like, We all like! Good Feelings, Bad Feelings Let's Get Real</p> <p><b>Life-Cycles</b> Growing Up New People New Places</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Story Sessions: Let the Children Come</p> <p><b>Me, My Body and My Health</b> I am Unique Girls and Boys Clean and Healthy</p> <p><b>Emotional Wellbeing</b> Feelings, Likes and Dislikes Feeling Inside Out Super Susie gets Angry</p> <p><b>Life-Cycles</b> The Cycle of Life Beginnings and Endings Change is all Around</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Story Sessions: Let the Children Come</p> <p><b>Me, My Body and My Health</b> I am Unique Girls and Boys Clean and Healthy</p> <p><b>Emotional Wellbeing</b> Feelings, Likes and Dislikes Feeling Inside Out Super Susie gets Angry</p> <p><b>Life-Cycles</b> The Cycle of Life Beginnings and Endings Change is all Around</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Get Up! The Sacraments</p> <p><b>Me, My Body and My Health</b> We Don't Have to be the Same Respecting our Bodies</p> <p><b>Emotional Wellbeing</b> What am I Feeling? What am I Looking at? I am Thankful!</p> <p><b>Life-Cycles</b> Life Cycles</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Get Up! The Sacraments</p> <p><b>Me, My Body and My Health</b> We Don't Have to be the Same Respecting our Bodies</p> <p><i>What is Puberty? Changing Bodies Boy/Girl Discussion Groups</i></p> <p><b>Emotional Wellbeing</b> What am I Feeling? What am I Looking at? I am Thankful!</p> <p><b>Life-Cycles</b> Life Cycles</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Story Sessions: Calming the Storm</p> <p><b>Me, My Body and My Health</b> Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep</p> <p><b>Emotional Wellbeing</b> Body Image Funny Feelings Emotional Changes Seeing Stuff Online</p> <p><b>Life-Cycles</b> Making Babies (Pt1) Making Babies (Pt2) Menstruation</p>	<p><b>Created and Loved by God (Life to the Full)</b></p> <p><b>Religious Understanding</b> Story Sessions: Calming the Storm</p> <p><b>Me, My Body and My Health</b> Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep</p> <p><b>Emotional Wellbeing</b> Body Image Funny Feelings Emotional Changes Seeing Stuff Online</p> <p><b>Life-Cycles</b> Making Babies (Pt1) Making Babies (Pt2) Menstruation</p>

						Hope Beyond Death Coping with Change	Hope Beyond Death Coping with Change
	Upper Key Stage 2 - St Giles Trust, gang and violence awareness Cultural Calendar Events run throughout the year						
Autumn 2	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)
	Religious Understanding Role Model	Religious Understanding God Loves You	Religious Understanding God Loves You	Religious Understanding Story Sessions: Jesus My Friend	Religious Understanding Story Sessions: Jesus My Friend	Religious Understanding Is God Calling You?	Religious Understanding Is God Calling You?
	Personal Relationships Who's Who? You've Got a Friend in Me Forever Friends	Personal Relationships Special People Treat Others Well... ...And Say Sorry	Personal Relationships Special People Treat Others Well... ...And Say Sorry	Personal Relationships Friends, Family and Others When Things Feel Bad	Personal Relationships Friends, Family and Others When Things Feel Bad	Personal Relationships Under Pressure Do you want a Piece of Cake? Self-Talk	Personal Relationships Under Pressure Do you want a Piece of Cake? Self-Talk
	Keeping Safe Safe Inside and Out My Body, My Rules Feeling Poorly People who Help Us	Keeping Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help Me?	Keeping Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help Me?	Keeping Safe Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	Keeping Safe Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	Keeping Safe Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	Keeping Safe Sharing isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance
	Black History Month Anti Bullying Week						

Spring 1	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> God is Love Loving God, Loving Others</p> <p><b>Living in the Wider World</b> Me, You, Us When I Grow Up 'Money Doesn't Grow on Trees'</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> Three in One Who is my Neighbour?</p> <p><b>Living in the Wider World</b> The Communities we Live in</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> Three in One Who is my Neighbour?</p> <p><b>Living in the Wider World</b> The Communities we Live in</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> A Community of Love What is the Church?</p> <p><b>Living in the Wider World</b> How do I love Others?</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> A Community of Love What is the Church?</p> <p><b>Living in the Wider World</b> How do I love Others?</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> The Trinity Catholic Social Teaching</p> <p><b>Living in the Wider World</b> Reaching Out</p>	<p><b>Created to Live in Community (Life to the Full)</b></p> <p><b>Religious Understanding</b> The Trinity Catholic Social Teaching</p> <p><b>Living in the Wider World</b> Reaching Out</p>
	Online Safety Week						
Spring 2	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility
	Mental Health Week						
Summer 1	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences
	Tender - Healthy Relationships Inclusive and Nurturing Schools Programme - Transitions Week for Cultural Diversity						
Summer 2	<p><b>Economic Well Being</b> What is Money?</p>	<p><b>Economic Well Being</b> Money and Me</p>	<p><b>Economic Well Being</b> Money and Me</p>	<p><b>Economic Well Being</b> Money and Wellbeing</p>	<p><b>Economic Well Being</b> Money and Wellbeing</p>	<p><b>Economic Well Being</b> Money and Wellbeing</p>	<p><b>Economic Well Being</b> Money and Wellbeing</p>

	<p><i>Set up a shop (Roleplay)</i></p>	<p>The value of things</p> <p>Making moral decisions with regards to people's belongings</p> <p><i>Run a Fundraising Event</i></p>	<p>The value of things</p> <p>Making moral decisions with regards to people's belongings</p> <p><i>Run a Fundraising Event</i></p>	<p>The role of money in our lives</p> <p>Making decisions on spending money based on budget, value and needs</p> <p><i>Run a Fundraising Event</i></p>	<p>The role of money in our lives</p> <p>Making decisions on spending money based on budget, value and needs</p> <p><i>Run a Fundraising Event</i></p>	<p>The impact money has on wellbeing</p> <p>What it means to be a critical consumer</p> <p><i>Create a business</i></p>	<p>The impact money has on wellbeing</p> <p>What it means to be a critical consumer</p> <p><i>Create a business</i></p>
	<p><b>Sports &amp; Health Week</b></p>						