

Holy Cross Primary School PSHE & RSHE Map



Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	Created and Loved by God (Life to the Full)						
	Religious Understanding						
	Story Sessions:	Story Sessions: Let	Story Sessions: Let	Get Up!	Get Up!	Story Sessions:	Story Sessions:
	Handmade with	the Children	the Children	The Sacraments	The Sacraments	Calming the	Calming the
	Love	Come	Come	Ma My Bady and	Ma My Pady and	Storm	Storm
	Me, My Body and	Me, My Body and	Me, My Body and	Me, My Body and My Health	Me, My Body and My Health	Me, My Body and	Me, My Body and
	My Health	My Health	My Health	We Don't Have	We Don't Have	My Health	My Health
	Lam me	I am Unique	I am Unique	to be the Same	to be the Same	Gifts and Talents	Gifts and Talents
	Heads, Shoulders,	Girls and Boys	Girls and Boys	Respecting our	Respecting our	Girls' Bodies	Girls' Bodies
	Knees and Toes	Clean and	Clean and	Bodies	Bodies	Boys' Bodies	Boys' Bodies
	Ready Teddy?	Healthy	Healthy			Spots and Sleep	Spots and Sleep
				Emotional	What is Puberty?		
	Emotional	Emotional	Emotional	Wellbeing	Changing Bodies	Emotional	Emotional
	Wellbeing	Wellbeing	Wellbeing	What am I	Boy/Girl	Wellbeing	Wellbeing
	l like, You Like,	Feelings, Likes	Feelings, Likes	Feeling?	Discussion	Body Image	Body Image
	We all like!	and Dislikes	and Dislikes	What am I	Groups	Funny Feelings	Funny Feelings
Autumn 1	Good Feelings,	Feeling Inside	Feeling Inside	Looking at?		Emotional	Emotional
	Bad Feelings	Out	Out	I am Thankful!	Emotional	Changes	Changes
	Let's Get Real	Super Susie gets	Super Susie gets		Wellbeing	Seeing Stuff	Seeing Stuff
		Angry	Angry	Life-Cycles	What am I	Online	Online
	Life-Cycles	17. 6 .1.	17. 6 .1.	Life Cycles	Feeling?	15. 6 .1.	17. 6 .1.
	Growing Up	Life-Cycles	Life-Cycles		What am I	Life-Cycles	Life-Cycles
	New People New Places	The Cycle of Life Beginnings and	The Cycle of Life Beginnings and		Looking at? I am Thankful!	Making Babies (Pt1)	Making Babies (Pt1)
	inew ridces	Endings and Endings	Endings and			(PTT) Making Babies	(PTT) Making Babies
		Change is all	Change is all		Life-Cycles	(Pt2)	(Pt2)
		Around	Around		Life Cycles	Menstruation	Menstruation
		71100110	71100110		Life Cycles	7410113110411011	7410113110411011

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		Upper Key Stage 2 - St Giles Trust, gang and violence awareness Cultural Calendar Events run throughout the year								
Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)	Created to Love Others (Life to the Full)				
Religious Understanding Role Model	Religious Understanding God Loves You	Religious Understanding God Loves You	Religious Understanding Story Sessions:	Religious Understanding Story Sessions:	Religious Understanding Is God Calling	Religious Understanding Is God Calling				
Personal Relationships Who's Who? You've Got a Friend in Me Forever Friends	Personal Relationships Special People Treat Others WellAnd Say Sorry	Personal Relationships Special People Treat Others WellAnd Say Sorry	Personal Relationships Friends, Family and Others When Things Feel	Personal Relationships Friends, Family and Others When Things Feel	Personal Relationships Under Pressure Do you want a Piece of Cake?	Personal Relationships Under Pressure Do you want a Piece of Cake?				
Keeping Safe Safe Inside and Out My Body, My Rules Feeling Poorly People who Help Us	Keeping Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help Me?	Keeping Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help Me?	Bad Keeping Safe Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	Bad Keeping Safe Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	Self-Talk Keeping Safe Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	Self-Talk Keeping Safe Sharing isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good				
			Black History Month			Choices Giving Assistance				
_	Religious Understanding Role Model Personal Relationships Who's Who? You've Got a Friend in Me Forever Friends Keeping Safe Safe Inside and Out My Body, My Rules Feeling Poorly People who Help	Religious Understanding Role Model Personal Relationships Who's Who? You've Got a Friend in Me Forever Friends Keeping Safe Safe Inside and Out My Body, My Rules Feeling Poorly People who Help Religious Understanding God Loves You Personal Relationships Special People Treat Others WellAnd Say Sorry Keeping Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help	Religious Understanding Role ModelReligious Understanding God Loves YouReligious Understanding God Loves YouPersonal Relationships Who's Who? You've Got a Friend in Me Forever FriendsPersonal Relationships Special People Treat Others Well And Say SorryRelationships Special People Treat Others Well And Say SorryKeeping Safe Safe Inside and Out My Body, My Rules Feeling Poorly People who Help UsKeeping Safe Being Safe Good Secrets Physical Contact Harmful Substances Can you HelpKeeping Safe Good Secrets And Bad Secrets Physical Contact Harmful Substances Can you Help	Religious Understanding Role ModelReligious Understanding God Loves YouReligious Understanding God Loves YouReligious Understanding God Loves YouPersonal Relationships Who's Who? You've Got a Friend in Me Forever FriendsPersonal Relationships Special People Treat Others Well And Say SorryPersonal Relationships Special People Treat Others Well And Say SorryPersonal Relationships Friends, Family and OthersKeeping Safe Safe Inside and Out My Body, My Rules Rules Rules Feeling Poorly People who Help UsKeeping Safe Being Safe Good Secrets And Bad Secrets Physical Contact Harmful Substances Can you HelpKeeping Safe Being Safe Good Secrets Physical Contact Harmful Substances Can you Help	Religious Understanding Role Model Personal Relationships Who's Who? You've Got a Friend in Me Forever Friends Keeping Safe Safe Inside and Out Rules My Body, My Rules Feeling Poorly People Who Help Us Religious Understanding God Loves You Understanding God Loves You Understanding Story Sessions: Jesus My Friend Personal Relationships Special People Treat Others Well When Things Feel Bad Keeping Safe Being Safe Being Safe Good Secrets and Bad Secrets Physical Contact Harmful Substances Can you Help Me? Black History Month	Religious Understanding Role Model Personal Relationships Who's Who? Forever Friends Safe Safe Inside and Out My Body, My Religious Understanding God Safe Relationships Who Sybory Religious Understanding God Loves You Personal Relationships Who's Who? Forever Friends Substances Feeling Poorly People who Help Us Religious Understanding God Loves You Story Sessions: Jesus My Friend Personal Relationships Special People Treat Others Well Well And Say Sorry Relationships Special People Treat Others Well Well Substances Can you Help Me? Religious Understanding Story Sessions: Jesus My Friend Personal Relationships Relationships Friends, Family and Others When Things Feel Bad Relationships Personal Relationships Relationships Relationships Relationships Relationships Relationships Relationships Relationships Religious Understanding Story Sessions: Jesus My Friend Relationships And Others When Things Feel Bad Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes First Aid Heroes Giving Assistance Choices Giving Assistance				

Spring 1	Created to Live in Community (Life to the Full) Religious Understanding God is Love Loving God, Loving Others	Created to Live in Community (Life to the Full) Religious Understanding Three in One Who is my Neighbour?	Created to Live in Community (Life to the Full) Religious Understanding Three in One Who is my Neighbour?	Created to Live in Community (Life to the Full) Religious Understanding A Community of Love What is the Church?	Created to Live in Community (Life to the Full) Religious Understanding A Community of Love What is the Church?	Created to Live in Community (Life to the Full) Religious Understanding The Trinity Catholic Social Teaching	Created to Live in Community (Life to the Full) Religious Understanding The Trinity Catholic Social Teaching		
	Living in the Wider World Me, You, Us When I Grow Up 'Money Doesn't Grow on Trees'	Living in the Wider World The Communities we Live in	Living in the Wider World The Communities we Live in	Living in the Wider World How do I love Others?	Living in the Wider World How do I love Others?	Living in the Wider World Reaching Out	Living in the Wider World Reaching Out		
	Online Safety Week								
Spring 2	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility	Community & Responsibility		
	Mental Health Week								
Summer 1	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences	Valuing Differences		
	Tender - Healthy Relationships Inclusive and Nurturing Schools Programme - Transitions Week for Cultural Diversity								
Summer 2	Economic Well Being What is Money?	Economic Well Being Money and Me	Economic Well Being Money and Me	Economic Well Being Money and Wellbeing	Economic Well Being Money and Wellbeing	Economic Well Being Money and Wellbeing	Economic Well Being Money and Wellbeing		

	Set up a shop (Roleplay)	The value of things Making moral decisions with regards to people's belongings Run a Fundraising Event	The value of things Making moral decisions with regards to people's belongings Run a Fundraising Event	The role of money in our lives Making decisions on spending money based on budget, value and needs Run a Fundraising Event	The role of money in our lives Making decisions on spending money based on budget, value and needs Run a Fundraising Event	The impact money has on wellbeing What it means to be a critical consumer Create a business	The impact money has on wellbeing What it means to be a critical consumer Create a business
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Sports & Health Week