## **Information Pack**

### **Introduction**

Thank you for signing up for the Tonbridge Hat tournament taking place on Sunday 11th August. This document will include everything you need to know for the upcoming tournament and will be broken down into sections to make it easy to find the relevant information.

As this is a hat tournament you will be sorted into teams based on experience and your matching preference. You will find out your teams on the day as you arrive. Just come to the Gazebo/Desk on arrival.

### What time does it start and end?

Arrival time/Registration: 10:00 am

Game Start Time: 10:30 am

End Time 15:00

Note: The times may vary slightly if games run over so please allow a little time at the end to plan your journey home.

### What to bring with you?

- Light and dark playing top
- Plenty of water there is a water fountain on site
- Sun Screen it's going to be hot
- Suitable Footwear We recommend molded football boots or sports trainers.
- Lunch: There will be a designated lunch break. We recommend bringing lunch with you/getting it before the tournament starts as there will be a few minigames during the lunch break that will be worth a few points for your team. See Facilities for more details. However, if you need to go out and get food at lunch that is perfectly fine.
- Food-Bank Donation (Non-Perishable items only please!)

## Food-Bank Donation

Whilst this tournament is free we are asking everyone to bring 1-2 non-perishable items as a donation for a local food-bank instead of charging a tournament fee. This is entirely voluntary and not necessary in order to play but we would love it if as many of you as possible could.

## Location - How to get here and where to park

#### Location: Tonbridge School Centre, London Road, Tonbridge TN10 3AD

What3words:(https://what3words.com/relay.actors.gather) - ///relay.actors.gather

- This is the exact location of the pitches we are playing on.
- There is a map attached to the bottom of this document.

#### Parking:

There are two carparks at the Tonbridge School Centre. The first larger car park is immediately on your right as you turn into the venue which is the recommended place to park. This is a 2 minute walk from the pitches. There is a second car-park just past the Tonbridge School Centre on the right which looks over the pitches and can get full very quickly but you are welcome to try and park here.

#### **Public Transport:**

If you are arriving by public transport there is a short footpath that will take you to the pitches from the high street. The Train Station is called Tonbridge and has direct connections to London and surrounding areas.

The Tonbridge Train Station is about a 20 minute walk away from the pitches. If you follow google maps or what3words it will take you directly to the pitches from the station. There is a slightly quicker route once you get higher up the high street which will shorten you walk by about 5 minutes and is visible on the map attached at the end.

## Facilities (On-site and Nearby)

#### **On-Site Facilities:**

• Toilets: There are toilets located a couple of minutes away from the pitches in the Tonbridge School Centre.

- First-Aid: We have a first aid kit at the pitches but this will be for personal use only and must be self-administered. For anything more serious there is first aid up in the Tonbridge School Centre.
- Water Fountain: There is a water fountain next to the basketball court outside the Tonbridge School Centre which is only a minute's walk away.
- There are no food options on-site (see below)

#### **Off-Site Facilities:**

- Shops/Food: Tonbridge is full of easily accessible food/coffee shops within a 15-20 minute walking distance of the pitches.
  - Waitrose: Sovereign Way, Tonbridge TN9 1RG (Parking charges may not apply on Sundays)
  - Sainsburys: Angel Centre, Tonbridge TN9 1SF
- Extra: If you are taking public transport or driving through Tonbridge High Street for the first time, look out for the 13th Century Castle right in the middle of Tonbridge.

## **Rules - Tournament Structure**

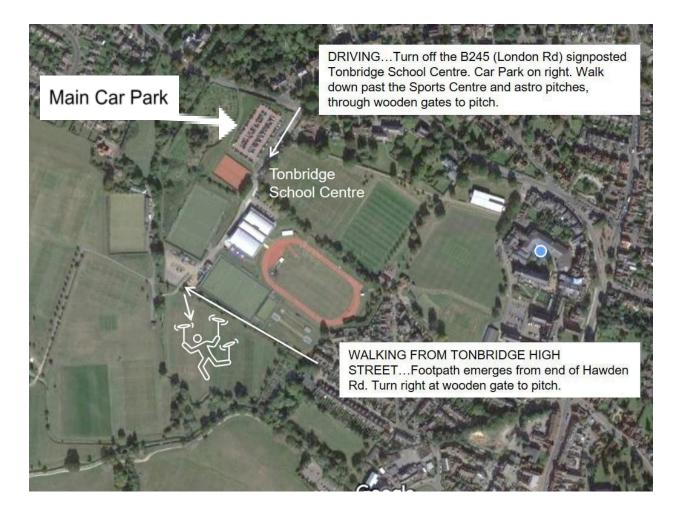
- We are aiming to play on full size indoor pitches (Outdoors) that means those that like throwing longer can still do so. These are larger than your typical sports hall size pitches but smaller than your regular outdoor pitches.
- We will be using Indoor Rules where possible:
  - 8 Second Stall Count
  - Indoor Pulls Must land or go through the 2 meter high endzone area.
- Once the buzzer goes the game will end after the team who are in possession of the disc loses it. (If there is a turnover before the buzzer goes off then you continue until the next team loses possession).

We will go over the exact rules during the registration time so that everyone is aware of how the day will plan out. There is a very slight chance that the structure may change but you will all be made aware of everything on the day.

## <u>Spirit</u>

As with all frisbee competitions please take spirit onboard throughout your matches and be guided by the spirit standards set out here: https://www.ukultimate.com/spirit-of-the-game. With regard to scoring spirit we will be asking you to rank your top 3 most spirited teams at the end of the day.

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The Frisbee stick-person is where we are playing! We are looking forward to seeing you on Sunday! If you are Tonbridge Regular we are playing on our lower training pitches.

If you have any questions please drop us a message by email: tonbridgeultimate@outlook.com