From the syllabus:

The overarching purpose of AP Comparative Government and Politics is to help you better understand the world around you. The countries addressed in this course represent diverse political structures and practices and are excellent vehicles for learning how to compare political systems using text and data sources. As you learn about the United Kingdom, China, Russia, Mexico, Iran and Nigeria you will compare and contrast their different political systems and draw generalizations and conclusions about them.

From AP central-

Comparing political cultures, institutions, and processes from a global perspective. Students study the political structures, policies, and related challenges among six selected countries: Great Britain, Mexico, Russia, Iran, China, and Nigeria.

Other thoughts to add:

-By studying various countries across the globe, students gain an appreciation of our government and your rights as citizens. You will understand more about why democracy is a success in some countries but not other nations. Students also will find out about current issues affecting people of different nations around the globe.