

March 4, 2025

Congratulations on successfully completing the 2025 CaRMS Match, and Welcome to the University of Alberta General Pediatric Residency Program!

We are thrilled to have you for this exciting journey in your medical career. We understand how important your residency experience is, and our team is here to support you every step of the way. As you embark on this next phase, we want to ensure that you feel informed, supported, and excited about the opportunities ahead.

Meet Your Team:

We are proud to introduce you to the leadership team that will guide you through your residency journey:



Dr. Jessica Foulds

Program Director



Dr. Anna Serebrin

Assistant Program
Director



Dr. Troy Turner

Assistant Program
Director



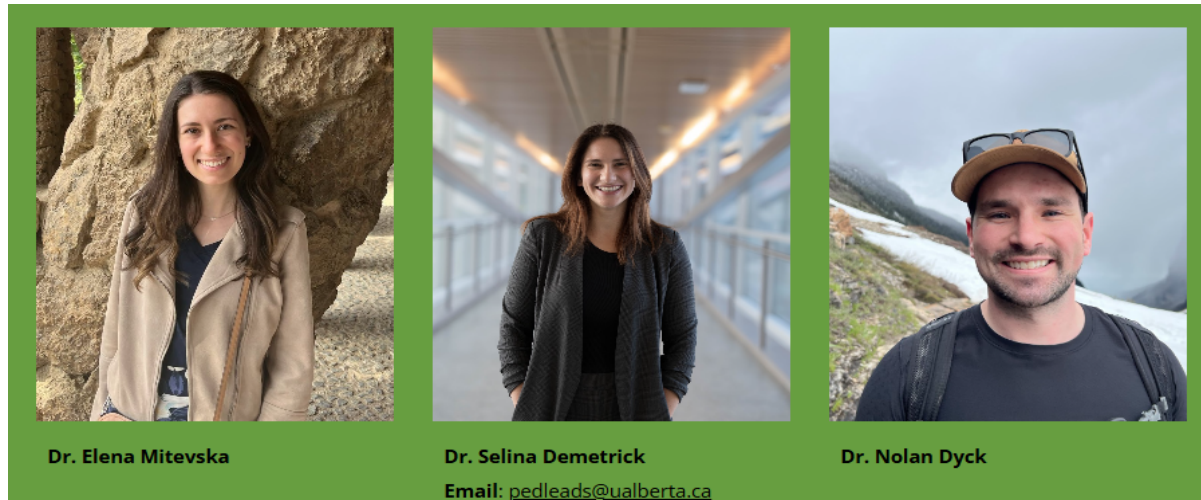
Cassie Rivait

Program Coordinator



Jodi Gartner

Program Coordinator



What to expect:

Throughout your time in the residency, we aim to provide you with a balance of learning, hands-on experience, and personal development. The first two weeks will be filled with orientation sessions, meeting your colleagues, and getting familiar with the facilities and resources available to you.

We've also created a tailored orientation program to help you get started smoothly. You'll receive more detailed information on schedules, your mentors, and the overall program structure during these initial days.

As we begin planning for the upcoming orientation, courses and new academic year, we will need to collect some information from you:

Orientations:

The PGME orientation will take place on **Tuesday, June 24, 2025**. PGME will be sending you further details closer to your start date.

The Department of Pediatrics will be hosting our own Welcome for all the new department trainees, details will follow, closer to the date.

In the next few months, you should be receiving a confirmation of registration from the University of Alberta Registrar's Office. For those relocating to Edmonton, there will be information about your University of Alberta email account. This account must be activated as soon as possible and your password changed. Once your new University e-mail account is activated, it is our standard of practice that this will be the only e-mail address that the Pediatric Education Offices, as well as the Postgraduate Medical Education Office, will use to contact you. **Please forward your UofA email address to us when you have it**, until that time we will use the email address you provided for the CaRMS Match.



Scheduling:

You will get 4 weeks of vacation scheduled directly into your annual schedule (in blank spots within schedules). If you have specific vacation requests we ask that you let us know and consider this when selecting your preferred schedule tracks (i.e., if you want vacation a specific week, don't rank a track that has nightfloat during that time, rank one that has an open space). However, please be advised that due to orientation activities, we cannot grant vacation requests in July/early August for first year residents.

We do try to accommodate specific requests, but please understand how difficult it can be to accommodate every request as there are many parameters around scheduling (cannot have too many learners away in one block, many rotations are not conducive to vacation, etc.). Not the least of which is our responsibility to ensure that you have met all your requirements of training when your training is complete, and that starts now!

Once the schedule is completed (by May 1, 2025 at the latest) you will be able to view your personal schedule on one45. Selective time can be subject to having to be on call. Selectives are any subspecialty area in pediatrics. As per the Royal College of Physicians and Surgeons of Canada [Specialty Training Requirement](#), residents must complete specific rotations during each stage of stage of training (Transition to Discipline, Foundations, Core and Transition to Practice) and thus there are limits to the flexibility at times with all these moving parts.

The scheduling for the 2025-2026 academic year is well underway and you now have an opportunity to review the [R1 schedule](#) and select the track that is the best fit for the coming year. The rotations, that are already scheduled, are core rotations and cannot be moved. The blank spaces in the schedule are where you can consider vacation/selective, research times. After you have reviewed the schedule, click on the link below and fill out the Track Selection survey.

Track Selection Survey: <https://forms.gle/oufdwxJzAvP4Sxkx7>

Mandatory Life Support Training Courses:

As part of your orientation, you will need to complete the Pediatric Advanced Life Support (PALS). PALS is mandatory and will be scheduled during the first or second week of orientation. We will forward you more information regarding registering for the PALS course, as soon as it becomes available. There is a fee for the PALS course; you will get a receipt at the course, which you can submit to the PGME office for reimbursement. As part of your PARA (Professional Association of Resident Physicians of Alberta) contract, Life Support Courses, which the program mandates, are reimbursed 100%.



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IMPORTANT: As a prerequisite for PALS, you must have a current (issued within the past year) "Basic Life Support for Healthcare Provider-LEVEL C CPR" certificate. If you do not have this, MacEwan University has a list of upcoming courses on their website (www.macewan.ca/lst). Please be advised that the course must be a "Heart & Stroke Foundation of Canada – Basic Life Support for Healthcare Provider-Level C" course; courses offered through St. John's Ambulance or the Red Cross are NOT acceptable prerequisites for the PALS course. You will be required to provide your certification card at the PALS course for proof of prerequisite.

You will also complete the Neonatal Resuscitation Program (NRP). NRP is mandatory, and is pre-arranged for you during the first couple of days on the NICU rotation as the course is always offered on the first Tuesday of every block. Please do not take NRP on your own, if you do, you will be required to re-take it with the cohort within your residency. You will be sent pre-course requirements approximately one month prior to your course (block of NICU), as your reminder for the course, and you will be required to confirm your participation, at that time.

Lastly, please feel free to peruse our [General Pediatric Residency Program Google site](#). It is a great resource for our residents to refer to for all they need to know about our program and to keep current on what's going on in the program and the department.

Once again, congratulations and we look forward to hearing from you soon.

Sincerely,

General Pediatrics Residency Program