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 	 <b>Today's Tasks &amp; Steps To Success</b> 
1. 	 <b>Task: G-work client work</b>  <b>Action Steps: Privacy &amp; cookies content for website (legal requirements in France)</b>
2. 	 <b>Task: AGOGE Tasks</b>  <b>Action Steps: 200 burpees / copywriting checklist</b>
3. 	 <b>Task: 10k steps walk</b>  <b>Action Steps:</b>
4. 	 <b>Task: Daily copywriting checklist</b>  <b>Action Steps: 15 sec self reflection / PUC / notes review / G-Session / Train / Wins / Loss review</b>
5. 	 <b>Task: 9-5 Work</b>  <b>Action Steps:</b>

	<div> <div>July 17</div> <div><b>Date</b></div> <div>July 17</div> </div>
<b>Date:</b>	22.04.2024

	<div>  <div><b>3 Blessings I'm Grateful To Have</b></div>  </div>
1.	A working body
2.	A place to work from
3.	A plan

	<div> <div>  <div><b>3 Priority Tasks</b></div>  </div> <div>           (These are non-negotiable tasks and must be conquered today!)         </div> </div>
1.	AGOGÉ Assignments
2.	Copywriting Checklist
3.	G-work on my client's website



# Hourly Commitments & Reflections



<b>Task</b> 🏆	Task: <b>What will I do?</b>
<b>Strategy</b> 🔍	Strategy: <b>How will I do it, step-by-step action?</b>
<b>Reflection</b> ✍️	Reflection: <b>Was the task finished? If not, why &amp; what stopped me and how will I fix it?</b>

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<b>7 AM: Task</b> 🏆	<b>9-5 : planning my day</b>
<b>Strategy</b> 🔍	<b>List all the stuff I had to do last week to not get lost and act on them</b>
<b>Reflection</b> ✍️	<b>Now I'm organized and know what to do</b>

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<b>8 AM: Task</b> 🏆	<b>9-5 Work</b>
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	<b>Nothing particular</b>

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<b>9 AM: Task</b> 🏆	<b>Root cause analysis</b>
<b>Strategy</b> 🔍	<b>AGOGGE Assignment : I focus on the outcome "I'm not confident in my copywriting / marketing abilities"</b>
<b>Reflection</b> ✍️	<b>I now know what to do more precisely</b>

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<b>10 AM: Task</b> 🏆	<b>9-5 work</b>
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Strategy 🔍	
Reflection ✎	Nothing particular

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11 AM: Task 🏆	Lunch break : 10k steps walk
Strategy 🔍	
Reflection ✎	I make 6k steps, still needs more

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12 PM: Task 🏆	G work session : cookies and privacy content
Strategy 🔍	Copy from competitor, adapt to client's situation
Reflection ✎	FINALLY done, very effective today. Once I have my client's green light, I will be very close to the website launch. Only Mobile version & SEO left

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1 PM: Task 🏆	9-5 work
Strategy 🔍	
Reflection ✎	Nothing particular

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2 PM: Task 🏆	200 burpees
Strategy 🔍	As fast as possible
Reflection ✎	Very, very hard

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3 PM: Task 🏆	9-5 work
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Strategy 🔍	
Reflection ✎	Nothing particular

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4 PM: Task 🏆	9-5 work
Strategy 🔍	
Reflection ✎	Nothing particular

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5 PM: Task 🏆	Gym training
Strategy 🔍	Upper A Session
Reflection ✎	Good progress as always

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6 PM: Task 🏆	Planning for tomorrow
Strategy 🔍	
Reflection ✎	

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7 PM: Task 🏆	AGOGÉ Live Call
Strategy 🔍	
Reflection ✎	

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# Twilight's Review

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## 🌟 What wins did I achieve today? 🌟

Finally completed the cookies & privacy content for my client's website. I'm getting closer to the launch. That means closer to the next phase where I will finish my own website, publish my articles, testimonial, and start outreach. I will look for paying projects, so I am progressing on my conquest plan.

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## 📘 What lessons did I learn today? 📘

Complicated way : do a lot of research on French regulation and make something from scratch.  
Simple way : steal from a competitor, adapt, see if it works, see if it complies with French laws. Way simpler and faster

→ Reverse Engineer is the way

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## 🚧 What roadblocks did I face? 🚧











The limits of my body following my knee meniscal injury and operation, for the 200 burpees

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## 💡 How will I improve and progress tomorrow? 💡

Continue my copywriting and personal checklist, get closer to this week's objective which is publishing my client's website

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 What worked well and will be repeated? 
Time management
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 Who are the People I need to connect with? 
My free client's prospects to work on their websites for perhaps my first paying project
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 What tasks remain uncompleted 
None from what I planned for today
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 What changes do I need to make to my CONQUEST PLAN? 
Seems good for now, It will need adaptation once I'm at the next phase, when my first free project is done for my client against a testimonial
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 The final assessment of the day's productivity 
Quite good, all my hours were used for productive work

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# Freestyle Thoughts:

Doing the cookies and privacy content seemed like difficult work, a few days ago. Then, during the AGOGE program, I learned how to solve any problem. Helped me tremendously (with the program in general) to start thinking

- This is easy
- This is very easy
- You have all the resources
- Just ask the right questions
- Plan
- Act
- Copy competitors
- Reverse Engineer, walk the factory line

It let me overcome this challenge with ease, which seemed frightening a few days ago.

(Yes, the French law is a real hassle and boring)