

V/ X	🚀 Today's Tasks & Steps To Success 🚀
1. 🚺	
2. 🚺	
3. 🗸/	⊚ Task: 10k steps walk ⊗Action Steps:
4. 🚺	
5. 🚺	

	17 Date 17
Date:	22.04.2024

	🌄 3 Blessings I'm Grateful To Have 🙌
1.	A working body
2.	A place to work from
3.	A plan

	JE 3 Priority Tasks JE (These are non-negotiable tasks and must be conquered today!)
	(These are non-negotiable tasks and must be conquered today:)
1.	AGOGE Assignments
2.	Copywriting Checklist
3.	G-work on my client's website

10 AM: Task 💃

9-5 work

Mourly Commitments & Reflections



Task 🖔	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?
7 AM: Task 辈	9-5 : planning my day
Strategy 🔍	List all the stuff I had to do last week to not get lost and act on them
Reflection /	Now I'm organized and know what to do
8 AM: Task 💃	9-5 Work
Strategy 🔍	
Reflection /	Nothing particular
9 AM: Task 💃	Root cause analysis
Strategy 🔍	AGOGE Assignment : I focus on the outcome "I'm not confident in my copywriting / marketing abilities
Reflection /	I now know what to do more precisely

Strategy 🔍	
Reflection 🖊	Nothing particular
11 AM: Task 💃	Lunch break : 10k steps walk
Strategy 🔍	
Reflection /	I make 6k steps, still needs more
12 PM: Task 辈	G work session : cookies and privacy content
Strategy 🔍	Copy from competitor, adapt to client's situation
Reflection /	FINALLY done, very effective today. Once I have my client's green light, I will be very close to the website launch. Only Mobile version & SEO left
1 PM: Task 辈	9-5 work
Strategy 🔍	
Reflection 🖊	Nothing particular
2 PM: Task 辈	200 burpees
Strategy 🔍	As fast as possible
Reflection /	Very, very hard
3 PM: Task 辈	9-5 work
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Strategy 🔍	
Reflection /	Nothing particular
4 PM: Task 辈	9-5 work
Strategy 🔍	
Reflection /	Nothing particular
5 PM: Task 辈	Gym training
Strategy 🔍	Upper A Session
Reflection /	Good progress as always
6 PM: Task 💺	Planning for tomorrow
Strategy 🔍	
Reflection /	
7PM: Task 辈	AGOGE Live Call
Strategy 🔍	
Reflection /	
	<u> </u>

Twilight's Review



🌟 What wins did I achieve today? 🌟

Finally completed the cookies & privacy content for my client's website. I'm getting closer to the launch. That means closer to the next phase where I will finish my own website, publish my articles, testimonial, and start outreach. I will look for paying projects, so I am progressing on my conquest plan.



What lessons did I learn today?



Complicated way: do a lot of research on French regulation and make something from scratch. Simple way: steal from a competitor, adapt, see if it works, see if it complies with French laws. Way simpler and faster

→ Reverse Engineer is the way

👑 What roadblocks did I face? 👑

The limits of my body following my knee meniscal injury and operation, for the 200 burpees



How will I improve and progress tomorrow?

Continue my copywriting and personal checklist, get closer to this week's objective which is publishing my client's website

➡ What worked well and will be repeated? ➡	
Time management	
☑ Who are the People I need to connect with?☑	
My free client's prospects to work on their websites for perhaps my fi paying project	rst
What tasks remain uncompleted	
None from what I planned for today	
→ What changes do I need to make to my CONQUEST PLAN? →	
Seems good for now, It will need adaptation once I'm at the next pha when my first free project is done for my client against a testimonial	se,
The final assessment of the day's productivity 🕇	
Quite good, all my hours were used for productive work	

Freestyle Thoughts:

Doing the cookies and privacy content seemed like difficult work, a few days ago. Then, during the AGOGE program, I learned how to solve any problem. Helped me tremendously (with the program in general) to start thinking

- This is easy
- This is very easy
- You have all the resources
- Just ask the right questions
- Plan
- Act
- Copy competitors
- Reverse Engineer, walk the factory line

It let me overcome this challenge with ease, which seemed frightening a few days ago.

(Yes, the French law is a real hassle and boring)