




Lesson Topic : Procedural Writing	
Year Group : Year 5	
Learning Outcome	<p>Students will need to create a procedural piece of writing explaining to someone else how to complete a range of different exercises.</p>
<p>Links with the New Zealand Curriculum</p> 	<p>Structure:</p> <ul style="list-style-type: none"> - organises and sequences ideas and information with increasing confidence <p>Purposes and audiences:</p> <ul style="list-style-type: none"> - constructs texts that show a growing awareness of purpose and audience through careful choice of content, language, and text form
<p>Key Competencies</p> 	<ul style="list-style-type: none"> - Thinking: Students will need to think about what logical order that instructions should be in. They will need to think about others and how they can share and relay that information clearly and accurately. - Relating to others: Students will need to think about others and how they would best pass on instructions for someone else to understand. They will need to relate this to others and make sure that anyone is able to follow the instructions especially if they haven't seen it before. - Participating and contributing: Students will need to participate in a physical education session with the class. They will then need to participate and contribute exercises with their small groups when completing the activity.
<p>Prior knowledge</p> 	<p>Students will need to think about all of the different physical exercise activities that we have been going through this term. They will also need to use their knowledge of fitness routines and dance routines that they have completed in the past with how to make exercise fun and easy to learn.</p> <p>Activating Prior Knowledge</p> <ul style="list-style-type: none"> • Students will need to think about some of the circuits that we have completed this term with the different exercises. • They will also need to use their prior knowledge of some exercise to help them build on and learn new exercises in this session. • Students will need to focus on each of the activities that they are completing and use this knowledge on how to rewrite the instructions for someone who may have never completed this task before or may not know much about the exercise. They will need to think about the best way to share this information with others so accessing how they best understood how to complete the exercise will be important to share the instructions in the best way.

Lesson Sequence



Session Outline

Fitness workout:

As a class the students will participate in a short physical education lesson using a youtube work out as guidance.

1. Watch and listen to the explanation of the work out
2. Complete the exercise for the amount of time from the video
3. Rest
4. Complete the next exercise

Writing Lesson:

1. As a class we will look at the writing template and discuss each of the parts that will be required for this task.
 - a. Name of exercise
 - b. Detailed instructions that outline exactly how to complete the exercise need to be completed in a logical order that steps out the sequence.
 - c. Video of yourself and your group completing this exercise using the detailed instructions.
2. Discuss the key elements of procedural writing and go through the tips and tricks of how to best write a list of instructions.
3. Have the students work in groups of 2-4
4. Research some exercises that could be taught to other students.
5. Complete the presentation and share on students blogs.

Here is a [link](#) to my teacher notes that I used during this lesson also.

Student Activity	Teacher Activity
Learn: <ol style="list-style-type: none"> 1. Participate in the fitness workout routine with the class. 2. Work as a group to research some fitness exercises that could be used. 3. How to complete procedural writing. 	<ol style="list-style-type: none"> 1. Introduce the fitness routine that we will be completing today. 2. Assist students with the exercises giving tips and tricks as well as motivation to continue. 3. Discuss each of the exercises and which ones they might like to complete. 4. Talk through the writing task for this lesson. 5. Explain and show how to complete a procedural piece of writing. 6. Assist with students choosing groups to work in. 7. Observe and help students when completing the writing task and videos.
Create: Students will be given the opportunity to work in groups of 2-4 and research different exercises. They will then need to create a how to video for each of the exercises chosen along with a detailed list of instructions.	

	<div><div><div>Share:</div><div><div>1. Students will share this with others in our class as well as the class next to us.</div><div>2. Share learning on student blogs.</div></div></div></div>	
Resources	<div><div><div>5 Minute Move</div><div>Fitness Routine Task</div><div>Family Fun Cardio</div><div>Tips and Tricks Procedural Writing</div></div></div>	
Reflection and Analysis		
	<div><div><div>I think that this lesson went really well, all the students were engaged in the physical education aspect of the lesson. They all tried really hard to complete the exercises and gave it a really good go. We have been learning all about being healthy this term and the students have loved the opportunity to get out of their seats and get active during the day. I think that by allowing the students to complete the exercises first they were able to get up and out of their seats and have fun while exercising and not just having to sit and watch the video was really effective for this lesson. The students were definitely more engaged and excited to complete the task.</div><div>I really enjoyed this lesson as it allowed my students who tend to be less engaged with their learning and not wanting to complete activities to be really excited and wanting to complete the fitness aspect and also work in groups with others to record the different exercises. This gave these students a sense of enjoyment as well as wanting to complete the task and learning in a different way.</div><div>The only thing with this lesson was that we completed this on the day before lockdown and it was really tricky to get the students to complete this task at home. I had some who were really keen to share this learning on their blogs with the videos and some were less keen to video the exercises. In some of the blog posts of the students you will see that I have just added the video of the exercise from youtube to go along with the learner's written instructions. The other downside was my students who were really engaged in this lesson at school tended to be the ones who would not attend distance learning so will need to think of some ways to get them online and enjoying as much as they can the remote learning.</div></div></div>	