CONNECT THE WORK

Discuss Internships And Externships

EXPAND EXPERIENCES

WHAT ARE INTERNSHIPS AND EXTERNSHIPS AND HOW DO THEY DIFFER?

1: START WITH YOURSELF

Identify the components of internships and externships.

THINK ABOUT internships and externships

Use the sentence frames below to identify Scenarios 1 and 2 as internships or externships.

I think Scenario 1 is an _____

because _____

_____

_____.

I think Scenario 2 is an _____

because _____

_____

_____.

HOW CAN INTERNSHIPS AND EXTERNSHIPS BENEFIT YOU?

2: LOOK BEYOND YOURSELF

Compare the benefits of internships and externships.

THINK ABOUT pros and cons

Below are two boxes that contain links to videos. One discusses internships and the other discusses externships. Watch both videos and take notes on them.

Internship Video	Externship Video

Internship Video Notes
•
•
•
•
•

Externship Video Notes
•
•
•
•
•

Think about the videos you just watched. Use the tables below to list your opinions about the pros and cons of each type of experience.

Internships

Pros	Cons
•	•
•	•
•	•

Externships

Pros	Cons
•	•
•	•
•	•

HOW DO YOU FIND INTERNSHIPS THAT INTEREST YOU?

3: MAKE CONNECTIONS

Describe and discuss internships that interest you.

CONNECT: Find An Internship

Use the table below to describe the internship most interesting to you.

Which company would you want to intern for?	Which city will you travel to for your internship?

What types of things would you be doing in your internship?
●
●
●
●
●
●
●

WHAT HAVE YOU LEARNED ABOUT INTERNSHIPS AND EXTERNSHIPS?

4: Reflect and Update your thinking

I can use what I have learned about internships and externships to help me explore future career options.

In your opinion, could having an internship or externship help people make decisions about future careers? Why or why not?
Which type of experience would you prefer; an internship or externship? Explain your reasoning.