A guide on becoming the Top G

In order to become the Top G, there are things you must realize and certain tenants that you have to adopt.

The <u>first</u> thing you have to realize is that **motivation is bullsh*t**.

Some days you will feel like doing what you have to do. Other days you won't feel like doing what you have to do. But the work still has to be done.

If you take your feelings out of the equation, you will do the work regardless of whether you feel like it or not. This is why **discipline** is **key**.

Summary: discipline beats motivation.

The <u>second</u> thing you have to realize is that **hard work** beats talent if talent doesn't work hard.

You can be the most talented person in the world, but if you don't work hard and you aren't consistent, you will never win.

On the other hand, you can be the most untalented person in the world, but if you wake up, do what you're supposed to and work hard on it, you will win every single time.

Your IQ and natural predisposition don't matter. The most stupid and least talented man can become a millionaire if he has brutal determination, discipline and consistency.

This doesn't apply only to business, but it also applies to fitness, relationships and life in general.

Summary: work hard and you will win no matter what.

The 4 tenants are:

I Believe you are the man - you have to believe that you are a G. You have to believe that you are capable and that you'll make it. You have to believe that your goal is your divine purpose given to you by God (which it truly is). The Top G succeeds in everything he sets his mind on.

Il **Get pissed off** - you have to get pissed off because you don't have the life that you want. Get angry. Then you have to use that anger as fuel that will take you to where you want to be.

Ill Take full responsibility for your life - you are always responsible for your life. You're responsible for your success, you're responsible for your failure. You're responsible for all the good things that are happening to you and you're responsible for all the bad things that are happening to you. Stop blaming others for your shortcomings. No one can do it for you. You are the only person who can do it for yourself.

IV Mean what you say and say what you mean - always be accountable to your own words. Your word is your bond. When you say (to someone else or yourself) that you're going to do something you're going to do it no matter what. Always say things that you believe in. If you don't believe in something, don't say it.

The road to success

How to focus?

Focusing is actually pretty simple. All you have to do is sit down and do the f*cking work.

You can accomplish this by getting rid of all distractions (NO movies or TV shows, NO music and especially NO social media) and setting a timer for the amount of time you will work (no less than 90 minutes).

How to ask questions?

First, you have to realize that the point of asking a question is learning. You can't ask a no brain question and expect someone else to think for you in the form of giving you an answer.

For example: you can't ask professor Andrew a question UNLESS you explain everything that you did (give all the steps you took and the full context) and say how you tried to solve the problem (by checking the course

materials, FAQ, googling it, etc...). Then and only then will your question count as valid and be answered.

You have to do pushups.

This is pretty self explanatory. A real G does AT LEAST 100 pushups every day (aim for more). You don't have to do them all at once - you can divide them into sets and then sprinkle those sets throught the day.

The Success Mountain is made of pain and doubt.

You will never be 100% sure you are on the right path until you actually make it. You must not let doubt discourage you.

Everyone feels like giving up at one point.

If you disagree with this, you are either lying or haven't felt this yet but you will feel it soon.

Feeling like giving up is a part of this journey. All the winners once felt like giving up too. But they didn't. And

neither will you. Remember why you started in the first place.

The difference between a loser and a winner is what they do once that thought sprouts in their mind. A loser will give in and give up. A winner will remind himself why he is doing what he is doing and then push even harder until that thought fades away.

Summary: you are gonna feel like giving up and when that happens remember why you started in the first place and just keep pushing until that feeling goes away.

Pick one thing and stick with it.

One of the biggest mistakes you can make is constantly changing your path. By changing what you are doing all the time you are losing momentum and momentum is the key to success. This does not mean that you should never change or alter. It just means that when you pick one thing you stick to it no matter what.

For example: if you picked copywriting as your tool for financial freedom don't change your mind and start ecommerce when a potential client doesn't respond to you.

Don't become a geek in the chaos.

Hard work and making money are essential, but one thing that is even more important is your health. **DO NOT SACRIFICE YOUR OWN HEALTH FOR ANYTHING, NOT EVEN MONEY!**

A good deal of people work so hard on their goals that they completely let their fitness go. Being successful doesn't matter if you're an obese ugly loser. You'll just be an obese ugly loser with a sh*t ton of money.

Always focus on working out, no matter what. If you have to miss a work session in order to go the gym, so be it. You will have to work on your dogs*it time management, but picking the gym as the priority is the best decision you can make.

Summary: fitness >>>>>>> anything else.

Speed is the most important thing in business and life in general.

People are slow. They don't have the speed that's required for success. "Oh, I'll start going to the gym next month" or "It'll take me years till I start my first business". And then they wonder why they're fat, stupid and broke.

In order to make money, you have to do things fast. Instead of reaching out to that client next week, how about you man the f*ck up and reach out to him today? Because the time that passes between today and that day next week is time wasted - you've made no money, and you've just added one more week to the mountain of weeks you've been a loser. That time you've lost is time you're never getting back.

You. Have. To. ACT. NOW.

Summary: if succes could be summed up in one word it would be **speed**.