

Fast Food

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What is fast food?

Fast food is the term for a kind of food that people eat from a restaurant, cafe or take-out where food is prepared and served quickly. The restaurants that sell fast food are called "fast food shops" or "fast food restaurants". Some of the more common fast food restaurants are McDonald's, KFC, Burger King and Wendy's. Today we are going to have a look at each of these fast food restaurants, how they were created and what they sell the most of.

McDonald's

McDonald's is an American corporation that operates one of the largest chains of fast food restaurants in the world. There are over 36,000 McDonald's stores around the world. These stores are in 119 countries and territories. McDonald's has the second most stores of all fast food chains worldwide coming in behind the chain known as Subway. Did you know McDonald's all around the world serve almost 54 million people each day? That is a lot of people! The first McDonald's was opened by siblings Richard and Maurice (Mac) McDonald in 1940. This restaurant was located on Route 66 in San Bernardino, California. McDonald's mainly serve hamburgers, cheeseburgers, burger, chicken nuggets, french fries, breakfast items, soft drinks, milkshakes and desserts. They have introduced healthier options and have kids meals available too. Frozen Cokes are a popular item on the menu in New Zealand and Australia. McDonald's offers both counter service and drive-through services with indoor and outdoor seating as some restaurants. According to Google the most popular item on the McDonald's menu is french fries! Google it if you don't believe me!



KFC

KFC also known as Kentucky Fried Chicken is an American fast food restaurant chain that specializes in fried chicken. The headquarters is located in Louisville, Kentucky. Measuring the sales of KFC they are the second largest restaurant chain after McDonald's. There are almost 20,000 locations of KFC globally in 123 countries and territories as of December 2015. KFC was founded by Colonel Harland

Sanders, an entrepreneur. He began selling fried chicken from his roadside restaurant in Corbin, Kentucky during the Great Depression. Sanders saw the potential of the restaurant franchising concept and the first "Kentucky Fried Chicken" franchise opened in Utah in 1952. KFC was one of the first American fast food cagins to expand internationally. KFC's original product is pressure fried chicken pieces seasoned with Sanders' recipe of 11 herbs and spices. (his trade secret). The menu has since expanded to include sandwiches, wraps, salads, french fries, coleslaw, potato and gravy, desserts and soft drinks. Chicken pot pie is

the number one most popular item at KFC, but since we don't have that in New Zealand I am guessing that popcorn chicken that comes in at number 2 would be our best seller!

Burger King

Burger King or what is often called BK is a fast food restaurant chain that comes from the United States. It sells hamburgers, french fries, soft drinks, along with other items. BK was created in 1954 in Miami, Florida by James McLamoe and David Edgerton. There are more than 15,000 Burger King restaurants worldwide in 100 countries and almost all of them are franchises. The only place in the world that is not called Burger King is Australia. The name "Burger King" was already trademarked in Australia so their BK franchises are called Hungry Jack's. BK offers both dine in and drive through restaurants. According to Google the most popular item at Burger King is the whopper burger.



Wendy's

Wendy's is an international chain of fast food restaurants founded by Dave Thomas on 15th November 1969 in Columbus Ohio. Wendy's is an American international fast food restaurant. The company moved its headquarters to Dublin Ohio on 29th January 2006. Wendy's menu is mostly hamburgers, chicken sandwiches, french fries and beverages. For dessert they serve frostys which are similar to Dairy Queen's Blizzards. Wendy's like the other fast food restaurants provides both dine in and drive through restaurants. According to Google the most popular item ordered at Wendy's is french fries.

I hope today's reading has shown some light into some of our favourite fast food restaurants that we have in New Zealand. French fries have definitely taken it out as the most popular fast food item from these restaurants. I cannot blame them, the french fries are most certainly the best item on the menu especially at KFC!